

The Oak Leaves

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International Chess Grandmaster Ashley Checks MC's Chess Skills

Mary Kohrman Staff Writer

Few people can say they've led the life of their dreams and fulfilled their innermost passions. Maurice Ashley, the first African-American International Chess Grandmaster, can say just that. Ashley spoke at the March 15 convocation at Manchester College about his powerful life story from poverty to celebrity and his life changing work with challenged youth, channeling the power of the game of chess.

To Ashley, chess is more than a board game. It is truly a way of life and a key to opening an alternate world to troubled youth. "Games are filling a need in people that reality is not," Ashley said. "It [Chess] keeps you fully engaged and gives you a challenge that reality is either too easy or just too messed up [to give].

"Games give you a pure space to express yourself. And chess does that so readily... It just gives you a space to say what are you about, saying 'here is a challenge, try to meet it'. For a kid feeling down, it's a great thing to have that, a fantasy. They can go into a space that's great for them, it's wholesome, pure and safe."

Ashley overcame difficult beginnings rooted in a poverty-stricken childhood in Jamaica and adolescence on the tough streets of Brooklyn, NY; however, he feels no lingering barriers from his past. "Its not clear to me what my challenges are," Ashley said. "I don't really see challenges in life. A challenge is like a puzzle, and I don't feel blocked by anything...I feel like race hasn't been an issue, because I don't see myself as a black man, I see myself as a man, as a person...I don't have that feeling of a burden."

Growing up in a world of inner city chess hustlers on street corners and in a neighborhood where competition and quick thinking were vital to survival, Ashley knew when his calling presented itself. "Once I found chess at 14, I knew where I



THE MASTER AT WORK International Chess Grandmaster Maurice Ashley shakes Professor Judd Case's hand after defeating him in a blindfold match. Ashley, the first African American with the title, gave an inspirational speech at the VIA, including ways that following his dream had led him to his current position.

Photo courtesy of Public Relations

belonged," Ashley said. "Then it was just all the work and passion and intensity it took to become a great chess player."

To a chess Grandmaster, or anyone familiarized with the 1400-year-old game, chess is much more than just pieces on a board with a confusing set of rules. It is a lifestyle and a world parallel to any found here in reality. "It's everything," Ashley said. "Chess has strategies, chess

has tactics. Chess has openings, middle games and end games. Chess has knowledge that has been built up over centuries, literally."

Utilizing this knowledge of not only the game, but the philosophies and parallelisms within its understanding, Ashley has used his skills to make such revelations accessible to troubled youths in his native New York City, as well as children around

the world. "Working with kids is probably the most satisfying thing that I do," Ashley said. "It's giving back to a community that I was a part of. It's my little piece of giving back to the world."

The convocation at MC was reportedly well received and seemingly impacting upon the student body. "When I first went to the VIA, I honestly was not excited about it," junior Rebecca Pendergrass said. "I was like 'Oh this is just some guy who plays chess for a living,' but after listening to his story and his passion for a game of chess and the hearing about the many places in the world this game has taken him, it is astounding. Not only is it entertaining, it's inspiring."

Ashley is busy in his career with not only playing in chess tournaments and teaching his beloved game to children, but also with touring the country promoting his book, "Chess for Success", and giving lectures about his work. His focus, however, is more cosmopolitan than only reaching troubled children.

"I believe we are all role models in some way, shape or form to everyone around us, but particularly to young people who are very impressionable and to whom you can give information that really makes a substantial difference in their lives," Ashley said. "Chess has been my way of impacting young people in a way that helps them to think better, to assess life better and to build up their self esteem. I feel blessed every time I get to touch a young person with chess."

His star pupils, some of whom come from lives riddled with abuse, gang violence, incarceration and poverty, have gone on to graduate top universities like Yale, Harvard, NYU and Princeton, to name a few. Much of their success, Ashley feels, is tied into the life lessons they learned and mastered through chess.

Continued as CHESS on pg. 3

Stone shares Lincoln's leadership at Henney Lecture

Shelby Covington Staff Writer

President Emeritus of Bridgewater College Phillip C. Stone presented his speech entitled "Lincoln, A Model for Presidential Leadership" at the 2011 Harry '35 and Jeanette Henney Lecture on Monday, March 28, at 7 p.m. in Cordier Auditorium.

President Jo Switzer opened the event with a description of the lectureship's origins. "The Henney Lecture was originally established in 2003 to honor Harry Henney on the occasion of his 90th birthday," she said. "The lectureship honored him for his having been a 1935 proud graduate here and for his 40-year career as a public school teacher and administrator." She added that three years after Henney's death in 2007, his wife Jeanette Henney turned 90, and their daughter Dr. Jane Henney along with her family rededicated the endowed program to become the Harry and Jeanette Henney Lecture. Shortly after sum-

marizing the story behind the existence of the endowed speech series and thanking the family for its funds, President Switzer announced that President Stone would receive an honorary degree from Manchester College due to his life of service. The audi-

ence laughed as Switzer stated that "it's one thing to be a Bridgewater graduate, but it's something else to be a Manchester graduate."

Switzer then invited Vice President and Dean for Academic Affairs Glenn Sharfman to present Stone with the degree of Doctor of Laws, honoris causa. Sharfman testified to Stone receiving the degree by stating, "Abraham Lincoln once said, 'If you want to test a man's, or I might add, a woman's character, give them power.' Our Nation's 16th president, whose character and leadership Phillip Stone has studied for decades, would certainly agree that the President Emeritus of Bridgewater College has passed this test."

