



# MASTER of ATHLETIC TRAINING

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## Graduate Student Handbook

2016-2017

## MASTER of ATHLETIC TRAINING

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## **WELCOME!**

Welcome to the College of Pharmacy, Natural, and Health Sciences at Manchester University. The College includes undergraduate programs in Athletic Training and in Exercise Science and Fitness, as well as the Master of Athletic Training (MAT) graduate program.

This manual was developed to introduce you to Manchester University and the Master of Athletic Training Program (MAT). Manchester helps students to become lifelong learners who strive to be the best in their chosen fields. The faculty is invested in helping you succeed and reach your fullest potential. At Manchester you will be challenged to learn and grow as well as being rewarded for your hard work. We believe that our program will allow you to develop the necessary skills and abilities to thrive in the field of Athletic Training.

**This Handbook provides an overview of the program. The definitive source for program policies, requirements, etc. is the 2016-17 Graduate Bulletin, found at:**

**<http://www.manchester.edu/academics/registrar/catalog-bulletin>**

**The latest information can be found on the program website:**

**[http://ww2.manchester.edu/academics/graduate-professional-and-post-baccalaureate-programs/master-of-athletic-training-\(mat\)](http://ww2.manchester.edu/academics/graduate-professional-and-post-baccalaureate-programs/master-of-athletic-training-(mat))**

**Any updates or revisions to the program and/or policies are updated in the Graduate Bulletin first and website second. The print version of this MAT Handbook is updated and printed annually.**

## **OVERVIEW OF THE MAT**

The purpose of the MAT at Manchester University is to prepare qualified entry-level Athletic Trainers for the profession of Athletic Training. Through a professional curriculum which includes both classroom and clinical, "hands-on" education, the MAT endeavors to prepare individuals who are educationally well-rounded, critical thinkers, good citizens, and professionally active, as well as competent allied health professionals.

The clinical experiences afford students opportunities to apply the theories, concepts and skills learned in the classroom to "real-life" situations in the Athletic Training settings. Athletic Training graduate students gain experience working with equipment intensive sports, activities in which the upper or lower extremity is emphasized, and situations in which the students are exposed to general medical conditions. The experience includes working with persons of both genders. Additional experience is incorporated into the required curriculum at sports medicine clinics, physician offices, other universities, and area high schools.

The first cohort of the MAT began its study in July, 2010. In accordance with CAATE (Commission on Accreditation of Athletic Training Education) policies, a self-study document was submitted in June, 2011, anticipating a site-visit in spring 2012. The site visit did occur in February, 2012 and awarding of initial CAATE accreditation occurred in May, 2012. The next site visit is scheduled for the 2016-17 academic year.

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## STATEMENT OF PURPOSE

The purpose of the Master of Athletic Training (MAT) program at Manchester University is to prepare qualified entry-level Athletic Trainers for the profession of Athletic Training. Through a professional curriculum which includes both classroom and clinical, "hands-on" education, the MAT endeavors to prepare individuals who are educationally well-rounded, critical thinkers, good citizens, and professionally active, as well as competent allied health professionals.

## GOALS & OBJECTIVES

1. To produce quality Athletic Training professionals for potential employment in a variety of health care settings.
2. To prepare students to pass the BOC certification examination through a CAATE-accredited educational program
3. To promote professional and ethical conduct at all times in accordance with the National Athletic Trainers' Association Code of Ethics
4. To provide exemplary classroom and clinical learning environments in which students can develop the appropriate cognitive and psychomotor educational competencies and clinical proficiencies for an entry-level Athletic Training professional

## APPLICATION/ENTRY TO THE PROGRAM

Students are directly admitted to the MAT program. The application form, instructions, requirements for admission, and academic policies, are located on the program website at [http://ww2.manchester.edu/academics/graduate-professional-and-post\\_baccalaureate-programs/master-of-athletic-training-\(mat\)](http://ww2.manchester.edu/academics/graduate-professional-and-post_baccalaureate-programs/master-of-athletic-training-(mat))

Included at this site is the *Graduate Bulletin* which serves as the official document governing the MAT.

