

# MU Halls Welcome Community on Halloween

Ashley McClintic  
Staff Writer

Super heroes, ballerinas, and other frightening creatures roamed the residence halls of Manchester University this past Wednesday night in celebration of Halloween.

The annual All-Hall Trick or Treat allows kids of all ages to wander the hallways to gather candy and participate in free activities in the hall lounges. Many of these activities included pumpkin painting, carnival games, costume contests and cookie decorating. All activities were put on by MU students.

With the weather being less than cooperative, trick-or-treating indoors became quite an appealing substitute for the traditional house-to-house walking. “The kids and I usually come here [MU] to trick-or-treat in the halls in addition to walking around town,” said Michael Martynowicz, an education professor, “but we would just rather come here this year because of the weather.”

Each residence hall showcased something different for the children. Helman, Oakwood and

Schwalm had the typical door-to-door candy give-out with Halloween activities in the lounges; on the

rated all three floors of the building, each with a different kid-friendly theme. On the first floor, kids could

lined the walls along with decorations hanging from the ceiling. The second floor provided a virtual

hallways as their buckets overflowed with candy as every student’s door seemed to be open and

neighbors with their version of a haunted house. Haunted Garver has claimed to be so scary that children under the age of ten need to be accompanied by someone over the age of sixteen. Garver residents go all out every year with “blood,” strobe lights and slamming doors as being the most consistent objects used to scare. Kids as young as five screamed their way through the haunted hallways as well as current MU students, who screamed like five-year-olds.

In order to find out what scares people the most, a group of students collecting data for a psychology service project handed out a survey that asked people to explain their deepest fears. This would determine the top fear that would allow Garver to perform at its best next year. Snakes, spiders, and clowns all tied for the top fear.

“Anything masked,” said Jessie Stafford. “I watched ‘Scream’ at too young of age.”

After another year, All-Hall Trick-or-Treat night was determined a success once again despite the cold and rain.



**TRICK OR TREAT** Two young members of the North Manchester community enjoy the spoils of MU’s annual All-Hall Trick or Treat on Wednesday, Oct. 31. Different activities, ranging from the typical candy gathering and pumpkin painting to a whole haunted house delighted both Manchester students and the children of the town on Halloween night. East Hall, with their kid-friendly theme, and ‘Haunted’ Garver were the favorites of the youth.

*Photo by Vivien Carter*

other hand, Garver and East halls seemed to be the favorites among the children.

East hall decorated all three floors of the building, each with a different kid-friendly theme. On the first floor, kids could walk through the land of Monsters, Inc. Hand-drawn pictures of all the movie’s famous characters, such as Sulley, Mike and Boo

Candy Land while third floor’s theme seemed to be a continuation of this year’s first-year orientation: Dr. Seuss. Kids jammed the

ready.

On the other side of the Halloween spectrum, Garver hall provided students and community

# Chamber Singers, Cantabile Serenade Campus

Brock Ireland  
Staff Writer

If you weren’t at the Chamber Singers and Cantabile Concert on Sunday, Oct. 28, then you missed out on a musical experience worth attending.

But some readers may not know who or even what these two groups are. Chamber Singers is an auditioned group of singers who perform at various locations and give concerts on campus throughout the year. To be able to audition for Chamber Singers, one has to be a member of A Capella Choir first.

A unique fact about Chamber Singers is that they perform most of their songs a capella. This means that they do not have accompaniment. They rely on each other to stay focused and to stay on pitch, in order to give the best quality. This group requires singers to be talented, as well as devoted.

Cantabile is a separately auditioned group of female voices. They perform throughout the year and also have a few concerts on campus. A unique fact about Cantabile is that they are strictly all female. Their sound is unique since they do not have male singers. “I always love hearing choral ensembles, but Cantabile just blows me away,” said Ashley Dobrzykowski. “The fact that they lack

men doesn’t hinder these ladies in the slightest.” Cantabile is a symbol of true girl power for Manchester University.

The concert, located in Wine Recital Hall, opened with Cantabile singing a piece titled “Rise

the program, followed by “Weep No More,” a song with a more somber message. “Tomorrow Shall Be My Dancing Day” was their final piece. The song featured Courtney Haines as soloist.

After Cantabile

lowed by “When Jesus Wept.” Another Latin piece, “Ubi Caritas,” followed in the program. Next in the concert was a piece called “Witness,” then “Halleluyah.” They finished with “At Last.”

A unique experi-

dom Is Coming.” “It was awesome to work with Cantabile and add their lovely voices to the song,” said RaeAnne Schoeffler. Combining choirs provides students with a wondrous opportunity to mingle with other musi-

bles are open to anyone, whether they are a music major or not. Dr. Debra Lynn is proud to say that her ensembles are mainly compromised of non-music majors, although she is always looking for more music majors!

Members of Cantabile include: Courtney Haines, Ashlea Koehl, Caitlin Yoder, Katelyn Carothers, Kortney Jennings, Tia Merritt, Erika Reffitt, Amy Ann Tylenda, Abby Birnell, Ashley Dobrzykowski, Hannah Glenn, Janelle Jacowski, and Louise Magiera. They are under the direction of Dr. Debra Lynn and accompanied by Joanne Case.

Members of Chamber Singers include: Caitlin Kessler, Ashlea Koehl, Claire Miller, Emilie Hunt, Angelina Jung, Darcy Robins, Kelly Iler, Chris Minter, RaeAnne Schoeffler, Miriam Zielinski, Adam Ousley, Jeremy Walters, Kahler Willits, Eric Cupp, Alex Drew, Dylan Hiner, Josh Plank, and Levi Smith. They are under the direction of Dr. Debra Lynn.



**SPARTAN SYMPHONY** Both the Chamber Singers and the Cantabile choirs performed in Wine Recital Hall on Sunday, Oct. 28. The two choirs performed separately, Cantabile opening the concert, each performing a various number of pieces, before coming together for the finale as a single choir to perform the song “Freedom Is Coming.” The performance of the two choirs was positively received by the students who attended.

*Photo by Felicia Nichols*

Up My Love, My Fair One.” Next, they performed “Cantate Domino,” a Latin piece. “For the Beauty of the Earth” was next on

had finished, Chamber Singers filed onto the risers to give their portion of the program. They started with “Exultate Justi,” fol-

lowed by “When Jesus Wept.” Another Latin piece, “Ubi Caritas,” followed in the program. Next in the concert was a piece called “Witness,” then “Halleluyah.” They finished with “At Last.”

A unique experience during this concert was the finale song, for which, Chamber Singers and Cantabile came together to perform “Free-

cally talented people who are in different musical ensembles.

Manchester University’s musical ensem-



# Around Campus



## Writer Tells Personal Journey of Faith at VIA

Anber Leavell  
Staff Writer

Christian suspense author Michael Dellosso impressed upon the crowd at the VIA convocation Oct. 29 the importance of remembering faith in times of need. Dellosso told of his journey through life and how his faith helped him shape not only who he is, but how he dealt with hardship.

Living in Hanover, PA, with his wife and daughters, Dellosso had a career in physical therapy and began writing after college as an outlet for a speech impediment. Dealing with a stutter for his entire life, Dellosso found that he could speak clearly when writing, something he had always struggled with.

“Growing up and in school, I hated English classes,” Dellosso joked during the convocation. “If you would have told me then that I’d be writing novels now, I would have laughed at you.”

After writing as a side project while he tended to his career and family, one of his works was picked up for publication.