Sharfman continued by listing the notable achievements Stone has accomplished throughout his life, particularly in relation to Lincoln. Along with a number of contributions to Brethren education, Stone also founded the Lincoln Society of Virginia, served on the Advisory Board of the National Abraham Lincoln Bicentennial Commission and has contributed to the Advisory Board of the Lincoln Forum. His speech Monday night encompassed Lincoln's model of leadership. After

After thanking the faculty for the honorary degree and also for

the opportunity to present his speech as the Henney Lecture, Stone spent the first half of his presentation explaining his connection to Lincoln and some historical highlights of the famous president's life. Stone's interest in Lincoln began when he became the owner of the farm on

which the Lincolns had lived in Virginia. He and his wife built their house on the historical land which is now home to his son and grand-children. "They refer to it as the Lincoln farm," he said.

After explaining more about the history of the Lincolns, Stone shared that he had wanted to



MAN OF LINCOLN Phillip C. Stone speaks during the VIA of his hero and 17th president, Abraham Lincoln. He spoke of little-known facts about the whole Lincoln family.

little-known facts about the whole Lincoln family.

Photo courtesy of Public Relations

honor the whole Lincoln family by reading at the cemetery located on the homestead during Lincoln's birthday in February. "I've been doing it for 36 years," he said. Sometimes the month's weather posed difficulties in gathering for the ceremony, but Stone never failed to share readings, even if the only audience member was a dog.

The splashes of humor in Stone's speech began to subside as he grew closer to presenting Lincoln's leadership model. He examined Lincoln's reputation as a saver of the Union, a great emancipator, a man of the people and a self-made man. "I think we can agree that those are all important images of Lincoln that we have inherited," Stone said. "For me, those characteristics don't really give us a dynamic description of Lincoln that's helpful for future generations."

ful for future generations."

Stone longed to find something more useful and pertinent for future presidents and leaders to follow so he developed a model of characteristics that enhance the effectiveness of a president. "There are five characteristics that I associate with Lincoln's presidential leadership that stand out as being an explanation for his special success," Stone said.

He listed these characteristics as the following: "First, Lincoln had

a vision for America that was inspirational and called for the best efforts of the people. It lifted the human spirit. Number two, he understood and effectively articulated the important issues of his day in war terms. Three, he was rigid on core principles and flexible on anything else. Four, he was a man of intense personal integrity and character. My contention is character still matters, and I think it can be demonstrated that his good character is one of the reasons he was effective as president. And number five, he never let what I would call toxic feelings, bad feelings, negative feelings or petty feelings affect his judgment."

Stone further illustrated the model by describing Lincoln's uncompromised strive to preserve the Union, sharing examples that clearly defend the truth behind each characteristic. He added that Lincoln is an excellent role model for leaders and that if other presidents want to be great, they need to follow Lincoln's model. He then closed the lecture by stating, "We call on America to be true to the principles and the vision for what this country should be, to be led by the better angels of our nature and to be sure that this great experiment that we call America shall never perish from the Earth."

Inside: Peace Week Preview - Cam Brady - Thrifty Fashion



Annual MSO Concert Makes 'Movie Magic'

Carson McFadden Staff Writer

Upon entering the office of Scott Humphries, the conductor of the Manchester Symphony Orchestra, it is obvious that he is a man of music—and much, much more. His desk is littered with papers, music, mouthpieces, mutes and other musical paraphernalia. His walls are plastered with posters, musical and otherwise and the entirety of his office has a plethora of Star Trek action figures and gear scattered throughout. Sitting at his desk, Humphries is not grading exams or papers, but playing his tenor saxophone. Even during his office hours, his passion for the learning, teaching and pure enjoyment of music is evident.

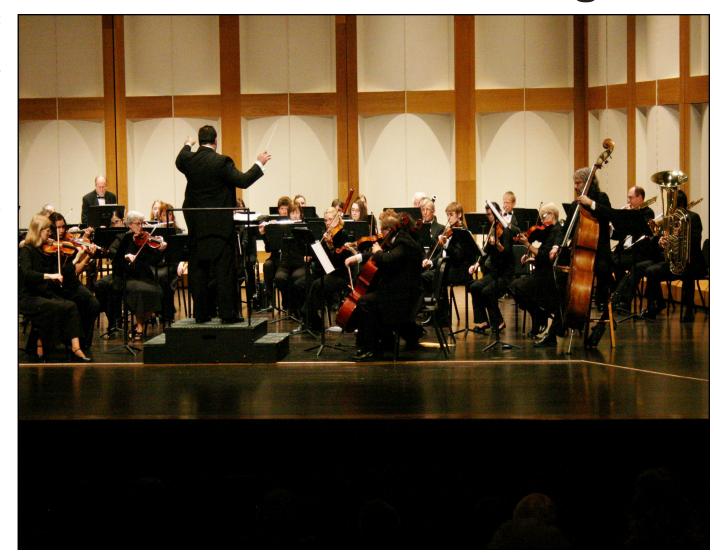
Humphries' passion for his craft was also obvious at the MSO's "Movie Magic," a concert held on April 3 at the Honeywell Center in Wabash. Maintaining the MSO's partnership with the Honeywell Center, this year's annual concert was performed in front of a full house. The work of composers John Williams, Basil Poledouris and Howard Shore, among others, was brought to life by the Orchestra.

The MSO typically performs on campus, but once every year, they honor a longstanding partnership with the Honeywell Center. Humphries felt that the change of pace was definitely a good

thing. "It takes what we

have to offer to that part of the county," Humphries said. "We take our music to a broader audience and it's also an amazing venue." Humphries spoke glowingly of the Honeywell Center's acoustics, emphasizing that it is a place at which the Orchestra always enjoys performing.