Admission decisions are made collectively by the graduate athletic training faculty and are based on the criteria published in the *Graduate Bulletin*. Applications are reviewed by committee members beginning in January for the next academic year. The names of accepted students are then forwarded by the MAT PD to the Office of the Registrar.

The Graduate Council, a Manchester University committee, approves changes to the MAT curriculum or any academic policies pertaining to the MAT.

## PROFESSIONALISM

Preparation to enter the profession requires that students acquire the skills, attitudes, and values of successful professionals. The following are some guidelines to help students develop the ideals and standards of an effective professional.

### *Professional Involvement:*

Graduate Athletic Training students should plan to participate in numerous volunteer and professional development activities. Graduate students are required to join the NATA (National Athletic Trainers' Association) upon matriculation in order to gain access to *ATrack™*, the software used to document clinical proficiency progress.

### *Attire:*

You must wear appropriate attire when representing the program and yourself in on-campus and off-campus activities related to the field. Appropriate dress should be modest in nature, and should minimally include an athletic training polo shirt (provided), khaki slacks or shorts (no cargo pants), and clean athletic shoes. No jeans, sweats, or immodest clothing will be allowed. Hats should not be worn indoors. A specific dress code has been sent to you and will be reviewed at your orientation session.

### *Attendance:*

Regular attendance in your classes and clinical modules is expected. You are expected to behave in a professional manner and reliability and timeliness are imperative to professional practice.

### *Academic Integrity:*

Academic honesty is expected. Definitions and policies pertaining to academic dishonesty and academic grievances are located in the *Graduate Bulletin*. **An incident of academic dishonesty may result in dismissal from the MAT program.**

## PROGRAM ASSESSMENT

The Athletic Training program is committed to assessing both individual student and program goals. This assessment takes many forms including, but not limited to, statistical analysis of numerous factors involved in retention, performance, graduation, and post-graduation activities of students. The faculty reserves the right to use aggregate data on student achievement. Information on individual students will be protected and will not be subject to public dissemination, following federal guidelines for privacy of students. This program assessment will aid in the review, reassessment, and promotion of the MAT at Manchester University.

## PROGRAM TECHNICAL STANDARDS

There are *technical standards* for the MAT. These standards are found in Appendix 5 of this handbook and are also located at [http://ww2.manchester.edu/academics/graduate-professional-and-post\\_baccalaureate-programs/master-of-athletic-training-\(mat\)](http://ww2.manchester.edu/academics/graduate-professional-and-post_baccalaureate-programs/master-of-athletic-training-(mat))

The technical standards document must be signed prior to beginning the MAT program.

## **ACADEMIC ADVISING**

Academic advising for graduate students is the responsibility of the Program Director. Students should consult with the academic advisor regarding questions about course selection, graduation requirements and related matters. For each registration period, the student's advisor must authorize enrollment before the registration is complete. These procedures provide each student contact with an academic advisor who can assist in assuring that all requirements are completed in sequence and on schedule. Each student, however, has the ultimate responsibility for monitoring his or her own graduation requirements.

## **CLINICAL EDUCATION**

MAT students are assigned to preceptors by the CEC, Program Director, and athletic training faculty through enrollment in ATTR 570, ATTR 571, ATTR 572, ATTR 573, and ATTR 574 AND ATTR 575. During enrollment in these clinical courses, the skills presented and practiced in classroom courses are practiced in a "live" Athletic Training setting under the direct supervision of a preceptor. Students will also be required to attend evaluation and treatment sessions for athletes, physician examinations, and staff case conferences as a requirement in these courses. The specific requirements, grading scale, attendance policy, objectives, etc. for each of these Clinical Modules is found in the syllabus for each course. All MAT students will complete a Clinical Module for each of the following areas: 1) upper extremity emphasis; 2) lower extremity emphasis; 3) equipment intensive emphasis; 4) rehabilitation emphasis; and 5) a general medical emphasis.

