

Suggested Course Sequence Exercise Science Major

Courses required for Major indicated by **bold**
required for graduation

128 Semester hours

Courses counted for General Education (GE) credit indicated by *
credit (10 needed per sem.)

VIA = Convocation

**Recommend if limited HS Chem background (C or below) or limited Math background

Suggested pre-physical therapy electives: Psychology (6), Biology (4)

FALL	JANUARY	SPRING
FIRST YEAR - 32 Semester Hours + .5 VIA Credit		
HPE 103 Foundations of PE 2 Math (by placement) College Algebra recommended before Math 210 * 3 Written or Oral Communication* 3 PE 100 Intro to Wellness* .5 IDIV 121 First year Colloquium* 3 GE* 3 VIA* .25	GE* 3	HPE 145 Motor Development 3 (offered Spring even, Jan odd) HPE 243 Princ. of Fitness 2 Written or Oral Communication* 3 PE 101 Phys Education Activity* .5 GE* 6 VIA* .25
SECOND YEAR - 33 Semester Hours + .5 VIA Credit		
BIOL 201 Fund of Physiology* 4 CHEM 103 Intro to Inorg. Chem** OR CHEM 111 Fund of Chem I 4 PE 101 Phys Education Activity* .5 GE* 6 VIA* .25 Apply to Major (12/1 deadline)	Math 210 Intro to Statistics* 4	BIO 202 Fund of Anatomy 3 CHEM 104 Intro to Org. Chem* OR CHEM 211 Fund Chem II + Lab 4 HPE 111 First Aid (offered every semester) 1 PE 101 Phys Education Activity* .5 GE* or Electives 6 VIA* .25
THIRD YEAR - 32 Semester Hours + .5 VIA Credit		
HPE 200 Principles of Nutrition 3 HPE 325 Exercise Physiology 3 GE* or Electives 9 VIA* .25	GE* or Elective 3	HPE 345 Biomechanics 3 HPE 412 Adv Exer Prescription 2 GE* or Electives 9 VIA* .25
FOURTH YEAR - 32 Semester Hours + .5 VIA Credit		
HPE 410 Org & Admin in HPE 3 Phys 101College Physics I* (required for PT) 4 GE* or Electives 8 VIA* .25	HPE 476 Internship in Health, Fitness, Wellness 3	BIOL 420 Vert. Physiology 4 Phys 101College Physics II* (required for PT) 4 GE* or Electives 6 VIA* .25 SENIOR COMPREHENSIVE EVALUATION

