

Steve Alford Returns to MU Campus for Visit

Former Spartan basketball coach hosts VIA, receives distinguished honor

Derek Self Staff Writer

Steve Alford would often hound his Manchester College basketball players about their attendance at required convocations. So when Alford, UCLA men's basketball head coach, took the stage at Cordier Auditorium Saturday morning to accept Manchester University's Distinguished Honor Award and give the keynote address, he was quick to point out the irony.

"That was something we were always harping on," said Alford, playfully recalling how his players struggled to get up early for convocations.

Alford told the crowd that his journey from the historic confines of New Castle Fieldhouse—where he was named Indiana's Mr. Basketball while playing high school basketball for his father, Sam Alford—to the most prestigious coaching job in college basketball has been full of ironic parallels.

At a young age, Alford ran around in the gym that Indiana native John Wooden used to coach in. He was born only 26 miles from Coach Wooden, who would go on to build the storied UCLA program that Alford has now taken over.

"A lot of parallels there," Alford said of his connection with Wooden. "Only difference is he's



KEYNOTE SPEAKER Steve Alford, former head coach of the men's basketball team at Manchester, speaks at a VIA held during his return to campus on Saturday, Sept. 13. Alford was a standout for the men's basketball team at Indiana University and played in the NBA for four seasons. He began his coaching career at Manchester when he was only 26 years old and led the Spartans to much success during his brief tenure, taking three teams to the NCAA Division III tournament (1993, 1994 and 1995). In his final season at MU in 1995, the Spartans were national runners up and finished the season with a 31-1 record. Currently, Alford is the head coach of UCLA's men's basketball team. *Photo by Vivien Carter*

won ten championships and I haven't won any yet."

Alford and Wooden's shared paths to success became more evident when Alford ventured out to Los Angeles. "The first person I met when I came out to Pauley Pavilion was Coach Wooden's daughter,

Nan," he said.

Drawing parallels between Alford and his father is even easier. Alford's father coached him and his brother during their high school basketball careers at New Castle. Alford now coaches his two sons, Bryce and Kory, at UCLA.

"I was a coach's kid; I played for my dad," Alford said. "Coach [Ed] Schilling who's on my staff was a coach's kid, so I have a lot of help in that regard. There's a lot of pressure obviously when you're doing that at UCLA and yet they've both handled it un-

believably well.

"It makes you proud," he continued. "Because you go to work every day and you're not just setting your team up, but your children have a chance to do that as well and interact as well, and that's been a lot of fun"

Although Alford did not have the opportunity to play for his father at the collegiate level, he said that his college coach, Bobby Knight, was instrumental in his development as a player. Alford attended Knight's basketball camps from third grade on, committed to Indiana before his junior year, and then still attended his camps "because I didn't want him to change his mind."

At Indiana, Alford's devotion to basketball left him little time to build friendships outside of the sport. "Coach Knight was enough," Alford said. "He had the pulse of the campus."

It's the same pulse Alford had at Manchester College. It's the same pulse he still has on campus nearly 20 years later. In a state where basketball folklore has shaped culture and conversations for over a century, Alford's historical run at Manchester is a classic tale—one that put the university on the map.

It was at Manchester that Alford learned about the power of friendships. "The greatest lesson I've learned is that you've gotta have a lot of help," he said.

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Religious Life Continues to thrive at MU

Weekly events, wide range of religion clubs available for MU students

Samantha Reynolds Staff Writer

Does 5:55 have religious significance? At Manchester, it signals the new chapel time—on a new day as well.

Chapel/Religious Life is full of various events that continue to excel at bringing students together for fun and fellowship through out the academic year, beginning with weekly events, and branching off into special events that are held throughout the semester.

The Tuesday event "Faith on the Fives," as it is known, has replaced the original chapel day and time on Thursdays. Walt Wiltschek, campus pastor, states that "Faith on the Fives" was created due to conflicts with the previous time on Thursdays at 3:30 p.m. "There were schedule conflicts for students with classes, VIAs and sport practices," Wiltschek said. "We had to find a mutual time that was not going to interfere with other events on campus."