As the publication date drew nearer and was only one month away, Dellosso began experiencing minor health issues that escalated until, under the advisement of his wife, he

contacted a doctor. After several tests and procedures, the news was grim. At 35 years old, Dellosso

he wanted to share with the public. He spoke of the lessons he learned through his journey with cancer,

and the treatment he underwent.

The “A Writer’s Journey” convocation was

“We hope that faith is running through the essence of campus all through the year, but a this

their own lives,” said Pastor Walt Wiltschek about the purpose of Focus on Faith week and what it meant for the university.

Focusing on the mission statement of the university, Wiltschek and the students who organized the events wanted to draw on the aspect of faith as a core value. “We spend a lot of time at a higher education institution focusing on academic, physical, and even emotional development, but spiritual development is also an important quadrant,” said Wiltschek, emphasizing the importance of balance in life. “This is to help students look at ways to develop that part of themselves further during a very important time in their lives.”

Put on each Fall, it is the counterpart to Peace Week that occurs each Spring. The campus interfaith board is a student organization, but the group worked in conjunction with Religious Life and Campus Ministry offices to plan the events for the week.

Campus ministry assistant Todd Eastis was impressed by the message Dellosso brought to Focus on Faith week this year, “Mike’s message was one that spoke to all faiths about how we can be a part of the world and enhance our own spirituality,” he said.



**A DIFFICULT PATH** As a part of Focus on Faith week, author Michael Dellosso spoke at a VIA on Oct. 29 about his own journey through life and cancer and how his faith allowed him to overcome this hardship and become the person he is today.

Photo by Emily Witvoet

## Black Student Union’s ‘Expressions’ Display Student Skill, Emotion

Jacob Ray  
Staff Writer

Many students displayed passionate talents at the Black Student Union’s bi-annual Expressions event on Oct. 30. Done in an open-mike fashion with no set schedule, Expressions is a night full of emotions, both happy and sad. It showcases students’ personal expressions of who they are and what they are all about, often through song or poetry. “It’s not about race, it’s about you,” said BSU President Joseph Myers. “People walk away relaxed and more open with who they are.” BSU will have Expressions again in the spring.

To kick off the night, Myers took to the mike with a Bound poem, a page of jumbled words randomly generated. The author then blacks out certain sections of the page to find the poem within. Following Myers were Lexi Salcedo (another BSU board member) and Jasmine Espino-Muniz with poems they had written.

Both Salcedo and Espino-Muniz returned to the mike later in the night with more personal poems. Salcedo delivered a humorous spoken-word poem that she quickly penned a few minutes earlier about her sexuality and forcing herself into a heterosexual relationship, only to learn the boy was also gay and trying to force himself into

the relationship. They now remain best friends. Espino-Muniz’s next two poems relayed her experience with her grandmother’s death, both before and after she died, in eloquent lamentation.

One of the highlights of the night, however, was Kenny “G” Green’s poem, though, he commented on it as “more like a rant about my life thus far.” The poem was simply stunning. Green touched upon his sister, parents and his past in his rant. Told in such a bare honest way, not one person spoke or whispered. When finished, Green explained he wasn’t done with the poem. Perhaps the second part will appear at the spring Expressions.

While it was hard to imagine following Green’s reading, Kevin Reeves took to the mike with a poem entitled, “I want to know what it is like,” written by filmmaker Ryan James Yezack. The poem focuses on yearning for equality in love and life for homosexuals, and Reeves’ focused and strong voice advocated the anger, need and frustration of the poem’s words. Later in the night, Reeves took to the mike again with a karaoke cover of Johnny Cash’s “Get Rhythm.”

Early on, Brittany Ross came up to the mike with a plastic cup in her hand. A friend held the microphone up to her mouth,

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# Around Campus



## MSO Focuses on Storytelling at Family Concert

David Lloyd  
Staff Writer

In front of a packed Cordier Auditorium Sunday afternoon, Manchester University welcomed back the Manchester Symphony Orchestra for their 3rd Annual Family Concert. The audience, consisting of Manchester students, faculty, staff and numerous members of the community, was treated to refreshments, a VIA credit and an enlightening afternoon of verbal and musical storytelling.

The concert began with a bang, with “Suite,” taken from “The Mask of Zorro,” written by James Horner, who was responsible for other such notable film scores as “Titanic” as well as the more recent “Avatar.” Introduced and conducted by a mysterious caped and masked man (oddly resembling Manchester professor and Manchester Symphony Orchestra conductor Scott Humphries), the orchestra put on an energetic rendition of the musical piece, opening the concert on a strong and entertaining note (no pun intended).

Following a quick and sneaky exit by the crusader conductor, Humphries took the stage, apologizing for his tardiness amidst laughter from the crowd. The next piece was the classic story of “Jack and the Beanstalk,” which included Manchester professor Dr. Debra Lynn as a narrator, adding yet another dimension to the performance. This lively movement helped bring younger students as well as older community members back to their childhood with musical as well as verbal reminders of the timeless tale.



**FIDDLER ON THE ROOF** Senior Tyler Krempasky poses for a photograph prior to the start of the Manchester Symphony Orchestra Family Concert on Sunday, Nov. 4. The MSO played various songs throughout the show that focused on storytelling, such as “Jack and the Beanstalk.”

Photo by Rick Espeset

To end the first half of the concert, Manchester Symphony Orchestra played “Marche Slav, Op. 31” by Tchaikovsky. Easily the oldest selection of the concert, it was a strong and fitting piece to move into the intermission.

Lastly was Symphony No. 1 from “The Lord of the Rings,” the Tolkien classic. Consisting of five movements, it was an extremely accessible piece to audience members who watched any of the movies or read any of the books. Narrated by Manchester University alumnus and Vice President for Financial Affairs Jack Gochenaur, the audience was transported from Cordier Auditorium to the magical realm of Middle-Earth. With movements titled “Gandalf,” “Lothlorien,” “Gollum,” “Journey in the Dark,” and “Hobbits,” the orchestra, helped along by Gochenaur’s strong voice, was able give the audience the feelings of exploring those classic scenes and characters from “The Lord of the Rings.”

The Manchester Symphony Orchestra, in its 74th season, which consists of 58 members listed in the program, is led by Manchester music professor Scott Humphries. In addition to numerous community members, the Orchestra contains 19 Manchester University students, including senior elementary education major Rachel Nowak, student president of the Manchester Symphony Orchestra. Nowak, who has been president since the 72nd season, plays the violin in the orchestra.

The Manchester Symphony Orchestra seemed to be very well received by students as more than a VIA credit. Rather than looking around to see students’ heads buried in books or asleep, they seemed attentive to the musical storytelling. Senior Alex Drew, a music major who was in attendance for class purposes, enjoyed the performance, naming Tchaikovsky’s “Marche Slav, Op. 31” as his favorite movement of the afternoon.

Darci Robins, a sociology major, named “Jack and the Beanstalk” as her favorite piece, noting that she has seen and enjoyed the Manchester Symphony Orchestra on more than one occasion. Manchester Symphony Orchestra will be performing next on Dec. 9 with Grammy-winning baritone Daniel Belcher singing alongside.

## Faculty Begin ‘Culturally Relevant Film’ Series

Mike Dixon  
Staff Writer

Remember Stanley Kubrick’s “2001: A Space Odyssey”, the film George Lucas called “the ultimate science fiction movie” in 1977? How about “The Godfather”, which is considered to be the the big daddy of all mob movies for all time? Has anyone been yearning to see a sci-fi thriller like “Inception” or “The Matrix”? Now you can watch it with the Culturally Relevant Film Series.

