

**Manchester College
Department of Athletics**

STATEMENT OF RISKS

Please check applicable sport: Football Soccer Golf
 Cross-country Volleyball Tennis Basketball
 Wrestling Track Baseball Softball

I am aware playing or practicing to play/participate in any sport can be a dangerous activity involving **MANY RISKS OF INJURY**. I understand that the dangers and risks of playing or practicing to play/participate in the above sport include, but are not limited to, death, serious neck and spinal injuries which may result in complete or partial paralysis, brain damage, serious injury to virtually all internal organs, serious injury to other aspects of the musculoskeletal system, and serious injury or impairment to other aspects of my body, general health and well-being. I understand that the dangers and risks of playing or practicing to participate in the above sport may result not only in serious injury, but in a serious impairment of my future abilities to earn a living, to engage in other business, social and recreational activities, and generally to enjoy life.

Because of the dangers of participating in the above sport, I recognize the importance of following coaches', athletic trainers', and physicians' instructions regarding playing techniques, injury care, and other team rules, etc. I agree to report all injuries and any illnesses when they become evident to me, to the supervising certified athletic trainer or to the head coach of my sport.

I further understand that any abuse of my equipment or any equipment relating to my sport could cause serious injury to me, my teammates, or my opponents if used improperly.

I hereby certify that I read and understand the above statement, and that I have had an opportunity to ask for explanation or clarification of any portion I did not understand.

Signed: _____ Date: _____
(signature of student-athlete)