Religious Life decided to rename chapel, and move it to Tuesday evenings at 5:55 p.m. This time appears to be a better time for students. "We have had outstanding turnouts so far this semester," Wiltscheck said. Wiltschek explain that "Faith on the

Fives" is similar to a typical Sunday service, but is more informal, lasting roughly 30--35 minutes.

Praise Jam is another weekly event that is held through Religious Life. Held every Wednesday night at 10 p.m., Praise Jam is a one-hour studentled event held in Petersime Chapel with contemporary music and prayer.

Wiltschek also explained that Manchester Catholics and Simply Brethren are student groups that also meet during the semester.

Manchester Catholics typically meet Sunday evenings as well as in the middle of the week. They focus on bringing Catholic students together for discussion, fellowship and food, while planning trips to local churches and events that are nearby.

Simply Brethren is a group of Church of the Brethren students that usually meet every other Tuesday night at 9 p.m. They typically provide a mixture of fun, education and worship, with fun-filled games, food, inspiring guest speakers and field trips.

Fellowship of Christian Athletes, (FCA) is held on Wednesday nights at 9 p.m. in the SAC. FCA is a group that provides fellowship time for athletes and others to gather together, study the Bible and

talk about their walk with God. "FCA has faded in the past couple of years, but has started back up with a strong start this year," Wiltschek said.

Wiltschek also explains that there are various Bible studies that go on during the semester. These studies can be group based as well as one-on-one Bible studies for students to participate

A few events that will be held during the semester include Focus on Faith Week, International Day of Prayer, Camp Mack Weekend and Advent.

Focus on Faith Week will be October 26– November 1. This event is sponsored by Campus Interfaith Board, and is meant to lift up faith at the personal, community and global levels.

There will be a prayer circle held on campus for students, faculty and staff members to attend on International Day of Prayer, Sunday, Sept. 21, 2014. This event will include a variety of events at the Timbercrest Retirement Community, on the MU campus, and in various other places.

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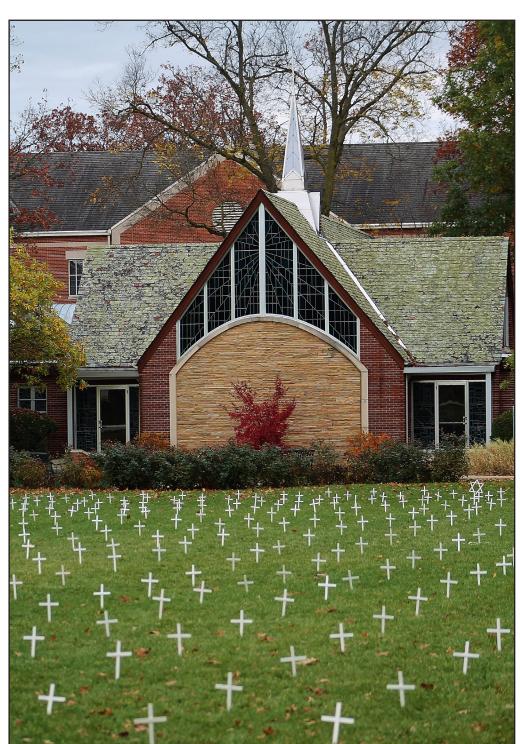


Photo by Savannah Riley

Inside: Dr. Hoffman Profile, Religious Skeptics, MU Volleyball

Hoffman Joins Accounting, Business Dept.

Staff Writer

Dr. Wendy Hoffman has been taking care of business since she was a child, when she wanted to become either a vet, a nun or a ballerina.

Oak Leaves

Now, she's taking care of the department of Accounting and Business's courses as their newest

Hoffman graduated with a Bachelor's of Science in management and marketing from St. Joseph University in Philadelphia before earning her M.B.A. in finance at Drexel University and her Ph.D. in Higher Education Management from the University of Georgia. She spent over fifteen years teaching business administration, with specialties in marketing, finance and management.