The Culturally Relevant Film Series is a new feature at Manchester University where professors and students get together to watch legendary film titles every Thursday. Its goal is to “educate” students on movies that professors agree are really good even if they aren’t worth scholarly mention. Their target movies are smash hits like “Indiana Jones: Raiders of the Lost Ark”. They might be corny at times and they might not be brimming with artistic value, but they’re basically fun to watch.

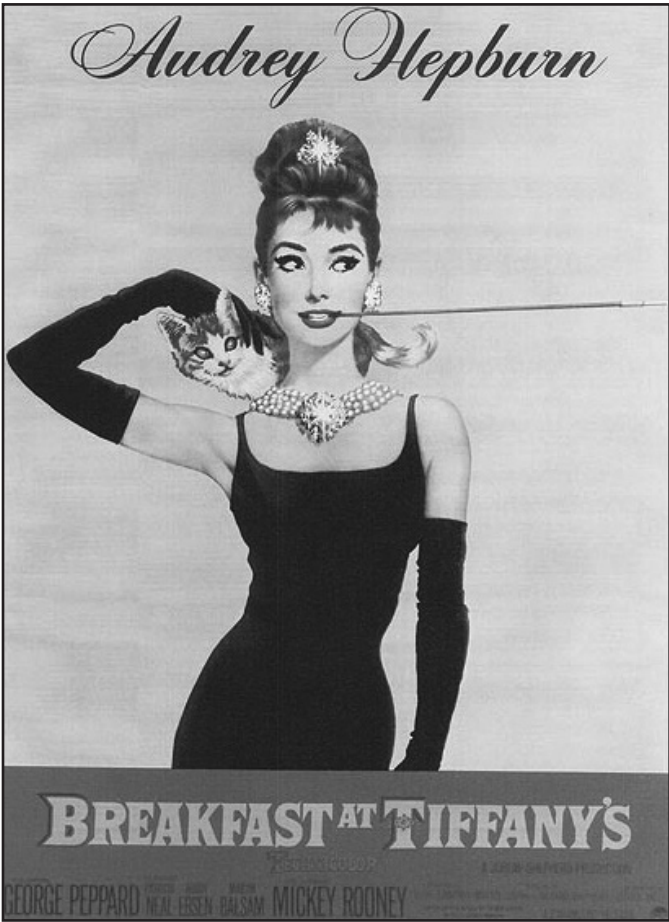
According to Michael Slavkin, an education professor and first-year-seminar instructor, the Film Series started as just an idea he and other FYS instructors had for entertaining their students. “Wouldn’t it be cool,” he remembers saying to another instructor, “if we sat down with our students—and for no other reason than sheer amusement and enjoyment—watched a movie?”

The idea evolved when Slavkin and his fellow professors found out how few students had seen the adults’ favorite films. They realized the movies they loved when they were young were all but lost on modern, young audiences. In order to reflect the cultural aspect of film in their generation, many classics were added to the film series that reached far back into the black-and-white days. However, the roster isn’t all monochromatic drama.

The series offers a lot of variety, leaping from 1942’s “Casablanca” starring Humphrey Bogart to 2002’s “Catch Me If You Can” with Leonardo DiCaprio and Tom Hanks. It covers the genres of romantic comedy, action, science fiction, and more. So if one movie doesn’t appeal to a student, the next one could be completely different.

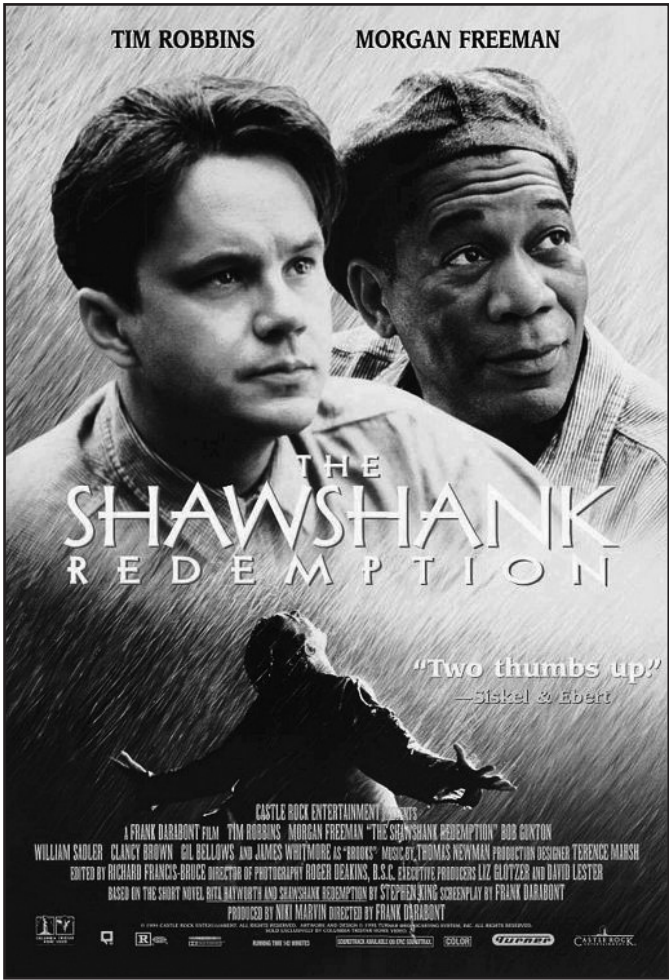
The Film Series shows a new video each Thursday at 7:30 pm in room 101 at the Academic Center. This Thursday, the movie will be “Breakfast at Tiffany’s” starring Audrey Hepburn. Next week, it will be the colorful comedy “Pleasantville” followed by Stephen King’s “Shawshank Redemption” the week after. Its organizers have drawn up a list of movies for the next semester if the Film Series gets noticed.

Students and professors are allowed to bring their own soft drinks and confections to



Photos courtesy of <http://www.movieposter.com/posters/archive/main/61/MPW-30758> and [http://www.pariscine.com/sites/default/files/posters/shawshank\\_redemption.jpg](http://www.pariscine.com/sites/default/files/posters/shawshank_redemption.jpg)

the viewings. As always, courtesy is nice to have and cell phone should be turned off before the film begins. Most importantly, students are expected to have fun and enjoy their culturally relevant film.



### Film Schedule for Spring 2013

Close Encounters of the Third Kind.....	Feb. 7
When Harry Met Sally.....	Feb. 14
Frozen River.....	Feb. 21
The Matrix.....	Feb. 28
Thelma and Louise.....	Mar. 7
Meet Joe Black.....	Mar. 21
2011: A Space Odyssey.....	Mar. 28
Departures.....	Apr. 4
The Godfather.....	Apr. 11
Pulp Fiction.....	Apr. 18
Catch Me If You Can.....	Apr. 25
Inception.....	May 2
Casablanca.....	May 9

**Movies will be held each Thursday at 7:30 p.m. in room 101 in the Academic Center**



# Around Campus



## ECR Educates Youth in Conflict Resolution

Lauran Gady  
Staff Writer

At Manchester’s Koinonia nature center, local fourth graders gain skills about conflict resolution from Manchester University students.

Beverly Eikenberry, the program director for Education for Conflict Resolution (ECR), will celebrate a 25-year collaboration with MU this spring. A warm-hearted and maternal individual trained in mediation, she reflects on how her mothering and counseling skills went hand in hand when raising her three boys. “I wanted to help them learn ways to talk things out instead of battle them out,” she said. “So, instead of telling them what to do I developed a system where if they had a problem they had to talk it out. Before they could leave, all parties had to be satisfied which also eliminated problems like an older child having power over a younger child.”