The concert opened with "March from '1941.'" It was written by John Williams, one of the world's most famous composers-especially in the film industry. The march was followed by "Selections from 'Charlie and the Chocolate Factory," a medley from Tim Burton's blockbuster hit. Humphries alluded to Burton's cinematic style with a reference to the Administration Building's "Tim Burton staircase," owing to its crooked structure. The piece, composed by Danny Elfman and arranged by Victor Lopez, began on an eerie note and switched tones and moods frequently, sampling music from every part of the film. Music from "The Lord of the Rings: The Two Towers," perhaps the most famous music of the concert, was performed next. Composed by Howard Shore and arranged by Jerry Brubaker, the piece was sponsored by Drs. Robert and Debra Lynn in memory of Gary Driskell. Lynn also contributed vocals in the end of the piece during a section called "Gollum's Song," a haunting and enchanting melody. The instantly recognizable



LIGHTS, CONDUCTOR, ACTION The Manchester Symphony Orchestra performs at the Honeywell Center on April 3. Under the direction of Scott Humphries, the MSO played selections from film scores, including "Star Trek," "Lonesome Dove," and "The Lord of the Rings: The Two Towers." MSO will close the season with "1776" May 13-15.

Photo by Erin Cole

son's 2002 film featured an oboe solo by principal oboist George Donner and an performance impressive from the entire orchestra.

The piece following the intermission was a piece from the western film "Lonesome Dove," a personal favorite of Humphries and a piece that he described as "infectious." One of the lesser known selections of the concert, Basil Poledouris' piece had a feel-good vibe and an upbeat, very western conclusion. Poledouris has also composed for the 1996 Olympic Games in Atlanta, "Free Willy," and "The Hunt for Red October."

The following piece was perhaps the feature of the entire performance. Dr. Arnold Irchai, the former principal bassoonist of the Moscow Philharmonic Orchestra and a current associate professor of bassoon at the University of Florida, School of Music, was the guest performer of the concert. Irchai has travelled the globe with the Moscow Philharmonic and other prestigious orchestras. Somewhat following the theme of cinema. Irchai performed "Concerto for Bassoon and Orchestra," composed by Nino Rota, the composer of the score from the film, "The Godfather." Even to those who weren't as educated in the world of music, Irchai's prodigious skill was evident. Initially,

seems an unlikely candidate to be a guest performer for the MSO. However, the story of how he came to perform in Wabash involves some interesting facts about the area. Irchai is a Fox performing artist meaning he is sponsored

by Fox Products, a maker of some of the finest bassoons in the world. But what establishes the Irchai-MSO connection is the fact that Fox was founded in nearby South Whitley—where their instruments are still produced today. Fox is also a donor to the MSO program, which set up the performance of the great bassoonist at "Movie Magic."

concerto Rota's was followed by the program's final piece, "End Credits from 'Star Trek' (2009)." An admitted "Trekkie," Humphries was excited about the piece from the recent Sci-Fi thriller. In his short introductory anecdote, he described his reception of a Star Trek lunchbox for Christmas and his collection of Star Trek figurines spread throughout his office, further proof of his fandom and another

an epic sound to it, fitting for such a storied saga and a conclusive piece to a fantastic concert. Emily Grant and Tom Naragon, students from Manchester High School, were two youthful additions to the MSO

passionate connection to

his music. The piece had

personnel, contributing to a group with an already impressive variety of age. The MSO is comprised of Manchester College students, faculty, community members and at times, professionals and high school students. Many of the strings players come from the Fort Wayne Philharmonic Orchestra

The MSO will close out their 72nd season with the musical "1776" on the weekend of May 13.

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Thrifty Fashion Advice: **Looking Good for Less Cash**

Laura Gladfelter Staff Writer

Like most coupon-clipping, Ramen Noodle-eating college kids, I often remise about the days when Mom and Pops fed my piggy bank an allowance.

However, even though we save money by feasting on cheap carbs and off brand soda, it doesn't mean we have to model a stingy style on our sleeves. Save those precious quarters for laundry; it is possible to look polished and presentable without spending a fortune if you know how to thrift.

Thrift store shopping is popular across the globe for providing affordable fashion. Most items in style today are just a slight variation of a previous fad and thrift stores stock the shelves with these circling trends.

ber Resor loves the vin-

tage style from thrift stores.

Sophomore Am-

"Sporting a complete vintage look is too bold for most, so mix thrift store finds with department store pieces to keep from looking like a 1920's flapper," she says.

The best trends to follow at thrift stores are bold prints, high-wasted skirts, boots, vests, dresses, suit jackets, belts, and accessories. Match these pieces with some American Eagle denim or Converse kicks for an updated look.

With increasing donations, many thrift stores even provide clothes from popular designers that are only a few years old. Uncovering brands such as Banana Republic, Gap, and Forever 21 is easy when

using the right technique. When entering a store head straight to one

section and stay focused on an individual area. "If you try to look at everything right away, a feeling of overwhelm-

ing anxiety will enve-

lope you," Resor adds.

Pay attention to size and quality. If possible, try on clothes and scrap anything ill fitting or worn-out pieces. Just because items are cheap does not necessarily mean they should be an addition to your wardrobe.

Sophomore thrift store shopper Ashley Kopla advises: "unless desiring dust collectors and space hoarders, don't buy junk or other items you wouldn't look at twice at regular stores."

Try on everything twice and make sure to wear a simple outfit to the store so vintage

pieces can be compared against a daily canvas. We even have our very own thrift store in rural North Manchester. The Manchester Fellowship Of Churches

to a cheaper store," Ko-

Thrift Shop is located on South Mill Street across Main Street from Subway. "I have never been

pla says. "I just bought a pair of shoes and a T shirt there for only 60 cents!"

Senior Joshua Kunkle deems MC's thrift store "the best place in the world to get a suit," He also appreciates the \$3 deal at the shop where you can shove as many items as you can into one bag for only \$3.

The staff at the NM shop are all volunteers, so at minimum be polite, hang everything up, and don't make a mess. Thrift store worker Ivy Epp encourages MC students to come to the store and says her favorite part of working at the store is socializing with the customers and helping the less fortunate. The NM store is

open on Wed, Thurs, and Fri from 10-4, on Tues from 1-4 and Sat from 10-1. I volunteer on Thursday afternoons so stop by then for additional thrifting advice.