This experience and skill, plus her positive attitude toward the job, makes Hoffman more than qualified to be the new accounting and business professor. Hoffman was attracted to Manchester University because of its emphasis on being a traditional college, its background in liberal arts, along with its strong business

program. As a child, Hoffman wanted to be everything, realizing later in life that she really wanted to be a teacher. She started out in a career in telecommu-



Dr. Wendy Hoffman, the newest member of MU's Accounting and Business department, lectures during a recent class session. After starting out in telecommunications, marketing and finance, Hoffman decided to pursue teaching. She began with community teaching before she decided that she wanted to teach at the college level. Photo by Vivien Carter

nications, marketing and finance, working around the world. When her husband and she decided they wanted to start a family, she determined a career change was in order. Hoffman concluded that she wanted a career where she would give back, as opposed to everyone helping her. "Education was al-

ways important," Hoffman said.

She started with community teaching, such as English as a Second Language and finances. It was then that she realized she wanted to continue teaching, but at a college level. Hoffman hopes that since she had fortunate career opportunities, she

will be able to help her students excel.

Hoffman is diving into her new job head first. Manchester University has already become a home to her, which she said was easy because the faculty and students are open and welcoming. Hoffman is prepared to show that same openness and welcoming

to her students.

She is ready to learn the names of her students, which is something she finds hardest about a new job. Hoffman believes that being a teacher is more effective when you know the students, and she looks forward to the more personal side of teaching. "In the past wherever I've taught, you're able to be much more effective when you begin to know the students," Hoffman stated.

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Although Hoffman is dedicated to her new job, she does have hobbies outside of work that she enjoys. She enjoys playing tennis as well as running and reading. Walking her dogs has also become something of a new hobby since she's moved away from Lexington, Ky., where she lived on a farm. She also has a background in sports, which is something that she says has contributed to her character. "Growing up, my family instilled in me a strong work ethic, whether that be commitment to yourself, your family, your work, whatever responsibility," said Hoffman about how she maintains a healthy balance be-

tween work and life. Her mother was one of her role models as a child. Hoffman's mother taught her that she could do anything, and she could do it well. That is something Hoffman is going to carry into her new job.

She plans to have a long career here at Manchester University. In five years, Hoffman said she expects to still be a professor here, as well as have developed a major in sales.

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'Religious Skeptics' Reconstruct, Discuss ressing

Jessica Klemm Staff Writer

Don't be skeptical about the Religious Skeptics Club—it is newly rebooted and ready for members to hard-to-answer discuss questions about religion.

The club's reconstruction was built around personal beliefs, philosophy, personal experiences and being an outlet for open discussion. "Religion does do good, it brings people together," said Brian Anderson, a junior psychology major and one of the re-founding founders.

Anderson states that the mission of the club is to try to inform and decentralize the words and meaning of Religious Skeptics. "We use Secular Humanism as the backbone to what the club is," he said.

Allyson Smith, a junior psychology major and a fellow founding member, describes Secular Humanism as people doing good for others without a religious foundation. A quote on the group's Facebook

page reads, "Humanism is a progressive philosophy of life that, without theism and other supernatural beliefs, affirms our ability and responsibility to lead ethical lives of personal fulfillment that aspire to the greater good of humanity." This isn't a group for atheists but a group for everyone from every possible background.

"All religions are welcome, we're very open to others' beliefs," Anderson said. The club is an outlet for people to discuss their views and beliefs openly and a place to analyze the negatives and positives that can become of religion.

"It's a place of diversity," Smith said. "We're here to provide a different look to those who need or want a different look on religion and life."