She uses these tactics at Koinonia to educate local fourth graders in the art of treating people in a way that makes for greater community and harmonious living. “I was always interested in seeing things from other people’s point of view,” said Eikenberry with a serious and concerned expression.

The extremely interactive program which lasts from 9 a.m. to 2 p.m., seeks to teach approximately 20 fourth graders, that in a conflict they should make sure they are certain of what someone else has said instead of assuming it has been an attack, creating greater conflict.

“Sometimes when we speak with one another we completely bypass each other and get angry because we aren’t completely hearing or understanding each other and the anger becomes the greater focus just deteriorating the situation from there,” Eikenberry said. Kids are taught to use language that speaks out of their own experience and is non-accusatory instead of an assumptive vernacular such as saying “I feel this” instead of the more incendiary “YOU did this.” The program shows kids techniques and skills helpful to reducing conflicts in the classroom which takes the focus off resolving

problems and getting on with classroom agendas.

At Koinonia the students immediately engage in work facilitated by MU students and other mediators on issues regarding respect, community and leadership. In small groups of less than six the kids are given the individual attention to bring any one out of their shell and be given the empowerment needed to build the learning necessary to carry out leadership qualities in a respectful way.

Each group is given a role model and encouraged to learn about their lives and how to apply a quote helpful in their life endeavors. One role model, Mahatma Ghandi, was paramount to the concept of leading by example in the quote “Be the change,” which is a way for the kids to see core values in themselves through the eyes of a leader.

Children are given certain games to help them in a conflict such as a parody on the common childhood game duck-duck-goose changed into peace-peace-foul. In the game, when a child is fouled, such as cursed at or accused, the child accused is supposed to identify the problem in the conflict and therefore focus on the issue instead of attacking the other person involved. This process leads to cooperation. “They need the dialogue so that when they are a victim they know how to stand up and take control in a situation,” Eikenberry

said. When parents say to a child if somebody hits you, you hit them back, what they are really saying is I want you to be strong which is what we teach.”

Lizz Schallert, a passionate and articulate facilitator for peace and learning connection, expresses how the fourth graders use the different mechanisms they now have to handle conflict, interpersonal relationships, and interaction with peers.

“Kids deal with a lot of miniscule issues throughout the day, but without proper thought, it can easily escalate to something disruptive in the class,” she said. “They realize these mechanisms to deal with problems are in the form of games but that they can actually use them.”

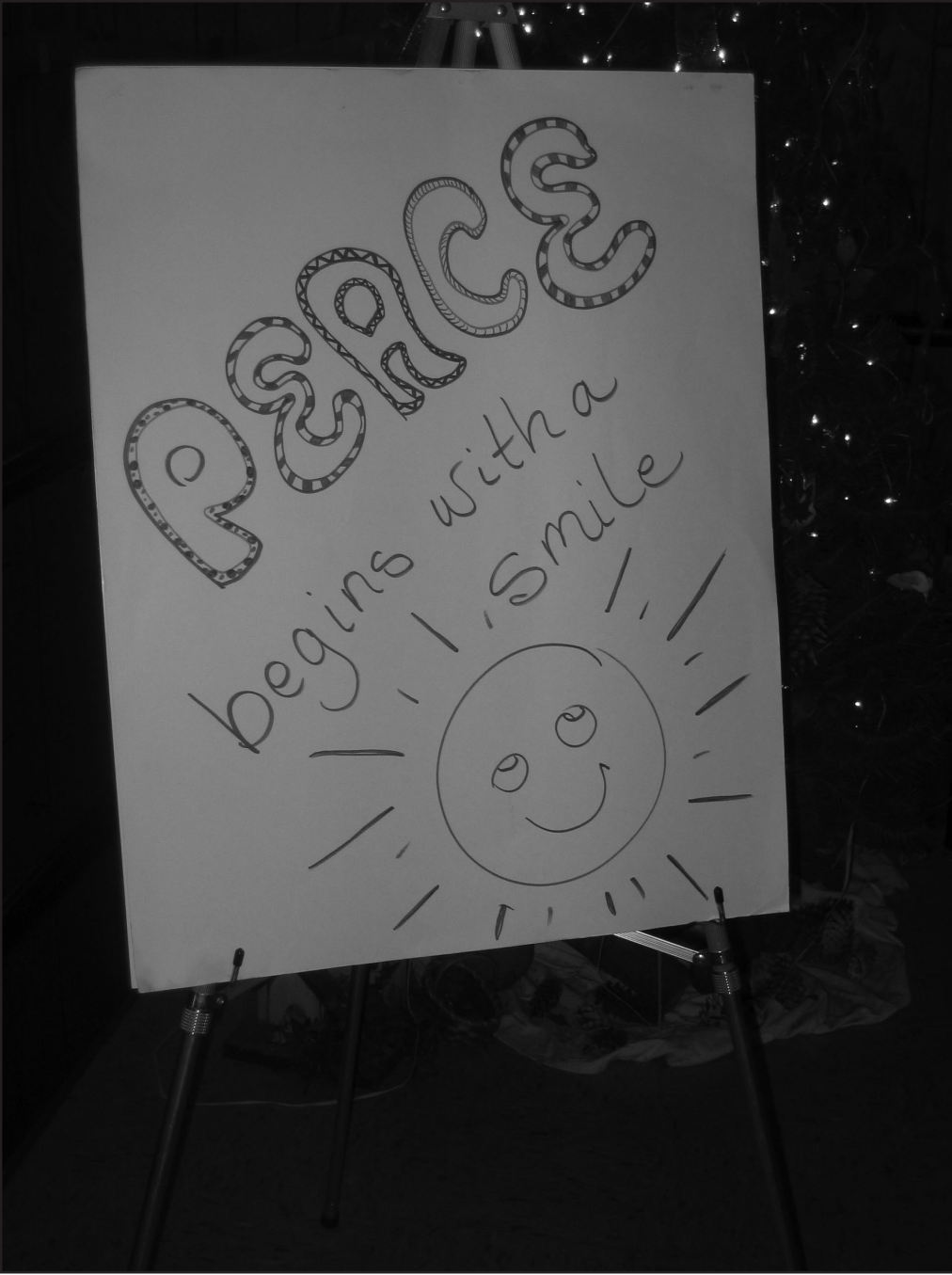
Zabrian Mills, a contemplative Psychology major at Manchester University, speaks about his interaction with the fourth graders at Koinonia. “I had one student who started out very outspoken, so much so that she was bullied for it,” he said. “She didn’t understand the connection between not giving others the opportunity to speak and her issues with being a victim of torment. After her training, she wants to now start giving others a chance. The program teaches kids how to be a leader but that it is also okay to be a follower.”

Wes Heath, a quiet and fun-mannered sociology-psychology double major, delivers his thought about what the program

can do for local students. “Instead of focusing on what not to do kids learn about what they can do,” he said. Each mediator

tells about how children must support the point they stand for other than a physical point and these workshops, games, and

overall program gave local students the tools necessary to accomplish this.



**LET’S TALK IT OUT!** The Education for Conflict Resolution (ECR) program, directed by Beverly Eikenberry, allows Manchester students to work with local fourth graders on using peaceful ways to resolve conflicts. The interactive program, which lasts from 9 a.m. to 2 p.m. and seeks to teach approximately 20 fourth graders, shows students techniques and skills that are helpful to reduce conflicts in the classroom.

*Photos by Beverly Eikenberry*



## Workshop Helps Students Embrace Diversity

Hannah Schutter  
Staff Writer

Although a Sunday spent in a five-hour long workshop might not sound like the ideal way to end the weekend, the Celebrating Diversity Workshop was deemed a success by facilitators and participants alike.