'Express Yourself' during Peace Week 2011

Briana Bass Co-Editor

Express yourself.

Peace Week 2011 kicked off last night and continues through Thursday, Apr. 14. The weeklong event co-sponsored by Campus Interfaith Board and the Peace Studies Institute will incorporate a broad spectrum of art- and peace-related activities for the campus and commu-

"This year's theme is 'Express Yourself,' with an emphasis on peacemaking through the arts," said Samantha Carwile, Peace Studies intern and Peace Week committee member. "How can art transform peace? How can peace and social justice be expressed through music, art, theater, and more? How can the individual express themselves to achieve inner peace, and how can that force be transformed to achieve wider peace? We hope to explore these questions and more during Peace Week."

CIB co-facilitator and Peace Week committee member Julia Largent is excited by the potential of this year's Peace Week. "Our theme is 'Express Yourself' so we are focusing on different types of media that people use to express themselveswhether for peace and justice or just in general," Largent said. "We have workshops that include photography, theatre, book binding and other various be a great week."

Peace Week began with a VIA performance by Ted and Co., a Mennonite drama team that specializes in scriptural interpretation. "I'd Like to Buy an Enemy" focused instead on peace and justice and their role in modern American culture. Ted and Co. also contributed a drama to yesterday's Chapel service in which Frank Ramirez, a Church of the Brethren pastor from Everett, PA, was the guest speaker. Cantabile also performed two songs.

"We have two action-

packed chapel events with dynamic guest speakers and good music," said Walt Wiltschek, Campus Pastor and CIB Advisor. "Our first Peace Week Chapel service had a trifecta of tremendous power-packed theological action. The main Peace Week Chapel service is at a special time, 7:30 p.m., next Thursday, featuring New Community Project director David Radcliff. He has traveled all over the world to pursue issues of peace and justice." Tonight, CIB hosts a game night and prepares for tomorrow's Concert on the Mall. This year's concert features Brian K., The Grooveside, Jo and the Young Switzers and Anabaptist Bestiary Project. A variety of Manchester College clubs and organizations will have tables set up on the mall. RHA is sponsoring tie-dye, Model UN will offer face painting and

forms of media. It's going to alumnae Kate Brelje plans to create necklaces, providing clay to sculpt the center beads. CIB and PSI are also sponsoring an opportunity for students to create a new Peace Week banner. "Concert on the mall is a time for people to get together and enjoy a relaxing afternoon on the mall and listen to some music," Largent said. "A lot of the bands have a peace message or have a folk sound." Peace Week continues Sunday evening with a dinner hosted by the Manchester Church of the Brethren at 5:30 p.m. On Monday, Apr. 11 Circle K will assist with a labyrinth clean-up although all students are invited to volunteer with the project. Megan Seely will present "Fight Like a Girl" at 7 p.m. that night in the Upper Union. Although this VIA is not officially a Peace Week event, it does tie into the purpose of the week and is being advertised on Peace Week flyers.

"So much of peace is about dialogue and cooperation," Wiltschek said. "We are promoting the International Buffet and other events that we don't plan but fall into the schedule. We hope to set an example of combined efforts in pursuit of a common goal and leave a lingering message."

Three activities scheduled for next week focus on art. Kenapocomoco Coalition is hosting activist art opportunities on Monday and Wednesday, while assistant professor of art Jena

Oke will lead a workshop on storytelling through art on Tuesday in the SAC. Carwile defines activist art

as working for peace and justice through visual art and interpretation. "Expressing political, controversial, or simply general peace themes through art has the potential to be very powerful-even changing to improve the world's conditions," she said. "I would say the main goal of creating art during Peace Week is to give everyone the opportunity to express who they are, whether or not they are a peace activist. Freedom, self-expression and providing a welcoming and inclusive environment are big enough peace issues for me. For those who are hoping to participate in Peace Week as a peace activist, then the week will serve as a great way to learn what the arts have to offer."

Another feature unique to this year's Peace Week is a raffle ticket challenge. Students can collect raffle tickets at designated Peace Week events and enter for a chance to win a gift certificate to One World Handicrafts. In addition, the Peace Week t-shirts for this year are available in two color choices instead of one.

Peace Week 2011 is not simply about art. According to Carwile, Peace Week encompasses a variety of themes under the umbrella theme. "Manchester College has been celebrating



Photo by Erin Cole

Peace Week for over a decade," Carwile said. "Peace Week started first as a way to celebrate Earth Day, with a focus on eco-justice and peace with the earth. Since then, the themes have expanded beyond environmentalism to highlight topics like community, spirituality, diversity, art and more. Manchester has a rich commitment to Peace

Studies, and I see Peace Week as a wonderful opportunity for the college to uphold its commitment; plus Peace Week is just really fun."

Largent agrees: "It has evolved into a week of fun, community, music and time to focus on peace and how you as an individual can change your community, or even the world."

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thing learnt from only magic starts to happen." books, but from understanding all aspects of the strategic chess game. Ashley has published a book, "Chess for Success", as an aid to parents and administrators hoping to use chess as a life skill tool for their children. Ashley has also developed instructional books and the iphone application "Maurice Ashley Teaches Chess" as a way to extend his potential au-

"The method I use is called disaggregated learning," Ashley said. "I teach a piece, like a rook, and I teach how the rook moves and then I give you a puzzle. You're stopping to concentrate, to plan, to strategize. It's the act of stopping and thinking, to not act impulsively...that's the magic that chess does. It forces you to not just do that act, but to slow them [the students] down, to force them to really study. It's not a big complicated thing; it's just a puzzle."

During the Tuesday convocation, Ashley used a Manchester student to demonstrate the power that mastering even one level of his iphone APP can have on a student, no matter their background.