A club meeting typically consists of discussion ranging from personal beliefs to original sin to the power of prayer. Topics that are open to discussion are religion and politics, and on Halloween the club plans to have a supernatural discussion. One club meeting was a movie night, showing the 2007 film "For the Bible Tells Me So" about five Christian families each with a homosexual child and how Christianity's homophobia represents a misreading of scripture, a denial of science and an embrace of quack psychol-

The Skeptics plans to do at least one community service project each semester and possibly set up a field trip this year to Chicago. The group meets every other Sunday in the Student Activity Center (SAC) at 8 p.m. The next meeting is scheduled for Sunday, Sept. 28.

If you are interested in the joining the Religious Skeptics Club contact Brian Anderson at adsmith2016@spartans. manchester.edu or Allyson Smith at adsmith2016@ spartans.manchester.edu. Or you can join the club's Facebook group.





Photo courtesy of www.verseten.com



The Oak Leaves



MU Athletic Training Called to Action at Game

Head Athletic Trainer Erin Foreman saves an unresponsive spectator's life

Collin Groves Staff Writer

Preparing for disaster is one thing, but as Head Athletic Trainer Erin Foreman discovered last Friday night as a man in the stands fell unconscious, knowing when and how to act takes a clear head, and sufficient knowledge that might end up saving lives.

During the delayed start to the football game against Trine on Friday, Sept. 5, because of the storm featuring lightning and other disruptive weather, another spectator in the stands at Burt Memorial Field notified Foreman at the beginning of pre-game introductions that someone needed help.

"I looked up into the stands and saw a man leaning on another spectator and the man seemed to be unconscious," Foreman

Upon reaching the stands, she saw that the victim remained unresponsive, so team physician Dr. Lee and Foreman jointly decided that CPR and an AED were necessary. Under the duo's careful attention, the medical procedures succeeded.

"Thankfully, victim became responsive shortly after compressions were started," Foreman

After the use of the AED, EMS arrived quickly, and transported the man away from campus, all while Foreman directed her pupils to keep control of the crowd of football fans and to allow EMS the most direct route to the victim.



TAKING ACTION On Friday, Sept. 5, Burt Memorial Field was the site of a medical emergency. During pre-game introductions for Manchester's home football game against Trine, Head Athletic Trainer Erin Foreman was notified by a spectator that there was a man in the stands who needed help. The man was unresponsive, so Foreman, along with team physician Dr. Lee, decided that CPR and an AED were necessary. Shortly after compressions were started, the man became responsive. After the AED, he was immediately transported away from campus by EMS. Photo by Andrew Ellam

However, Foreman and her students go over emergency plans routinely, and they performed perfectly to her expectations. Foreman had to control the situation completely to keep everyone calm and safe while also deciding how to help

the person in need, and her students allowed her to better handle the situation.

"All these things go through your mind, all while trying to determine how to help the victim," Foreman said.

Foreman has actu-

ally never had to perform CPR in her nine-vear career as an athletic trainer at Manchester University. Usually, Foreman manages the budget and inventory needs, though she teaches life-saving techniques, which is a stark

contrast to the medical emergency at the football game.

Regardless of the circumstances, Foreman persevered, kept cool and saved a life. Upon getting in touch with the victim's family the following Saturday, Foreman learned that he is doing well, and on the road to recovery.

"Part of me feels like I was just doing what I'm trained to do and the other part of me feels very grateful," Foreman said.

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Steve Alford Visits MU continued from Page 1

that although he played basketball throughout the state of Indiana, he knew nothing about Manchester when he got a call from then-Manchester College president, Bill Robinson. At the time, Alford was in talks with the Boston Celtics. For an injury-plagued NBA player with coaching blood, Alford soon discovered Robinson was offering him a sweeter deal—a chance to be a head coach at the age of 26.

> President Dave

McFadden recalled that Knight in that regard. Robinson audaciously pursued Alford, noting that the former president once said, "Champions know how to win, and Alford's a champion."