Held on Nov. 4 in the Speicher Room, the workshop was led by 2001 Manchester College graduate and current neuropsychologist, Tasha Williams, and Director of Teacher Education Dr. Michael Slavkin. It aimed to address diversity issues and how to deal with them

effectively. Reasons for attending the workshop varied among the participants and included fulfilling major requirements to being allowed to study abroad. No matter the reason, the workshop was definitely a great learning experience. Slavkin said that “diversity can bring up scary stuff” and the workshop would help members appreciate their backgrounds better.

Kicking off the workshop, students walked around asking others questions like “Do you have relatives that live in other countries?” to “Do you speak another language?” This opened up the floor for discussion

about diversity and let fellow participants get to know each other better.

Education major Erika Kahlenbeck said that her favorite part of the workshop was the opportunity to get to know more about the people participating and to get different perspectives and insights. “If it weren’t for the workshop, I probably would not have met some of the people that I got the chance to meet or hear personal views from people that I did not know before,” she said. “I really liked that we were able to share so much in a relatively short amount of time and feel comfortable doing it.”

Although she heard that this workshop tended to “drag on,” Kahlenbeck, who attended it to fulfill an education department requirement, was excited about all of the participation within the group.

“There is a lot of discussion we can have around diversity,” said Williams, the co-leader.

Tisha Grimme, a psychology major who attended the workshop so she can study abroad, liked the discussion component, especially the segment during which the group circled up and spoke about personal experiences with issues like racism and family identity groups.

In addition to the discussions, mock situations occurred in which participants learned to “care”front instead of confront negative diversity-comments and members learned how to identify themselves. According to one of the hand outs, the goal of a Celebrating Diversity Workshop is “to provide a positive environment for participants so that issues... can be discussed and concrete skills and resources can be developed to assist in eliminating these issues.”

Diversity work shoppers, such as Grimme, felt as if they gained skills that will be

helpful in a plethora of different situations from studying abroad to working with people of different cultures. “The most important thing I learned was about how to diffuse discriminatory comments or jokes in a very neutral manner so people wouldn’t be defensive, but would think about what they were actually saying/implying,” Grimme said.



# Around Campus



## MU Experiences Faculty, Staff ‘Baby Boom’

Kaitie Kemper  
Staff Writer

The potential for future generations is not only acknowledged in Manchester University’s undergraduate and graduate students, but also in the infants of university faculty and staff. Over the past year, the MU community has been fortunate enough to witness the arrival of five bundles of joy: Fern Spicer Diesburg, Samuel Macias, Natalie Reed, Lydia Short and Jaxson Thomas Wertz.

These babies add another layer of diversity to the Manchester University melting pot; an area in which the university takes great pride. Although these infants have been born into a community of various ages, ethnicities and religious backgrounds, the proud parents showcase similar sentiments when they talk about their children with high esteem and enthusiastic grins on their faces.

Jeff Diesburg, beaming father and assistant professor of art, and his wife Foy Spicer welcomed their daughter, Fern Spicer Diesburg, into the world on Jun. 3, 2012. Although her access to television and other similar technological stimuli is limited, she does have the luxury of books. “We usually read three or four books every night,” Diesburg said. “She is sometimes interested in the turning of the pages, the motion, and sometimes she looks at the pictures.” Fern already has her own Tumblr internet webpage that displays her pictures and videos so that friends and family may watch her grow.

Jena Oke, associ-

ate professor of art, and her partner John Macias are the proud parents of two boys; three year-old Noah and ten month-old Samuel, who was born on Dec. 29, 2011. Sam, who is described as happy, smiley and easy-going, loves “kitty kitties,” playing peek-a-boo, and toy cars. “As soon as he could sit up, he was holding the cars and driving them,” said Oke with a smile. “Now, he crawls and drives them all over.” Sam also shows an interest in pop culture and music by watching “The Wiggles”, “Dora and Diego”, playing his Playskool xylophone, and dancing to beats that his mother whistles. He is becoming more vocal; babbling in tones that are similar to the person talking to him, and can say “mama” and “dada.”

Natalie Reed, who was born on Jun. 18, 2012, is the daughter of two Manchester University employees: assistant director of academic support and Writing Center coordinator, Laura Turner-Reed, and her husband Tim Reed, assistant professor of music. Both parents agree that they enjoy everything about Natalie. When she is not dressed as her Halloween alter ego—a red chili pepper—or hanging out with Marjan Boogert, Stacy Erickson, Rachel Polando or Kristen Short, she is often found being entertained by soul music, football, and books including “Goodnight Moon” and “Pat the Bunny.” “She likes to be read to,” Laura said. “A lot of our friends have given her books.” Along with these interests, Natalie is reported to be a happy baby. “She plays a lot,” said Tim affectionately. “She is just starting to

roll over and has some favorite little stuffed animals, but anything she can get in her hands is her favorite thing.”

Kristen Short, assistant professor of biology, and her husband Kyle greeted their second child, Lydia, on Aug. 10, 2012. Lydia enjoys her activity mat, complete with a monkey on the mobile above it. She is just starting to look around at things, and finds it comforting when she is held on her stomach instead of her back. Kristen likes to see how having two children is changing her family’s dynamics. “Having two kids is more challenging than having one,” she said. However, her enthusiasm when talking about her family and Lydia is clear. “I enjoy just watching her, and watching her grow,” Short said.

Jaxson Thomas Wertz, who was born on Jun. 4, 2012, is the son and first child of Lindsey Wertz, benefits administrator at Manchester University, and her husband Robert Wertz II. Wertz says that Jaxson’s laugh is the best noise in the world, and that he is always smiling. “He is very active; kicks a lot, rolls from stomach to back, and just likes to move,” she said. This incredibly active child even enjoys being woken up. “When I wake him up in the morning, he smiles at me,” she said lovingly. “He’s just adorable; growing up way too fast.” Jaxson is proclaimed to be a “cuddle bug,” loves being read to, and likes to watch football on television.

These new members of the Manchester University community add a whole new dynamic to the family atmosphere around



**PROUD PARENTS** Professors Kristen Short and Tim Reed alongside HR employee Lindsey Wertz are three of the many new parents working or teaching on MU’s campus. A ‘baby boom’ of sorts appears to have occurred as five new “bundles of joy” join the University’s community.

*Photo by Kellen Wilkening*

campus and the town in general. Students, faculty, staff, and North Manchester residents seem to embrace these infants, and support their parents by offering babysitting and day-

care services. Along with this, the parents network with each other in order to promote the well being of their children, and it is safe to say that they all share the same wish: “I want

them to be happy, healthy, and want them to be good people,” Oke said.

## MU Student Health Discussed in ‘Toilet Talk’

Charlaine Grosse  
Staff Writer

Are you always complaining about lacking time to cultivate yourself? Thanks to Toilet Talk you can improve your mind while going to the restrooms.

Indeed each month and for several years, Manchester University’s public and community bathrooms walls are invaded by copies of Toilet Talk, a monthly newsletter that contains helpful information and wellness tips brought to you by Health and Counseling Services.

It also provides invaluable entertainment to the inhabitants within. The goal of the Toilet Talk is to get out information about health and to teach the reader as well as making him or her aware of what is going on in the world of health.

Elisia Ray, junior in biology chemistry, student health assistant and peer health educator is the mysterious author of Toilet Talk for this year and the first issue that she wrote was the September one.