"That sense of accomplishment...that's the other thing that chess does." Ashley said. "It builds up self-esteem, it gives a sense of accomplishment and achievement. And you feel smart, it's on you, you're the one

who makes the choices. It's

no body else's decision to

make. When you start to

Tactics for teaching such feel that sense of empow-

Beyond the United States, Ashley has traveled to many countries looking for an outlet to inspire their shaken youths. Such work abroad has grown into chess foundations in countries like Belize, and this coming fall, Ashley will be launching a ten-island tour project in the Caribbean.

As a man with an open passion for life and magnetism for helping others, Ashley has expectantly been greatly influenced and inspired by other influential figures in the past. One example is that of Ashley's respect for Mr. Arthur Ashe.

"What a life, what a human being, what a special human being. His [Ashe] bravery in the face of his disease [AIDS] was very compelling to me," Ashley said. "He was all about helping young people as well; he did it in a quiet way, in a soft, dignified way. I think he really did it right."

Ashley looks at life in a way refreshing to those caught up in the everyday rush. He preaches that life is more than the here and now and he is passionate about spreading his views

A student of passion, science and thought, Ashley takes his intellect beyond understand chess, and into understanding himself. "If I'm not feeding my soul I don't feel like I'm living and I believe you should be living every single day of your life," Ashley

said. "I'm greatly inspired

by existence. We are pow-

erful beings; we are citi-

zens of the universe. We life lessons is not some- erment, that's when the never visit the same spot in the universe twice...we're travelers and its amazing. It's such a big vast beautiful place and I feel that we should be inspired by that."

> By grasping this view of life, Ashley is able to connect the game he loves with what challenged adolescences need. "In many ways that's what games do, or obsessions or passions, they kind of distract you from the difficulties of the everyday life," Ashley said. "That's another thing chess does for kids in challenged communities. If they have a problem, they just go play some chess. The problem may not be gone but at least it's being managed."

> His mission, his message, to anyone he reaches, is simple: LIVE YOUR PASSION. "That's not just my message to kids, but everyone," Ashley said. "I try to reach them... before they get stuck in dead end jobs and they're not excited by life or living their fullest. I've been able to live my passion, the thing I wanted to do most in life...It empowers me and energizes me and I get to travel all around the world and meet all these cool people. Life is a vacation. You should be living it, loving it, everyday. "Live your pas-

> sion. An idea I learned from chess is the idea to never try too hard. You can unlock the secrets of life in a small, peaceful place. Chess is a window to the world, and there are life lessons in everything."



Stroke 9 Performs at Chet Fest 2011



I'M WITH THE BAND Stroke 9 lead singer Luke Esterkyn and drummer Derek Taylor perform with their band at Chet Fest March 11. On March 10, Apollo's Mad won the second annual Battle of the Bands and a chance to open for headliner Stroke 9. Jo and the Young Switzers won second place with Horns coming in third in the battle.

Photo by Julia Largent

Katie Majka Staff Writer

Dimly lit and crowded, with gold lights illuminating the stage and an overall air of excitement that seemed to emanate from the walls of the Firehouse, Manchester College's second annual Chet Fest started out with a bang on Friday, March 11. Six groups participated in

Battle of the Bands, which would determine the opening band for the next night's Stroke 9 concert. The bands that played the Firehouse included Six Months in Chino, Horns (3rd place), Lying Gonzalez, Apollo's Mad (1st place), Jo & the Young Switzers (2nd place), and Filth of Majesty.

The first group, Six Months in Chino, was a oneman band featuring former MC student David Schownir. "I got the name from 'The Big Lebowski," Schownir explained. "I hadn't had a stage name in a long time, so I figured I'd come up with something instead of just using my name, which no one can pronounce."

Although Schownir does not collaborate with any fellow bandmates

on his music, he manages to write his own from

personal life experience.

"One of the songs
- 'Lost' - is about a road
trip I took to a concert in
Hamilton," he said. "I got
there a day early so I had
to sleep in my car because I didn't know anyone there. I ended up not
sleeping for 72 hours, so
I just went down by the

Daniel Myers-Bowman of Jo & the Young Switzers (an homage to Manchester College's president) said that their band takes a similar approach to writing music.

"Everyone contributes, writes their

lake and wrote the song."

own part," he said. "Will [Rhudy] writes the lyrics to the original songs. But [our approach] sort of comes from everywhere."

Apollo's Mad ended

the evening with a victory, winning Battle of the Bands for the second year in a row.

"We were really nervous," said MC sophomore and Apollo's Mad bassist Kahler Willits. "Me and Kora [Puckett] kissed after we won – we were really excited. We don't get to play together a lot because we're all over the Midwest, but we have an EP album that's available for free at bandcamp.com."

The band exuded that obvious enthusiasm once again the next evening, as they opened for Stroke 9 in Cordier Auditorium. Their enigmatic and striking stage presence was apparent, as fans crowded around the stage and cheered for the band, who took a personal approach to the audience. During their opening, Willits set the mood for a humorous and enjoyable night when he announced, "I'd like to give a shout-out to my friend Casey Vallier. I don't know much about him, but one time I saw him eat some gum out of the trash can. I'm not kidding. It happened by the Union."

It happened by the Union."

Stroke 9 contributed to the lighthearted and personable tone that was set for the evening as soon as they appeared on-

stage, as vocalist Luke Es-

terkyn joked with the audi-

ence. "You have to put your phone on airplane mode," he said. "Yeah, otherwise there's interference with the amps. Did you hear it? Yeah, it was good interference, it sounded cool."

The band continued to banter playfully with the audience between songs, specifically addressing Apollo's Mad a few times throughout the duration of the concert, asking about the origins of their name and why they don't change it to something like 'Apollo's Rad,' and weaving a fake story about an interaction the two bands had earlier that evening.