When Alford came to visit campus, Robinson sneaked him into the PERC through a back door, where Alford apparently questioned whether or not the chairs in the gym were nailed down to the floor. He would make sure there were no parallels between him and Coach

Alford's success at Manchester made him a living legend on campus and in the North Manchester community. Alford has fond memories of taking "nearly 90% of [Manchester] to a place like Buffalo, [New York]" to cheer on the undefeated Spartans in the 1994--95 NCAA Division III National Championship game.

"The friendships that were built here, the people that helped me, you'll never know the impact you had," Alford said.

On a bus ride home from a win that season, one of Alford's players exclaimed that he thought the team was so good that they should just drive to Chicago and play the Bulls. Having played with Michael Jordan on the 1984 summer Olympic team (ironically, in Los Angeles), Alford knew there was one major problem with that idea.

"I'm thinking, 'Okay, now who's guarding Mike?' because it wasn't going to be any of those guys," said Alford jokingly.

Two players on that undefeated team, Kyle Hupfer and Brad Knoy, were honored alongside their coach on Saturday. Both Hupfer and Knoy

joined Alford in the Manchester Athletic Hall of Fame. During a luncheon honoring the inductees, Alford shared that Hupfer used to read books to his son, Kory, who now plays at UCLA. Hupfer now has three children of his own.

"We learned from adversity, we learned from tough things," Alford said of his teams at Manchester. "And each year just got more and more special with a group of men that I'm very appreciative of to this day because they set the tone-not just for [what] I wanted to do in my coaching career, but I hope for their young lives as well. I see them now with families and jobs, and things that they are doing that are so successful. That's what coaching is all about."

For a man who claims never to have played basketball above the rim, it is only fitting that Alford is as grounded and down to earth as he proves to be. His legacy below the rim is solidified in Indiana basketball history. But his legacy is also anchored in a small, corner restaurant in North Manchester, called Mr. Dave's. Pinned to the restaurant's announcement board is a promotional poster of Alford's return



Photo courtesy of pinterest.com/manchesteru

to Manchester, along with a letter typed by Mr. Dave himself. It reads:

. . . The problem I had with

"On Thanksgiving Day 1992, about 1:00, after we had a wonderful turkey dinner, Steve called me. 'Dave, I have no place to feed my team. Just had practice and my boys are [hungry]. Would it be possible [that] you could feed them?' I said, 'Bring the team down in half an hour'

Alford was that he got in our cookie jar. Steve and I have kept in touch for many years."

Near the end of his keynote address, Alford could have been mistaken for a Manchester local again.

"I've got to get to Mr. Dave's for another tenderloin," Alford said. "We don't get grilled tenderloins in Los Angeles."

Spartan Sports Weekend Events

Friday, September 19

Women's Cross Country vs. Indiana Intercollegiate Championships, 3:30 p.m.

Men's Cross Country

vs. Indiana Intercollegiate Championships, 3:30 p.m.

Saturday, September 20

Women's Golf at John Carroll Invitational

Women's Tennis vs. Franklin, 12:00 p.m.

Football vs. Earlham., 1:30 p.m.

Women's Volleyball vs. DePauw, 1:00 p.m.

at Oberlin, Ohio, 3:00 p.m. Women's Soccer

vs. Otterbein, 2:00 p.m.

Men's Soccer at Eureka, 4:00 p.m.

Sunday, September 21

Women's Golf at John Carroll Invitational

Religious Life cont'd from Pg. 1

There will also be a VIA event with quest speaker Cathleen Falsani, author and former religion writer for "Chicago Sun-Times." She will speak on "The Dude Abides: A Look at Film and Religion," on Oct. 30 at 7 p.m. in Cordier Auditorium.

Religious Life constantly has ongoing events for students to participate in throughout out the week, along with a small number of other events that are scheduled during the Fall semester.

