**Lil' Sibs Celebration Connects Brothers and Sisters for a Special Day of Fun**

They probably miss them. And whether they admit it or not, you know they look up to them. Lil' Sibs Celebration '09 is a great chance for your younger ones to spend a day with their older sibling on the Manchester College campus for a day of activities and fun.

**Events include:**
- Crafts and games
- Bowling
- Inflatables
- Karaoke
- Ice cream social
- Ventriloquist
- Madagascar 2
- And much more!

Lil' Sibs Celebration '09 is Saturday, April 4.

Find more information and register here!

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**Extend "Family Connections" to the Grandparents**

Are Grandma and Grandpa asking what’s going on in your MC student's life? Click here to fill out a simple form—we’ll include them in the mailing list for *Family Connections*, keep them in the "college loop," and invite them to campus for special events!

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**First Year Timeline - Typical First Year Adjustment Issues and How Parents Can Be Supportive**

**March/April**

- Anxiety regarding finding roommate(s) for next year
- Excitement and/or disappointment regarding spring break plans
- Midterm exam stress
- Concern over summer employment
- Concern over winter weight gain
- Concern over declaring major
- End of semester pressure
- Excitement with arrival of spring

**How can parents help?**

- Accept that there are highs and lows in a student’s college experience.
- Listen, assure, ask exploratory questions to help the student brainstorm.
• Affirm the student’s good decision-making skills and your faith in him/her
• Be clear about summer expectations.
• Refrain from judgment, jokes or teasing about weight; affirm that it is difficult.
• Encourage use of campus resources, specifically career services.
• Send notes of encouragement and care packages.
• Refrain from constant calls of concern, advice or rescuing.
• Affirm the student’s good decision-making skills and your faith in them.

Visit [http://www.manchester.edu/OSD/Counseling/FirstYearExperiences.htm](http://www.manchester.edu/OSD/Counseling/FirstYearExperiences.htm) for a complete timeline.

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**Manchester College Peace Week**

**Sarah Hall, Peace Studies Intern**

[Manchester College's peace tradition stems from its affiliation with the Church of the Brethren, an Anabaptist Christian denomination with roots deep in nonviolence and peacemaking. Our Peace Studies program was established in 1948, and continues to train students in the theories and methods of nonviolence and justice.]

Peace Week began as an expression of the College's Anabaptist tradition, expressing peace as a way of life, rather than simply a state of being. The event falls on the last week of April each year, coinciding with Earth Day and the new birth of spring flowers and warmer temperatures. Peace Week is co-sponsored by Campus Interfaith Council and the Peace Studies Institute.

Peace Week themes range in scope from spirituality and faith to nonviolence and social justice actions. This year, the planning committee has chosen to recognize the connection to Earth Day, and celebrate with the theme of “Love your Mother (Earth).” Proposed activities for this year’s Peace Week include a poetry workshop and various speakers with backgrounds in environmental studies, theology, and environmental policy.

The week also includes the meeting of a weekly discussion group, the Kenapocomoco Coalition, and a gathering at the Peace House for Movie Night. Peace Week 2009 will conclude Saturday, April 25, with a day-long Concert on the Mall, complete with local music groups, College ensembles, booths from organizations around town, and likely a pick-up game of Ultimate Frisbee.

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**Staff Spotlight: Stacy Stetzel**

"Connect with people—not to get a better position in the world, but to make your life memorable. It's all about relationships,” advises Stacy Stetzel, instructor of education at Manchester College.

Stacy loves working with education students to make the world
a better place by focusing on child development, specifically cognitive development. She especially enjoys Thursday nights working side by side with her student teachers for Teaching Seminar classes. Her "smile and wave" life philosophy has sustained her enthusiasm for teaching and respect from her students.

Having grown up near Manchester College in Wabash County, she often refers to herself as a "townie." She and husband Matt have two children, Kindra and Lane.

Questions? Feedback? E-mail familyconnections@manchester.edu. Click here to unsubscribe to Family Connections.