"We actually had an impromptu Battle of the Bands downstairs to see who would play first," Esterkyn joked with the audience. "We won. But we were the only ones who got to vote, too, so there's that." Stroke 9 closed the night with gratitude toward Apollo's Mad, their audience, and Manchester College as a whole. "Thanks again to Apollo's Rad for opening for us," they said before adding, "yeah, we just went ahead and changed it for you."

Julia Largent, a representative for WBKE, who organized Chet Fest, discussed why they chose Stroke 9 to come play for the event. "We emailed probably between 50-100 bands, three of which ended up being in our price range," she said. "Stroke 9 was one of them."

Matt Siegel, another WBKE rep, on Chet Fest said: "We did a lot more publicity this year than last. It's a lot better."

Stroke 9 formed in 1989 and is currently comprised of Esterkyn (vocals), Jens Funk (bass), John McDermott (guitar), and Derek Taylor (drums). Because of such a long-standing career as a band, they have had multiple opportunities to play at colleges like Manchester.

"We've played colleges before. Many, many times, actually," said Taylor before Esterkyn interjected with a laugh, "Can you tell?" About Manchester, Taylor said: "You guys asked us to be here and we'd heard great things. We love it and playing here was awesome."

Willits agreed with the experience, Apollo's Mad having found some common ground with Stroke 9 aside from a love and affinity for music. "We really liked hanging out with Stroke 9," he said. "They like eating pizza as much as we do."

With this amount of enthusiasm, participation in Battle of the Bands, and a general love and talent for music on campus, Manchester College hopes to continue the new tradition that is Chet Fest.

'Biggest Loser': Where to Eat on the Run

Jessie Hickerson Co-Editor

Anyone who has dieted knows that the hardest part (outside of curbing hunger altogether) is eating somewhere other than home (or in our case, the union). Although, with the right tools, this can actually be easier to track than other things you consume.

Thanks to the modern wave of healthy eating, most chain restaurants, fast food and sit down, list nutritional facts online or even right on the menu. There are also websites that allow you to compare different fast food chains to see which would be the healthiest for the cheapest.

Subway is the leader in this movement, advertising the caloric content of most of their subs within eye level as you wait to order. Even the notorious "Supersized" McDonald's lists a full, downloadable PDF on their website to allow healthier eating. Also, the staples of North Manchester's fast food dining, Hardees and Taco Bell list their nutritional

If you're addicted to fast food but trying to lose the pounds, look at these and restrict yourself to a smaller calorie portion within your whole meal. When it comes to losing weight, portion control is very important to eating enough to feel full without eating too much.

ing out for a nicer meal,

If you're ventur-

guides online as well.

check out such chains as Olive Garden, Texas Roadhouse, Cheddar's, Logan's, Applebee's and many more. All of these restaurants list their menu's nutrition facts online, some even giving healthy alternatives. Some even have a separate menu section that advertises calorie meals. Fastfood.com is a great tool that allows you to one-stop-shop compare different fast food chains. It allows visitors to view nutritional information while

responding smart phone apps are also available.
So, if you're planning a night out, browse the net before or even after making your

also giving tips to eating

healthier on a budget.

If you're unable to ac-

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Baseball Team Spends Spring Break in Florida



CURVE BALL Pitcher Bryce Murphy takes the mound during the March 17 home game versus Taylor. The game went into extra innings with Manchester ultimately defeating Taylor 12-11. The baseball traveled to Florida over spring break and brought home a 4-3 record. Manchester defeated Defiance 23-4 on Photo by Epi Sanchez

Lynette Griffin Staff Writer

For the first time in four years, the Manchester baseball team went on a spring break trip. In the past, they have taken early March trips and stayed home during spring break.

"The trip was about the experience and the chance to spend time together," said head coach Rick Espeset. "For the seniors, this was their first college spring break, and there were others who had never been to the beach before."

This year team traveled to Fort Myers Beach, Florida. They were there for seven games, and then headed back to Lexington, Kentucky, for conference play.

"The traveling was good," said sophomore Corey Marchant. "The bus ride was a little daunting, but the trip was worth it." A number of the players commented on the long bus rides, and the awesome weather they were able to play in.

"There is nothing better than leaving the cold weather for the sunshine state to enjoy a week of playing baseball," said senior John Smolinski.

While in Florida, the team played quality teams, who were also from the north. Therefore, only a few years ago. most of the teams were Formally called, "Myrtle anxious to play in the nice Beach Mustaches," they weather, for a change.

"It was a good experience especially for the younger guys with traveling, and it was a good eye opener for what college baseball is with playing ball all the time," said sophomore Brad Murphy. "It's the weekly grind of conference season."

The complex that the team played at was one they will never forget. It had a lot of history with former MLB Hall of Famers and other well-known baseball players having played there before. "Getting a chance

to play on a field that Babe Ruth played on was an amazing experience," Smolinski said.

Not only was the background of the history attractive to the guys, so were their mustaches. This is a tradition that started renamed them, "Fort Myers Mustaches." "It is a big part of tradition," Marchant said. "And it looks great while on the diamond."

To kick off their spring break trip, the team split with Western Connecticut State University. They won game one, 10-3, and lost in the second game, 7-5. Senior, Curt Mallery was the winning pitcher in game one. He threw a complete seven innings with seven strikeouts and three

runs allowed on eight hits.

In the first game, Ty Foster went 2-2 with three RBIs and two runs scored. Trey Forbes went 2-4 with two runs. Austin Rieke added two runs. In game two, Rieke went 2-4 with two RBIs, Foster finished 2-4, and Sheets ended 2-3 with a run.

The team then split with Colby, losing game one, 5-1, and winning the second game, 10-1. Bryce Murphy picks up the win in Bryce Murphy was 3-4 the second game, throwing eight strikeouts in a complete seven innings.