For future events, go to the Campus Ministry page on the university web-

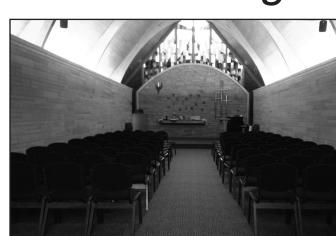


Photo by Andrew Ellam

Photo by Andrew Ellam

'Fall Ball' Underway for MU Baseball Team



PLAY BALL! The Manchester Spartan baseball team scrimmages during a recent team practice. For "Fall Ball," the team is divided into two squads for scrimmaging purposes: Gold Squad and Black Squad. Scrimmages between the two squads are held on Sundays and consist of four games that are four innings apiece. Scores are kept for every game and the winning squad at the end of "Fall Ball" is declared the winner of the annual "Saber Series." In addition to intersquad scrimmages, the team practices three times a week and also has morning conditioning at 6 a.m. once a week. Last year, the team went 26-17 and won the HCAC regular season championship with a conference record of 18-7.



Spartan Sports



MU Football Falls to Buffalo State Bengals

Spartans set to begin HCAC play tomorrow at home against Earlham

Staff Writer

Despite a major comeback in the second quarter, the Manchester Spartans were unable to gain enough ground to successfully pass the visiting Buffalo State Bengals on the field or the scoreboard. The Bengals played on Manchester ground for the first time in a non-conference match-up as the result of a scheduling conflict with popular non-conference opponent Kalamazoo Col-

According to junior running back Austin Adams, the Bengals are part of the Empire 8 Conference, one of the best in the nation. "The team struggled because Buffalo State had a lot of athletes on their team," Adams noted. "It's just going to make

us better." Although scoreboard told a bleaker tale, any fans watching the Spartans power through the second and third quarters know that a good fight was had. Junior quarterback Logan Haston helped push through to the Bengals' 16-yard line, close enough for kicker Andrew Coe to kick a successful field goal with less than 3 minutes left on the clock. An interception after



HUDDLE UP The Spartan football team comes together to discuss their next play during the game on Saturday, Sept. 13. The team was defeated 60-32 by the visiting Buffalo State Bengals. Although the Spartans were challenged by the Bengals, a team that has never played at Manchester before, they still succeeded in making many successful plays. Cheerleader Donald Campbell helped keep spirits high throughout the game with energy and crowd engagement. The next game will be Saturday, Sept. 20, at home against Earlham College. Photo by Vivien Carter

the turnover by defensive back Nathan Birk at the Spartans' own 33-yard line allowed the team opportunity to power down the field, with much assistance

from the passing chemistry between Haston and Evan Rice. Coe was then within range of kicking another successful field goal as the clock ran out. This brought the score to Bengals 34, Spartans 19.

Midway through the third quarter, fifth-year senior Donald Campbell

cheerleader to keep spirits high in the bleachers, traversing the front row encouraging cheers and partaking in a dance to was doing his part as a "Footloose" with a toddleraged Spartan fan. "If our team gets together as one, we could beat them," Campbell noted. His point was quickly illustrated by Haston running the ball in for a touchdown with an extra point following, which led to a score of 48-32. This was the high point in the Spartans' scoring game. Campbell celebrated accordingly by urging a Spartan-clad fan to join him on the Northern end of the bleachers to fire up the fans. Despite the rallying fan support, the Bengals fled out of reach throughout the fourth quarter.

"It was a tough game against a quality opponent," senior defensive lineman Stephen Coble said. "Although the outcome is not what we wanted, it is a good learning opportunity as we get ready for the conference season."

That conference season is set to start next weekend for the Spartans in a home match up against Earlham College at 1:30 pm on Sept. 20. The Spartans hope to continue their current five-year winning streak against Earlham. In the last two years they have beaten the team by a margin of 29 points at the least.

Lady Spartans Victorious in Invitational Premiere

Bryndon Paulsen picks up first win as head coach of MU Volleyball

Rachel Laing Staff Writer

son, one thing is clear: Spartan Volleyball is setting up for the kill.

Sept. 12 gave new head coach Bryndon Paulsen and the team their first victory of the season, beating Albion College in the first game of the Manchester Invitational.

