



Stay Well, Manchester College!!

Issue 4

It is better to have a relationship with someone who cheats on you than with someone who does not flush the toilet.



# Toilet Talk

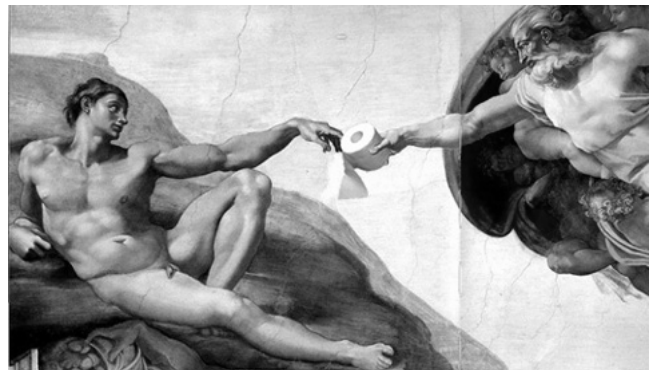
## Free Alcohol - Is anything ever really free?

Thursday, Nov. 3, 7:00 PM, Cordier Auditorium, (**Convo credit**)

Join panel members Waymon Brown III and Dr. A. Wyatt Mullinax with emcees Stuart Jones and Matt Davenport as they dialogue about perceived benefits and costs, both tangible and intangible, of alcohol and drugs. Email questions for the panel to [dntill@manchester.edu](mailto:dntill@manchester.edu)

### Test Your Alcohol Knowledge - True or False (answers below)

1. Alcohol is a central nervous system stimulant.
2. Alcohol and aspirin taken together raises Blood Alcohol Levels.
3. Alcohol abuse and alcohol dependence are different problems.
4. A large quantity of alcohol affects respiration and heart rate.
5. An average mixed drink contains nearly twice as much alcohol as a 12-oz. beer.
6. Everyone eliminates alcohol from their body at the same rate.
7. A glass of wine is absorbed into the bloodstream faster than a "gin and tonic."
8. Drinking coffee will help you "sober up."
9. Vomiting is part of the body's defense against alcohol poisoning.



Most students have not driven a car after drinking. Most students have not let alcohol use negatively affect their academics. Most students do not drink to excess. Most students drink one time a week or less. Most students have found a way to make sure friendships, health, education, and their future are not put at risk due to drinking.

- The BACCUS & GAMMA Peer Education Network

Answers to questions posted above: 1. F 2. F 3. T 4. T 5. F 6. F 7. F 8. F 9. T

Brought to you by Health and Counseling Services.

Sponsorship provided by Mental Health Association and AACTION (Against Alcohol, Controlled substances, and Tobacco In Our Neighborhoods).