Ray thinks the topics by her own but also get information from some newsletters as the Center for Disease Control or the American National Society. She tries to find college-

related subjects and keep students updated. For example November’s Toilet Talk is about the Breast

“I can write pretty much about whatever I want,” She said. “However, I try to write about topics that

tiatives to encourage people to be healthy, as the fitness class for faculty and for students,” said Banks,

The Health and Counseling Services have lots of solutions to make you feel better, as providing you

said. “We had a flu immunization campaign which was a success, where we gave around 125 immunizations. However we still have few immunizations at the Health and Counseling Office.”

Are other illnesses abounding? “At this time we can say that we will have lots of mononucleosis, because during this period students are getting fatigue and stress,” Banks said. “This is why Health Services is proposing to students a couple of destresser activities.”

November’s issue of Toilet Talk will be about The Great American Smoke Out, related to smoke free at Manchester University as well as an explanation of the eating disorders phenomenon.

Ray never had negative feedbacks on the subjects she wrote about, but she is looking for more reactions. She is willing to know your opinion about the Toilet Talk, thus if you have any questions, comments or suggestions, please do not hesitate to contact her by email, HealthServices@manchester.edu



**TALK HEALTHY TO ME** Junior student health assistant and peer health educator, Elisia Ray, has become Manchester University’s new writer of “Toilet Talks,” the monthly health and wellness newsletter that can be found in the bathrooms. Ray has no real guidelines as to what she must write about, though she is constantly searching out new and relevant subjects to bring to her fellow students.

*Photo by Alexah Parnin*

Cancer Awareness Month and the To Drink or Not To Drink dilemma.

Although it is not that easy, Ray tries to arouse your curiosity

have not been discussed in previous issues.

Keeping students healthy is Heather Bank’s job. “At Manchester University, we have lots of ini-

director of Health Services. “We also started a running club called “Spartans Steps,” not to mention the tobacco-free campus.”

Moreover when you are ill,

medication for example. If you need more help, they have a good relation with the Manchester Clinic.

“We have not had a flu case yet.” Banks



# Around Campus



## Opinion: Coffee is Best Friend in the Morning

Kari Cottingim  
Staff Writer

Mornings and I don't get along well. After a battle with my alarm clock, I slowly get up and get on with my morning. Just because I am awake does not that mean I'm ready to concentrate through a day of classes, so I turn to my favorite morning beverage, coffee. Lucky for me, coffee is readily available at the Union, The Oaks, and the Sisters Café when I want it. I think coffee is the best energy drink there is because it is a natural energizer, and it has many health benefits too. Oh, and it's tasty.

I prefer coffee because it is a natural way to get an energy boost, and as many know, the main energy source in coffee is caffeine. For a certain period of time, caffeine increases alertness,

concentration and focus. These are very helpful for me when attending lectures and attempting to take notes after staying up late the night before.

Why choose coffee over other energy increasing beverages? Coffee offers the biggest caffeine kick when compared to other common caffeinated drinks. Out of a 190ml serving, ground coffee can have up to 254 mg of caffeine per portion, but has an average of 100mg per portion. Compare this with the same serving of tea, which has an average of 50mg/portion. Also, a 330ml serving of cola, which is almost two times the serving size as coffee, only has an average of 40mg/portion. A 250ml energy drink averages at about 80mg per/portion. While coffee is not the only energy elevating drink, it is the healthiest of these options, aside from tea.

Soda and energy drinks are full of calories

When you start out with plain, black coffee, you are beginning with a grand total of zero sugars and calories. Since only you can

control how much of what goes into your cup, be sure to regulate how much of what you add to your servings.

Black coffee can be bitter, and I, personally, do not think it is pleasant like this. It is so tempting, though, to load it with calorie-rich creamer and a surplus of sugar packets to the liking of my sweet tooth. I have recently replaced sugar by adding a teaspoon or packet of honey to my coffee as a sweetening alternative. I recommend this substitute because it's just as sweet as sugar, and has antioxidants that protects heart health and lowers bad cholesterol.

Every once in a while, I like to treat myself with a less healthy coffee treat. My weakness is Starbucks caramel macchiato. With the holidays approaching, many extra

flavorings will soon be available such as peppermint, which I recommend. It may not be as healthy, and it is much more calorie dense, but Starbucks coffee with all of its extras is my favorite.

I choose coffee as my morning cup of paradise because of its delicious taste, healthy potential and caffeine benefits. The next time you are exhausted at breakfast, will you still choose soda, or coffee, the healthier energy drink?



Photo courtesy of [http://superantioxidantcoffee.com/wp-content/uploads/2011/07/coffee\\_morning1.jpg](http://superantioxidantcoffee.com/wp-content/uploads/2011/07/coffee_morning1.jpg)

## iDance Party Prepares for Ft. Wayne Ballet

Joseph Myers  
Entertainment Writer

You've seen the name 'iDance Party' on t-shirts, in emails and you may have even seen their performance at the International Fair last spring. This month you will be seeing the name on fliers around campus as iDance Party prepares to bring the Ft. Wayne Ballet Company to perform for the Manchester community on Nov. 15.

iDance Party is a campus organization that strives to teach the Manchester community the importance of expressing themselves through dance and even more so how to free yourself through dance. "Our goal is to allow each dancer to experience the elements of dance: confidence, coordination, creativity, grace, musicality, rhythm, self-

esteem, technique, and an appreciation for music and dance," said the club's president, Jeremiah Sanders.

Last years' Tappindiana performance was the first VIA put on by iDance Party and from looking around Cordier it was evident that not only was the place packed because it was VIA credit, but also that people were also enjoying themselves greatly.

VIA's involving dance to not occur frequently, and based on what students and faculty alike were saying at the conclusion of the show they thought it was refreshing to see a VIA of that nature. iDance Party hopes that this performance of the Ft. Wayne Ballet Company will "yield similar results."

Sanders was almost overwhelmed with excitement to bring this company to our community. "As president of iDance Party,

chester and share," he said with a smile. "I enjoy exposing dance through

ing scenes from The Nutcracker and some other

art form of ballet and the different ways that ballet can be expressed.

This VIA will be held in Cordier at 7:30 p.m. on Nov. 15. "Having events that are performance based requires a great deal of hard work; therefore, it is very rewarding for everyone," Sanders said.



Photo courtesy of [http://dasfort.com/wp-content/uploads/2012/11/DSC\\_0516.jpg](http://dasfort.com/wp-content/uploads/2012/11/DSC_0516.jpg)

## Opinion: The Truth About 'Ugly' Sweaters

Devin Clark  
Staff Writer

The truth about ugly sweaters is that there is not a truly ugly sweater.

Ugly sweaters have been around for decades and have become, in some families, a tradition. The ugly sweater is known for its outrageous design and colors, as well as the way it fits. The sleeves are barely long enough, the part where the shoulder and underarm connect are extremely awkward, the neck line is sometimes a borderline turtle neck, and of course one cannot forget the childish images knitted into the fabric. Images could be a bicycle or Rudolph the Red Nosed Reindeer; it does not matter as long as the design is not in any way attractive. However, ugly sweaters are never ugly. These specific types of sweaters are actually cute.

For instance, I myself own quite a few of these so-called ugly sweaters and have never come across a single person who has actually said the sweater was ugly. It

might have been because the person was too baffled to even form words to describe the bicycle knitted

the time to reveal the hidden sweaters that people are terrified to wear. Students should embrace the knitted sweater that one

comfortable, cute and simple outfits for college students to wear.

