

PHYSICAL EDUCATION: K-12 (41-43 hrs.)

Name _____ ID # _____

Planned Degree Completion Date: Mo. ____ Yr. ____

Philosophy, Organization, and Administration

- HPE 103 Foundations of Physical Education (2) _____
- HPE 410 Organiz & Admin of Health & Physical Education (3) _____

Growth and Development

- HPE 145 Motor Development (3) _____
- HPE 363 Adapted Physical Activity (3) _____

Scientific Principles

- BIOL 204 Fundamentals of Human Physiology (3) _____
- BIOL 204L Fundamentals of Human Physiology Lab (1) _____
- HPE 111 First Aid (1) _____
- HPE 243 Principles of Fitness (2) _____
- HPE 325 Exercise Physiology **OR**
- HPE 345 Biomechanics of Physical Activity (3) _____

Teaching

- HPE 205 Teaching of Team Activities (3) _____
- HPE 250 Teaching Laboratory 1 (1) _____
- HPE 206 Teaching Individual & Dual Activities (3) _____
- HPE 260 Teaching Laboratory 2* (1) _____
- HPE 301 Teaching Fundamental Movement Activities (3) _____
- HPE 350 Teaching Laboratory 3* (1) _____
- HPE 303 Teaching Gymnastics & Rhythmic Activities (3) _____
- HPE 360 Teaching Laboratory 4* (1) _____
- HPE 440 Teaching Methods of Health & Physical Education* (3) _____

*Students may not sign up for next level unless previous laboratory is passed & performance indicators accomplished.

Electives (Select 1-3 hours from the following)

- HPE 222 Water Safety Instruction (2) _____
- HPE 239 Methods of Teaching Stress Reduction (1) _____
- HPE 414 Advanced Principles of Exercise Prescription (2) _____
- HPE 475 Internship in Physical Education (1-3) _____
- HPE 485 Seminar (1-3) _____

Professional Education

- EDUC 111 Introduction to Teaching (3) _____
- EDUC 230 Educational Psychology (2) _____
- EDUC 410 The Teacher in Today's School (2) _____
- EDUC 479 All Grade Student Teaching (2 levels) (13) _____

Licensing Area: Physical Education K-12

General Education

Foundations

- IDIV 121 First Year Colloquium GE-A (3) _____
- COMM 110 Foundations of Human Communication GE-B (3) _____
- ENG 110 Writing through Literature GE-C (3) _____
- Mathematics: _____ GE-D (3) _____
- HIST 101 Western Civilization GE-E (4) _____
- Christian Tradition: _____ GE-F (3) _____
- PE 100 Introduction to Wellness GE-G (.5) _____
- PE 101 Physical Ed Activities (3 required) GE-G (1.5) _____

Humanities

- HUM 130 Experiencing the Arts GE-I1 (3) _____
- Philosophy: _____ GE-I2 (3) _____

Natural Sciences

- BIOL 204 Fundamentals of Human Physiology GE-J1 (3) _____
- BIOL 204L Fundamentals of Human Physiology Lab (1) _____

Three semester hours from **one** of these areas:

- Chemistry, Earth/Space, or Physics _____ GE-J (3) _____

Social Sciences

Six semester hours from **two** of these areas:

- Economics, Political Science, Psychology, Sociology _____
- _____ GE-K (3) _____
- _____ GE-K (3) _____

Connections

- Critical Connections: _____ GE-L (3) _____

Two courses from Cultural Connections: General
(Six hours of modern language at 200 level or above for BA)

- _____ GE-M1 (3) _____
- _____ GE-M1 (3) _____

One course from Cultural Connections: Non-European

- _____ GE-M2 (3) _____

Additional Connections course (if FYC has been waived)
_____ (3) _____

Values, Ideas, & Arts** GE-N _____

**10 convocations required per full-time semester on campus (maximum of 80).