In game one, Brad Murphy went 2-4, with a stolen base. In the second game, Forbes went 3-4 with two RBIs and a stolen base. Foster was 2-4 with two RBIs, and Schell went 1-2 with a run and an RBI double. Brad Murphy finished 2-2 with three runs scored and an RBI. The highlight of the

series in Florida was the

two wins against Luther. "Everybody was hitting and the pitching was great," said senior Ty Foster. Sophomore Kyle

Konarski, throwing seven strikeouts, was the winning pitcher in the 11-5 win. Dylan Padgett was the winning pitcher in the 6-5 win, throwing 3.2 innings of relief action, according to the press release. Marchant was 3-4

with three runs and an RBI. with three RBIs and Foster went 2-4 with a run and an RBI, for the first game. In game two, Foster finished 2-2 with two runs; Sheets went 3-3 with a run and an RBI, while Bryce Murphy and Schell went 2-4. In their final game

at Fort Myers, the team fell to Wooster, 19-10. Manchester had an early 9-1 lead, but Wooster scored eight runs in the bottom of the fourth. Sophomore, Austin Rieke was 3-5, including a two-run homer. Forbes went 2-4 with a run; Bryce Murphy was 2-4 with three runs and an RBI; and Schell finished 2-3 with a double and two RBIs. For the last week-

end of spring break, the team traveled to Transylvania for conference play. On Friday, they won 4-3 in 11 innings. Mal-

lery threw 9.2 innings, with Bryce Murphy recording the win with 1.1 innings of relief. Rieke and Marchant each had two hits. In game one on

Saturday, the Spartans fell 2-1. Smolinski and Forbes had the two hits for MC.

In the second game, the team won 7-4. Justin Scott had three strikeouts with four runs given up on 10 hits, while Bryce Murphy picked up the win throwing two innings of relief, according to the press release. Forbes finished 3-4 with two runs and an RBI. Foster went 2-4 with three runs and an RBI. Smolinski went 2-3 with two RBIs, and Schell finished 2-4 with a run scored.

"It's good to have a competitive first conference series," sophomore pitcher Justin Scott. "It will help prepare us for the rest of conference season."

Senior Sheets adds: "This series showed our character and how we won't give up."

The team went 4-3 in Florida, and 6-4 for that week. Their record on the season is now 14-7, and 5-1 in the HCAC.

Softball Enters Conference, Looks to Playoffs

William Rhudy Staff Writer

Manchester Col-The lege softball team is hitting its way out of a funk. After opening the season with four consecutive victories the Spartans have dropped five of their previous six games and are now into conference play, the HCAC playoffs looming on the horizon. The

Spartans opened conference play hosting Anderson on Mar. 31 with a 7-5 victory, Erica Bush, a 4th year student from Greenwood, IN, earned the victory pitching seven innings and striking out two. Kayla Yates, Jade Kennedy and Mallory Sims each had two runs batted in and Brittney Miller batted in Kendall Jeffries in the 6th inning to spark a spur of runs by Manchester eventually leading to a six run final inning and the victory. In

the second game Anderson defeated Manchester 15-2. On Sunday, Apr. 3, the Spartans hosted conference rival Transylvania, as the wind gusts pushed 30 miles per hour the playing conditions became precarious. The Spartans never seemed to get their bats any momentum, dropping the first game 5-0 and the second 9-0, with only four total hits on the day. Coach Tracy Cromer was happy with the team's effort but knows they must start hitting if they want to improve their results. "We hit the ball hard and had some quality at-bats today [Apr. 3] but we just seemed to be hitting it at them all the time; nothing seemed to drop," Cromer said. "We're a team

that needs to hit to be successful and that will come around once we get going."

The Spartans have begun conference play against the top teams from last season and will look to re-establish a rhythm in the coming weeks. Cromer has confidence that the team will play to their potential this season, "We're going to be right in the mix of things, the conference seems to be wide open with everybody beating everybody," Cromer said. "We're a young team, we're young in a lot of positions and we are just going to have keep plugging away." With three 4th year students and eight first-year students the Spartans are indeed young, but quality play must come from the entire line up if the Spartans hope to make the post-season.

"We're going to have to hit from top to bot-

tom, we're going to have to

Softball Schedule

Mt. St. Joseph Sat. April 9

Sat. April 16 Rose-Hulman

Tues. April 26 Huntington

3:30 p.m.

12 p.m.

1 p.m.

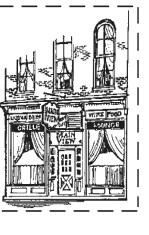
pitch well, and play solid defense in order to win,' Cromer said. The Spartans will be at home to host Mount St. Joseph tomorrow at 12 p.m. and Rose-Hulman on Apr. 16 at 1 p.m.

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Spartan Sports



Brady Finishes Season with Trip to Nationals



MAT ATTACK First-year Cam Brady crouches into a stance as he prepares to take down an opponent during wrestling practice. Brady represented Manchester at the NCAA Division III Wrestling National Championships on March 11.

Photo by Kristen Wilhite

Chaz Bellman Staff Writer

First-year standout Cam Brady completed his first year of collegiate wrestling with a 38-11 record. Known for his quick takedowns, Brady reached NCAA Division III Nationals with an atlarge bid. A physical education major, Brady looks to improve on an already outstanding wrestling career and help his team achieve a conference championship.

The most memo-

rable match of the year for Brady was a win in the Wheaton invitational. Here he faced an opponent from Wabash who had beaten him twice earlier in the year. In that third match Brady won 9-2 and took this momentum with him for the rest of the season as he made a pushed on to the national level and faced the best in the country where he represented Manchester College at the highest level.