Of course, if a student is to wear this type of

plain covered toe shoes set the sweater off. The sweaters provide a very comfortable wear without being too tight. Plus the

makes me feel comfortable, warm, and relaxed. I do not feel suffocated in it, like most of my other tight sweaters. Plus, I usually always get quite a few compliments from people who admire the sweater choice and ask me to tell them where to find these "ugly" sweaters.

Most students do not realize how popular these types of sweaters are. Every magazine I have gazed through always has some sort of ugly sweater worn by the model. Although, the sweaters in the magazine are high-class expensive ugly sweaters, I prefer to go to thrift stores to find the best of the best ugly sweaters.

So with the wintery months sneaking up on us, do not be afraid to pull out the Rudolph sweater and wear it with confidence.



Photos courtesy of [http://s.eccrater.com/stores/130315/4bb69592617bc\\_130315b.jpg](http://s.eccrater.com/stores/130315/4bb69592617bc_130315b.jpg) and [http://3.bp.blogspot.com/\\_YMOXQUoxk08/TNhbCMf4AKI/AAAAAAAAADJm/gv9CIM6Olr/s1600/sweater11.jpg](http://3.bp.blogspot.com/_YMOXQUoxk08/TNhbCMf4AKI/AAAAAAAAADJm/gv9CIM6Olr/s1600/sweater11.jpg)



into the magnificent sweater. Most people who see me in my famous sweater, usually fall in love with it because who does not like a sweater with a bicycle on it?

With the wintery months lingering, it comes

received from his or her grandparent. The sweaters are making a fashion statement again in this world. It is sometimes hard to imagine why a person would put on the "horrid" sweater, but these sweaters are by far the most

sweater, it cannot just be worn. It has to be owned.

Wearing the sweater with confidence is the key to making the sweater fashionable. For girls, wearing a sweater with leggings and a pair of fuzzy boots or a pair of

designs on the sweaters are much more noticeable with a pair of black leggings since the black makes the colors brighter.

Wearing my sweaters and leggings are my favorite choice of clothing. The sweater



# Spartan Sports



## Switzer Reflects on His Former Umpire Days

Kyle Lahman  
Staff Writer

He’s umpired baseball games featuring MLB All-Stars like Derek Jeter and A.J. Pierzynski. He’s umpired slow-pitch softball games featuring “athletes.” And later this month, he will be inducted into the North-east Indiana Baseball Hall of Fame. He’s Dave Switzer, distinguished umpire and Professor of Communication Studies at Manchester University.

Dave Switzer is “absolutely unapologetic” about his love of baseball. “I went nuts for baseball from the moment my father taught me the game,” he said. Even though his high school in Fort Wayne did not have a baseball team, Switzer enjoyed being around the baseball diamond. The year after he graduated from high school, he decided to take up umpiring.

On his first day umpiring in 1966, it looked like his career would be short-lived. When he was umpiring a slow-pitch softball game, one of the runners ran the wrong way. “When the guy ran from second base to first base, I’m thinking to myself, ‘I don’t know if this umpiring-thing is going to work out,’” he said with a grin.

But work out it did. After honing his skills on the little league diamond, Switzer quickly worked his way through the umpiring ranks. During his career, he worked everything from



**TAKE YOUR BASE!** Dr. Dave Switzer is not only a seasoned professor, but he has also garnered several impressive accomplishments as a former amateur umpire. Switzer was named the American Amateur Baseball Congress (AABC) National Umpire of the Year in 1992. Also, Switzer received the IHSAA Award for Outstanding Service to High School Baseball and Officiating in 2008.

*Photo by Kellen Wilkening*

the Connie Mack World Series (ages 16–18) to college baseball to Single-A pro baseball. His career highlights include umpiring MLB exhibitions, Indiana high school state finals and an international baseball series featuring the United States and Japan.

Two achievements that Switzer is especially proud of are being named the 1992 American Amateur Baseball Congress

(AABC) National Umpire of the Year and receiving the 2008 IHSAA Award for Outstanding Service to High School Baseball and Officiating. He also authored both the IHSAA umpiring manual and the AABC umpiring manual, and helped put on a variety of umpiring clinics.

As an umpire, Switzer prided himself on respecting the game and the players. This led to

few player and managerial ejections. “During my whole umpiring career, I have ejected less than 20 people,” he said. “I will only eject people for three reasons: direct profanity, hostile touching, or disruption of the flow of play.”

Switzer then proceeded to shed some light on why he has ejected so few people. “Why would I want to eject somebody?” he said with a chuckle.

“Let’s say it’s really hot out and someone talks negatively about my eyesight or my ancestry. Why would I want to dump them, and let them go sit in the cool dug-out? I want to keep them out there sweating next to me.”

Switzer is a walking database of humorous insights into the game of baseball like this one. One of his favorite stories involves an “argument” he

had with a coach in Fort Wayne. “After I called a guy out at second, the coach came out of the first base dugout stomping in the dirt, his face all red, with his hat in his hand,” he said. “I’m expecting him to argue about the call, but he asks, ‘When you guys are in town, where do you eat ribs?’ The crowd’s booing and hollering, thinking he’s arguing the call.”

Now that he has retired as an umpire, Switzer has had time to reflect on the diverse collection of people he met through umpiring. While umpiring the 1995 National All-Star Amateur Baseball Tournament in Arkansas, Switzer shook hands with then-President Bill Clinton after he threw out the first pitch. He also met Cardinal great Stan Musial at a baseball convention. But in Switzer’s eyes, the best part about umpiring is forming a bond with other local umpires. “Our Christmas card list is certainly different than what it would be if I was only a professor,” he said. “Umpiring draws a real diverse crowd.”

Despite his love of umpiring and his widespread acclaim as an outstanding umpire, Switzer never considered pursuing a career as an MLB umpire. He reasoned that his life as an amateur umpire and seasoned professor was too rewarding to leave.

I certainly don’t recommend arguing with an umpire.

## Opinion: College Players Should Stay in School

Matt Harter  
Sports Columnist

As many college basketball players across the country begin their first season of college ball, they realize the season might also be their last. It seems like after every season, more and more college players exchange their

jerseys for professional threads. Who can blame them? With a check of one million dollars or more in their sight, going pro seems to be the obvious choice. But it’s the wrong one; playing at least two years at the college level is the right one.

I understand exactly why college players decide to leave after one year. Many of their reasons are absolutely valid. What if a player gets injured during that second year of college basketball? He could have been making several million in the NBA. Now, because of the injury, he may never play professional basketball and will be forced to earn a degree and search for a new profession.

Professional basketball is a whole different level. The bodies of NBA players are so much bigger and stronger than college players. A player might dominate the post in his college basketball sphere, but a new lesson is learned once that player reaches the NBA. I believe that players need to stay in college for at least two seasons. That second season is critical for the player to develop all aspects of his game and to mature as a person. There have been several cases of players who left after one year of college or never attended college that had trouble adjusting to life in the NBA. Many have experienced too many run-ins with the law. There is so much growing as a person that occurs in college that is not only necessary for success as a basketball player, but for success in life.

There have been several examples of players who have left college after one year and found little suc-

cess in the NBA. Javaris Crittenton, who attended college at Georgia Tech University, left after his freshman year and was selected as the 19th pick in the 2007 NBA draft. Since then, he has played in just two NBA seasons while playing in the NBA Development League and in China during other seasons.

Another example of a poor NBA player who left early from college is Greg Oden from Ohio State University. Granted, he has dealt with injuries ever since he was drafted, but even the times he’s been on the court, he’s looked weak against other NBA centers.