Team captain, junior Mikayla Munn, was optimistic just days before. "Whatever we've been doing in practice the past few days has been working," she said. "I fully believe that it will continue into this weekend."

Both Munn and junior middle hitter Devin Clark believe that something is different about the team this year. "We are all doing a great job at pushing each other in practice," Clark said. "Last year, we pushed each other, but not as much as this year."

According Munn, another big difference is that the players are talking to each other more. "There was a lack of communication and positivity in the last two seasons," she explained. "We've established that we need to express our feelings and not bottle them up."

New to Spartan Volleyball this year is assistant coach Chelsea Jones, who played at the University of Dubuque from August 2010 to May 2012. How has she been getting along? "It's been a really good experience," Jones said. "Paulsen is a really good coach to work with, and I've been able to learn a lot and teach the players a few things."

Something both Clark and Jones are fo-When it comes to this sea- cused on is the Heartland Collegiate Athletic Conference, or HCAC. In fact, winning is Clark's main goal. "I really want the team to win the conference tournament this year," a focused Clark explained. "We have shown what a great team we can be and I truly believe we can do it this year."

Jones has a similar, if more modest, ambition. "Obviously, we want to play well in our conference," she said, stating her ultimate objective for the team's season.

Despite the universal energy, the season got off to a bit of a rough start. Munn, however, is determined to learn from the losses. "I believe that going to Virginia was the best thing that could have happened," she said.

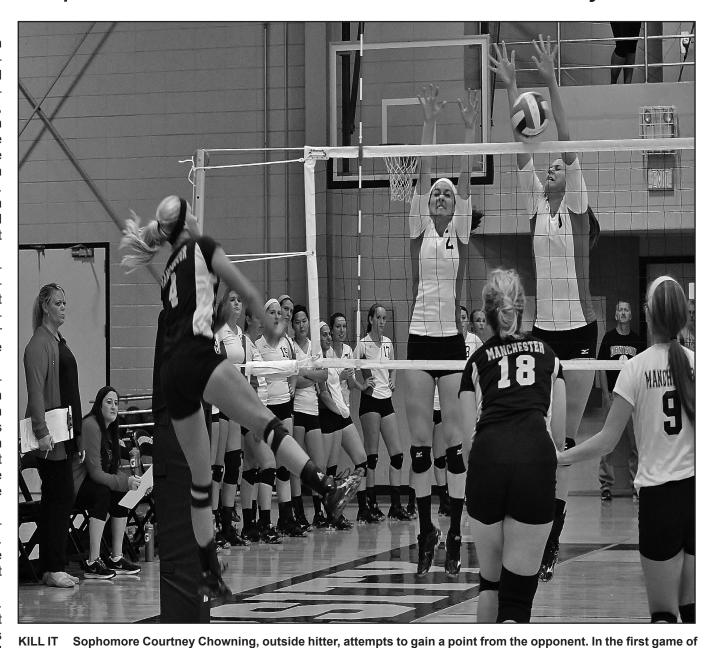
"From my perspective it was a wake-up call. We all learned about the kind of team we didn't want to be."

Clark agreed. "We've been doing a lot more of basic techniques that help everything fall into place and let us play the way we are meant to play," she said, citing a back-to-basics approach for the season. "We're focusing on the simple things, but we all understand that it's not always as easy as it seems."

Jones reflects on what it will take to win. "Preseason, we saw so much improvement out of everyone and as a team," she said. "We just need to

play what we've worked on

in practice and take it one



the Manchester Invitational on Saturday, Sept. 12, the Lady Spartans achieved a victory against Albion College. The win was not only the first of the season, but the first for new head coach Bryndon Paulsen. Photo by Savannah Riley

point at a time." Similarly, Munn is

visualizing the season one game at a time. She's not looking forward to a specific game; just the next one. "Every one after that, it's the next one," said Munn, grinning.

Clark has high hopes for the team this year as well. "We can go

far this year as long as

we continue to push our-

selves like we have been doing," she said.

