Manchester University

Department of Exercise and Sport Sciences Athletic Training Educational Program

Technical Standards for Admission

As stated in the Manchester University *Catalog, Exercise and Sport Sciences Department Student Handbook,* and *Athletic Training Major Handbook,* a separate admissions process is required for formal entry to the athletic training major (the "major"). The Athletic Training Educational Program ("ATEP") places **specific requirements and demands** on students admitted to the major.

An objective of the major is to prepare graduates to enter a variety of health care employment settings and to render appropriate care to a wide spectrum of individuals engaged in physical activity. The technical standards set forth by the ATEP establish the essential qualities considered necessary for students admitted to this major to achieve the knowledge, skills, and competencies of an entry-level athletic trainer, as well as meet the expectations of the ATEP's accrediting agency, the Commission on Accreditation of Athletic Training Education (CAATE). In the event a student is unable to fulfill these technical standards, even with reasonable accommodation, the student will not be admitted to the major. Compliance with the ATEP's technical standards does not guarantee a student's eligibility for the Board of Certification (BOC) certification examination.

Candidates for admission to the athletic training major at Manchester University must demonstrate:

- 1. The mental capacity to assimilate, analyze, synthesize, and integrate concepts and to problem solve rapidly in order to formulate clinical judgments, and to be able to distinguish deviations from normal;
- 2. Sufficient postural and neuromuscular control, sensory function, muscular strength, and coordination to perform appropriate physical examinations using accepted techniques; to accurately, safely, and efficiently use equipment and materials during the assessment and treatment of patients and the prevention of injury and illness in the physically active population;
- 3. The ability to communicate effectively and sensitively with patients and colleagues, including individuals from different cultural and social backgrounds; this includes, but is not limited to, the ability to establish rapport with patients and communicate judgments and treatment information effectively. Students must be able to understand and speak the English language at a level consistent with competent professional practice;
- 4. The ability to record the physical examination results and a treatment plan clearly and accurately;
- 5. The capacity to maintain composure and continue to function well during periods of high stress;

- 6. The perseverance, diligence, and commitment to complete the ATEP as outlined and sequenced;
- 7. The ability to adjust to rapidly changing situations and uncertainty in clinical situations;
- 8. Affective skills (values) and appropriate demeanor and rapport that relate to professional education and quality patient care.
- 9. Meet class standards for course completion throughout the curriculum
- 10. Be able to read, write, speak, and understand English at a level consistent with successful course completion, having the ability to communicate with athletes and successfully complete medical records.
- 11. Complete readings, assignments and other activities outside of class hours
- 12. Gather decision-making pieces of information during an injury assessment activity in class or in the clinical setting without the use of an intermediary such as a classmate or certified athletic trainer.
- 13. Perform treatment and rehabilitation activities in class or in the clinical setting by direct performance or by instruction and supervision of intermediaries.
- 14. Apply critical thinking processes to their work in the classroom and in the clinical setting, and must exercise sound judgment in the class and in the clinical setting and must follow safety procedures established for each class and clinical setting.
- 15. Maintain personal appearance and hygiene conducive to the classroom and clinical setting.
- 16. Annually pass a cardiopulmonary resuscitation (CPR) course at the professional rescuer level.
- 17. Annually complete OSHA-regulated blood borne pathogen exposure training and complete the Hepatitis B vaccine series or have a written denial on file.
- 18. Typically sit for 2-10 hours daily in the classroom, stand for 1-2 hours daily at a field experience and must be able to ambulate 10 yards at 2 miles per hour indoor or outdoor over rough terrain.
- 19. Frequently lift less than 10 pounds and occasionally lift between 10-20 pounds overhead.
- 20. Occasionally carry up to 25 pounds while walking 10-20 feet.
- 21. Frequently twist, bend, stoop and kneel on the floor up to 15 minutes
- 22. Frequently move from place to place in position to position and must do so at a speed that permits safe handling of classmates and injured athletes.
- 23. Frequently stand and walk while providing support to an injured athlete
- 24. Use auditory, tactile, and visual senses to receive classroom instruction and to evaluate and treat injured athletes
- 25. Often work within an electrical field
- 26. Have 20-40 corrected vision to correctly see activities across the field, court or mat.
- 27. Have basic neurological function to perceive hot, cold, change in contour of surface/body part and to maintain 10 pounds of grip strength for 30 seconds.
- 28. Frequently need bladder, bowel, and emotional control for 1-2 hours
- 29. Possess the ability to make and execute quick, appropriate and accurate decisions in a stressful environment

Candidates for admission to the athletic training major at Manchester University are required to verify they understand and meet these technical standards or they believe that, with certain accommodations, they can meet the standards.

The Director of Learning Support Services will evaluate a student who states he/she could meet the ATEP's technical standards with accommodation and confirm that the stated condition qualifies as a disability under applicable laws. If a student states he/she can meet the technical standards with accommodation, the University will determine whether it agrees that the student can meet the technical standards with reasonable accommodation; this includes a review of whether the requested accommodations are reasonable, taking into account whether accommodation would jeopardize clinician/patient safety, or the educational process of the student or the institution, including all coursework, clinical experience, and field experience deemed essential for graduation.

I certify that I have read and understand the technical standards for selection listed above, and I believe to the best of my knowledge that I meet each of these standards without accommodation. I understand that if I am unable to meet these standards I will not be admitted to the athletic training major.

Signature of Applicant

Date

Alternate statement for students requesting accommodation(s)

I certify that I have read and understand the technical standards of selection listed above, and I believe to the best of my knowledge that I can meet each of these standards with certain accommodations. I will contact the Director of Learning Support Services to determine what accommodations may be available. I understand that if I am unable to meet these standards, even with accommodations, I will not be admitted to the athletic training major.

Signature of Applicant

Date