Not only does leaving college after one year hurt the players, but it also hurts the fans of college basketball. I am a huge Indiana Hoosiers fan and I don’t think any of the freshmen are going to leave after this season; I’m not sure any of them would be good enough, other than possibly Kevin “Yogi” Ferrell. It’s hard to be a fan of a team if new team members leave every year. For example, the Kentucky Wildcats almost have a whole new lineup this year due to the freshman that decided to enter the NBA draft.

Yes, I agree, it would be hard to turn down one million dollars to play in the NBA, but in the long run, staying in college benefits players, coaches, fans and everyone else. Stay in school!

### September Athletic Training *Student of the Month*



**Darren Slater**

**Hometown:** Bloomington, IN  
**Future Plans:** Graduating this December and pursuing a master’s degree in coaching from Ball State University. Obtaining a CSCS Certification and an ATC for a high school.  
**Activities:** MUATC

Caleb Noffsinger  
Staff Writer

The volleyball team took a loss this past week, ending their season in broken expectations.

A team with a strong mix of upper classmen and lower classmen with veterans of the sports and plenty of new faces had taken the court this year. The plan from the upperclassmen was to shoot all the way up to the con-

ference tournament, even with the large amount of fresh skill added to the team with the amount of first years.

“Our team had a lot of new faces this year and was a very young team, which was apparent at times, but there were moments throughout the season where we played the best volleyball that I have seen since being a part of the program,” said Kelsie Fieler, a hitter and

a back row player for the team and one of the upperclassmen veterans. “I am very proud to say that next year, Manchester Volleyball should not be underestimated.” High hopes for next year with this young team that next year as they train and become a more mature and a stronger team.

The team had a rough year with an overall season record of 11-19. While they had not reached

what they were hoping for this year, the more even record shows that there is potential for next year. There was some team building and solidification of the team that needed to be done, next year there will be a stronger start and a stronger finish as they get used to each other’s skills.

## MU Volleyball Season Ends, High Hopes for Next Season



# Spartan Sports



## Spartan Football Keeps Winning Streak Alive

Heather Elson  
Staff Writer

Manchester University football team keeps its winning streak going and it's the longest streak since the 1986 season.

The team has been winning ever since playing Bluffton on Sept. 29 with a win 24-14. The following games have been against Defiance 34-28, Earlham 45-9, and Mt. St. Joe 17-14.

Talk to any member of the Manchester's football team and one will hear their humility in their voice, a humility that is seen by anyone who watches the game. The players have unity in a way that no player takes full credit for the success, or has become too overconfident. Kurt Monix quarterback/wide receiver has a chance to break Jared Yoder's pass record, but he does not care about making a new record because in order for him to beat it, he has to depend on the other players' abilities in order to catch a pass. He gives them just has much credit as he receives.

Every player keeps the team's motto "team/me," there is no I in team, and it is happening on and off the field. "This year's team has grown together as a team from the start of camp," Monix said. "We play as a team,



**MARCHING DOWN FIELD** The Manchester football lines up on offense against the Hanover Panthers on Saturday, Nov. 3. The Spartans won by a final score of 35-34 in the team's last home game of the season. The team currently has a five-game winning streak, as well as an overall record of 5-4 and a conference record of 5-2. On Saturday, Nov. 10, the Spartans will play its final game of the season on the road against conference rival Anderson. *Photo by Vivien Carter*

offense helps the defense out and defense helps the offense out."

The coaches try to get the players to relax and enjoy a win for only 24 hours and then get back to work to win another. The team's hard work is finally paying off

and they are finally getting rewarded for all the work they put into the game.

Also, they still know the season is not over yet and the team still wants to prove itself with the games they have left. "Winning is hard, and be-

ing able to win five in a row to this point is even harder," Coach Shannon Griffith said. "To keep the streak going is the challenges that presents, because now they are the hunted instead of the ones hunting."

Everyone in-

involved with the game has their own favorite moments from this past season. "During the Mt. St. Joe game, we were up late and needed a first to seal the game for us and Dante Dinkins picks up a fumble and runs sixty plus yards stiff arming

and hurdling people," Monix said. "It was a huge play and he deserves a lot of credit, he does a lot for our team that goes unnoticed."

Also during the Mt. St. Joe game, Dante Dinkins led the players in a locker room warm up. "He played a motivational speech called 'I am a champion,'" said Austin Adams, sophomore and running back. "It got us all really pumped up to play because that game was the biggest one of the year. We have not beaten them in 11 years. "

The team keeps their winning streak going after last Saturday's home game against Hanover. The final score was 35-34. The team is now 5-4 and Monix hopes that this season's streak will get the underclassmen pumped up for future seasons.

The final game of the season will be held Saturday, Nov. 10, against Anderson. The game starts promptly at 1:30 p.m. at Anderson.

## MU Wrestling Sets Several Goals for Season

Ariel Smith  
Staff Writer

For Manchester University's wrestling team, this year has started with many new students. This year's team is young, with 14 first years having joined the four seniors, two juniors, and three sophomores.

Out of 10 different weight classes, seven of the first-year students hold spots. Their team philosophy is to put themselves in the best position for success. "That means making good decisions every day, doing something every day to make themselves better," said Coach Matthew Burlingame. "Doing the right things! We believe if we do things right, the success will take care of itself."

The team has several goals set for themselves this season. "Wrestle the perfect match each time we walk out on the mat," Burlingame said. Winning the HCAC conference, which includes beating Mount St. Joe in February, is another goal that the team is striving for this year, as well as finishing within the top seven at the NCAA Midwest Regional. They would like to see three national qualifiers, as well as one All-American. Another high hope



**PILE UP!** Members of the Manchester wrestling team prepare for the upcoming season during a recent practice at the PERC. The team faced Indiana University, an NCAA Division I wrestling program, in its first meet of the season, but fell to the Hoosiers 44-12. On Sunday, Nov. 11, the Spartans will travel to East Lansing for the Michigan State Open.

*Photo by Kellen Wilkening*

for the team is to win 40% of their dual meets, which includes meets from nationally ranked Division I, such as Indiana University, and Division III schools.

Division III schools are not allowed to prepare their athletes with off-season workouts, so during the rest of the

year the team members are on their own. Several of the men stayed in shape by running and lifting before the start of the season and they know that to be successful in a competitive sport requires what Burlingame refers to as consistent work, which includes daily workouts and plenty of time wres-

tling. "I want my team to wrestle hard every minute of every match, to match and exceed our opponent's intensity, and, win or lose, I want our opponents walking off the mat hoping they never wrestle another Manchester kid again," Burlingame said.

Like most other sporting events at MU,

this team has a lot going on and high hopes for themselves. "Whether it's the team or an individual, we always, first off, want to put ourselves in the best position for success," Burlingame said.

On Thursday, Nov. 1, The Spartans traveled to Bloomington to face Indiana University

in the team's first meet of the season. The Spartans fell, 44-12, but the team picked up a pair of injury default victories against the Hoosiers.

The Spartans will be in East Lansing, Michigan on Sunday, Nov. 11 for the Michigan State University Open.

### MU Spartan Sports Upcoming Events

#### Saturday, Nov. 10

**Men's Cross Country**  
at NCAA Division III Great Lakes  
Regional Championships

**Women's Cross Country**  
at NCAA Division III Great Lakes  
Regional Championships

**Football**  
at Anderson

#### Sunday, Nov. 11

**Wrestling**  
at Michigan State Open

#### Friday, Nov. 16

**Women's Basketball**  
vs. Muskingum

**Men's Basketball**  
at Albion

#### Saturday, Nov. 17

**Women's Basketball**  
vs. Mount Union

**Men's Basketball**  
vs. Wabash  
@ Albion Tournament