However, year's success was not enough for Brady. He fell one win short of becoming an All American in the 149 LBS weight class. His final match against Isiah Britton, a former national champion, of Lycoming College ended in the regional round of nationals and the 4-1 loss left Brady hungry for his sophomore year. "I want to become an All American and will push myself even harder next year," Brady said.

Brady was quick to give credit to his teammates and coaches for their contribution to his success and the amount of work and time they put in. He noted the increased intensity compared to high school in which his college teammates practiced. "There was never any taking it easy," Brady said. Along with his teammates, Brady credited Assistant Coach Patrick Welsh for

his extra time spent helping him pick out his mistakes and pushing him to be the best wrestler he could be. Even with his suc-

cess Brady struggled with a large love and hate aspect of wrestling... cutting weight. "The further in the year you go the more tired you get," Brady said. "You just count down the days until weigh in so you can eat again." He noted that he, along with other team members, would find themselves up to 10 pounds over their weight limit and have to struggle through each week to shed the extra weight.

For his sophomore campaign Brady has already set his goals high in an effort to grab top national honors. He aims to win the tournaments that escaped him this year, and most of all wants to become an All American.

Although the team was not able to accomplish a conference championship another young member of the team had a breakout season. Drilling partner to Brady, sophomore Chandler Pogue carried a winning record for the season and placed at the Eastern Michigan Invite for the 157LBS class.

Along with Pogue

and Brady the wrestling team has set their sights on the top next year and their goal is to win a conference championship. Brady noted that the team looks to cut down on small mistakes and work on the little things that will make them champions.

Brady carries high

hopes for his future outside of wrestling and demonstrates enthusiasm in several fields outside of the mat. After graduation Brady would like to become a physical education teacher and be able to coach a wrestling team of his own, regardless of the level may

it be high school or college.
Alongside his passion to coach Brady carries an interesting summer hobby.
When Brady is not

racing he can be found in

his hometown, Lowell, Ind.,

on the drag strip. "I wrestle

during school, but during

summer I'm on the race track." Brady entered the sport of drag racing after helping a hometown man work on his drag car. In return for his help Brady was introduced to the track and competitive drag racing.

Although Brady and his teammates will have to wait and train over

Although Brady and his teammates will have to wait and train over summer before another season rolls around their goals have been set high. Championship and All American hopes help drive the team in the off season.

Track Team Celebrates Wins, Bremer Places at Nationals

Kelsey Barta Staff Writer

Jessi Bremer didn't initially want to be a runner. She never would have guessed she would eventually make it to nationals for track.

When Bremer was

in sixth grade, volleyball was not offered for her grade at her school. Due to that, along with her sister and some friends joining cross country, she also signed up. The next year, when volleyball became available, she chose to stay with cross country. A broken leg kept her out of running track, but when her eighth grade year started she took a shot at trying hurdles.

As high school rolled around, in cross country she was the eighth person on a team that consisted of nine people. However, that year in track she placed in the top eight in sectionals for one of her hurdle events. "That changed everything," she said and she began training that summer. Her effort earned her MVP for the upcom-

her MVP for the upcoming cross country season. list after Steven's Point," "From then on it Bremer said. "I had waited only increased in intensity so long and tried so hard

every year," Bremer said. Every year after that, in cross country and track, she won the MVP award. After placing 11th at state in the 300 meter hurdles, she came to Manchester College where she won the 400 meter hurdles HCAC (Heartland Collegiate Athletic Conference) title three years in a row and also set the conference record. Despite that accomplishment, Bremer had not made it to nationals, which she

says is her ultimate goal.

Her training picked up a notch after barely falling short of nationals in her final cross country season. Assistant coach Geoff Lambert recommended her switching from the 400 meter hurdles to the 800 meter because of her background in distance running combined with her speed in the 400 meter.

speed in the 400 meter.

It was at a meet at the University of Wisconsin at Steven's Point where Bremer provisionally qualified for nationals. "I was completely excited to find out I made the national list after Steven's Point," Bremer said. "I had waited

that I couldn't believe I finally made it." That day she broke the school record, already held by her, by two seconds. Her 2:15.27 time places her 16th in the country for NCAA Division III.

At nationals,
Bremer placed 13th overall
and feels that the outcome
was a letdown, but she
also learned from it. "The
entire experience made
me all the more ready to
work harder to make sure
I make the outdoors [national] final," Bremer said.
She started off the

She started off the outdoor season with running the 1500 meter at a time of 4:49.69. At the Depauw invite, she added an 800 meter outdoor record to her credentials to go along with her indoor record. She won that race with a time of 2:18.20 on a windy day on Saturday, April 2.

In order to prepare for the meets, Bremer says she keeps a tight schedule that keeps her calm before a competition. "It's all a routine," Bremer said. 'I also have discussions with my coach and make sure I have a plan going into the race. Once

I have a plan, I make sure

to visualize it." This year Bremer will be running the 800 meter, 1500 meter and possibly the 4x400 meter relay. Her hopes are to continue to improve and learn throughout this season.

In other track news, Ben Houston, a junior, won in his first appearance in the 10,000 meter race at the Hanover Invite on March 26. Also at Hanover, first-year Anthony Pekla earned a lifetime best in the pole vault with distance of 10 feet 11 3/4 inches. On the women's side, senior Jen Beakas ran the 5,000 meter run with her outdoor best time at 19:30.26 and sophomore Annaleza Jones ran the 3,000 meter steeplechase with her lifetime best at a time of 13:20.17. Katie Miller also ran her best this season in the 800 meter at 2:31.87.

The Spartans prepare for their Little State Meet which will be held today and tomorrow beginning at 12 noon at Indiana Wesleyan, located in Marion, Indiana.

March Athletic Training Student of the Month



Kyle Whonsetler

Hometown: LaOtto, IN
Future Plans: Become a certified
Athletic trainer next spring
Activities: First-Year Graduate
Student, MCATC