

## WRESTLING

Manchester wrestlers know what it takes for success – fundamentally sound techniques, commitment and hard work. The black and gold Spartans are strong competitors at the NCAA Division III level and are in contention for top place finishes in the Heartland Collegiate Athletic Conference year after year.

## opportunities

As a first year-student, you have the opportunity to be a Spartan wrestler and compete in tournaments throughout the season. But expect to work hard. The coach has high expectations: Win the HCAC, the Mid-States Conference, the Midwest Regional, and place in the top 10 in the nation. Qualify three at the national level and have at least one named All-American. Attainable goals? Of course. Join other team members who think so too.

## highlights

Manchester Spartan wrestling rolls with success. With 31 All-Conference selections, 12 conference championships in the last 17 years, and 55 NCAA national qualifiers, the Spartans have also had 22 named All-Americans and 27 named Academic All-Americans. MC lists nine regional titles and four Top 10 finishes in the NCAA Nationals. The Spartans finished second in the HCAC in 2008.

## meet the coach

Third-year head coach Matt Burlingame took over a highly successful Manchester wrestling program that has earned national recognition during the last 16 years. Coach Burlingame has 13 years of coaching experience and was assistant wrestling coach at Manchester before being named to the head position. As a college student, Burlingame was a four-year starter, three-time captain for Division I Virginia Tech's Hokies, and he graduated 10th on the all-time win list.

## facilities

Home matches are in the Physical Education and Recreation Center's Stauffer-Wolfe arena. Practices are in the auxiliary gymnasium in lower PERC, which houses 3.5 full mats for workouts. The team also has access to new weight room equipment, locker rooms, meeting rooms and athletic training expertise.

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... DISCIPLINE

I quickly learned I had to discipline myself to balance both academics and wrestling. It was and still is a challenge at times. But I found it's easy to get tutors or extra help from professors, and my coaches and teammates are incredible. Our team does almost everything together. Because of them, I know I'm a better person and a better wrestler.

Sam Carsey '10, accounting major

## Find your place.

You can find your place on the Spartan wrestling team. To arrange a campus visit, call the Office of Admissions at 800-852-3648 or e-mail [admitinfo@manchester.edu](mailto:admitinfo@manchester.edu). Be sure to visit our website at [www.manchester.edu](http://www.manchester.edu) or call the Athletics Office at 260-982-5390 for additional information.

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