Currently, Spartans have a 3-10 record. However, the team has won its last two matches. Tomorrow, Manchester will travel to Oberlin, Ohio, and play two nonconference matches. The Spartans will face DePauw at 1 p.m., followed by Oberlin at 3 p.m.

UPCOMING VIA

Ross Szabo: Mixed Drinks, Mixed Emotions: Alcohol Abuse and Mental Health

> Monday, Sept. 22 Cordier Auditorium, 7 p.m.



Spartan Sports



Women's Soccer Team Prepares for Otterbein

MU Spartans look to win HCAC title after nonconference schedule ends

Haylee Parrish Staff Writer

While every effort was exerted in the battle against the formidable Thomas More Saints on Saturday, Sept. 14, MU's women's soccer suffered a blow with a 5-0 loss.

The game, which was hosted in Crestview Hills, Ky., at The Bank of Kentucky Field, drops the Spartans to one win and four losses for the season so far.

The Spartans achieved their first win of the season in last week's match held against opposing Westminster College of Pennsylvania, in which they provailed 2.1

they prevailed 2-1. Looking aside from the numbers, however, the dedicated players are hard at work practicing for future games, training six days out of the week while also making sure to have a lot of fun with staying motivated. Senior Emily Willmann, the Spartans' goalkeeper, reveals one of their techniques. "We stay motivated largely by jamming out in the locker room to songs that most people probably don't jam out to." She adds, "We also have a new chant that we recite that keeps us motivated."

They also have a lot of fun keeping hydrated before they compete. Willmann came up with the idea for "hydration parties" back when she was a sophomore. At these events, which are usually



STRIPES ON STRIPES Senior defender Breanna McLane looks to regain possession of the ball during Manchester's first home game of the season against Trine on Sept. 2. Although the Spartans fought hard, they lost the contest 0-1. So far, the women's soccer team is 2-4. On Wednesday, Sept. 17, the team was victorious in a road game at Heidelburg University, winning the contest with a final score of 4-0. Tomorrow afternoon at 2 p.m., the Spartans will host Otterbein. The team will wrap up its nonconference schedule on Sept. 30 at Wittenburg. HCAC play is set to begin for the women's soccer team at Transylvania on Oct. 4.

set for the weekend, the teammates get together and play various drinking games—with water and Powerade, of course.

scheduled before games

Do they participate in an athlete-friendly version of beer pong? "Not

with the Powerade," Willmann said with a laugh. "We would play that with water due to expenses."

Regarding the season and matches yet to come, Willmann maintains a positive outlook. "We definitely want to win confer-

ence," she says. "I believe the team has a very good chance of achieving that.

"Our biggest challenge will be incorporating a lot of the talent," she added. "It's all about trying to find the best fits and the best roles for everyone."

On Wednesday, Sept. 17, the Spartans traveled to Tiffin, Ohio, for a game against Heidelberg University. In the end, they defeated Heidelburg 4-0, giving the team its largest margin of victory so far this season.

The Spartans will host Otterbein tomorrow in a nonconference matchup scheduled to begin at 2 p.m.

Spartan Men's Soccer Awaits HCAC Games



WATCH YOUR STEP Sophomore defender Chase Holford looks to maintain his balance while an Andrews University player falls into him during the team's first game of the season at home on Sept. 1. The Spartans won the contest 3-2, with first-year forward Nate Johnson scoring the game-winning goal in overtime. Manchester won its next game against Blackburn before losing three straight games to Westminster (Pa.), Adrian and Trine, respectively. In its most recent matchup at home against Huntington University on Wednesday, Sept. 17, the team lost 2-3. Overall, the Spartans are 2-4 on the season. The team looks to improve its record tomorrow afternoon in a road game at Eureka College. Following Eureka, the Spartans will play in two more nonconference games, against Ohio Northern and Illinois Tech, before their conference schedule begins on Oct. 4 at Transylvania.

Photo by Savannah Riley