### **Clinical Supervision Policy**

During clinical experiences, athletic training students will be assigned to a preceptor who will provide direct supervision of the athletic training student. Direct supervision at Manchester University is defined as:

*Daily personal/verbal contact at the site of supervision between the athletic training student and the preceptor who plans, directs, advises, and evaluates the students' athletic training clinical experience. The preceptor shall be physically present to intervene on behalf of the student-athlete or patient.*

A preceptor must be physically present with the athletic training student and have the ability to intervene on behalf of the athletic training student and the student-athlete or patient. No athletic training student will be present at a clinical experience site without being directly supervised by a preceptor. The preceptor will communicate daily with the athletic training student to provide feedback on skills and daily tasks. The preceptor's are charged with the formal evaluation for the athletic training student's integration of clinical proficiencies during clinical experiences. The CEC and/or PD will provide regular communication with each preceptor in order to maintain the quality of the student clinical experiences. The number of students assigned to a preceptor will not exceed a ratio of 8 students per preceptor in each clinical experience setting.

## **Clinical Experience Hours Policy**

*Students engaged in clinical rotations must have one day off from clinical education responsibilities in every seven day period.*

Each student is responsible for the accurate and timely reporting of clinical hours on ATrack. Clinical hours should NOT be recorded for travel time (to and from clinical site and to away sports contests).

Students are responsible for reporting their hours to the nearest quarter of an hour, noting the day of the week and the clinical assignment. The students should update their clinical hours record at least once a week in order to ensure accuracy.

There is no mandatory total number of clinical hours required for completion of the athletic training program. There are both minimum and maximum hours established for each clinical assignment. Please review the chart below, *Minimum and Maximum Clinical Hours by Setting*.

<b>Minimum and Maximum Clinical Hours by Setting</b>			
<b>Clinical Site</b>	<b>Minimum Hours</b>	<b>Maximum Hours</b>	<b>Preferred Hours</b>
High school Rotation	100	500	250+
General Medical Rotation	50	90	80+
College/University Rotation	100	500	250+
College/University Rotation (ATTR 575 ONLY)	25	50	40+

Athletic Training Student hours are verified and reviewed weekly by the assigned preceptor and Clinical Education Coordinator. Failure to comply with the appropriate recording of clinical hours will result in deduction of points from the corresponding Clinical Module course. Fabrication of clinical hours will result in disciplinary action consistent with the program's academic dishonesty policy.

Documentation of clinical time will be recorded by the student on ATrack™, verified by the preceptor, and maintained by the CEC. It is the student's responsibility to record hours on ATrack™.

## **Travel and Transportation Policies**

All athletic training students at Manchester University will be responsible for their own transportation and expenses with regards to any off site clinical or general medical assignment while at Manchester University. If students are unable to provide transportation or cover associated expenses, their grades will be subject to change for their clinical module courses which may affect GPA, course grade, or graduation date.

The MAT program at Manchester University follows all standards set by the CAATE and DOES NOT allow any team travel of athletic training students without a clinical preceptor for supervision. When supervision by a clinical preceptor is available, students may volunteer to travel but will under no circumstances be required to travel to any event while at Manchester University. It is also a policy that no student grades will be diminished if a student does not travel to events while at Manchester University.



## **Evaluation of Students enrolled in Clinical Modules**

All MAT students will be evaluated at the midterm and the end of each Clinical Module enrollment by their assigned preceptors using both the “Clinical Performance Evaluation” form (for professional behaviors and attitudes) and ATrack™ (for evaluation and documentation of CIP performance). The preceptor will meet with each student to discuss the evaluation. These evaluations are detailed in each course syllabus. All MAT students have an opportunity to evaluate preceptors and the clinical site at the completion of each Clinical Module and to evaluate the MAT annually.

The professionalism of MAT students during Clinical Modules will be judged with reference to the following behaviors and attitudes (as indicated on the Clinical Performance Evaluation form):

1. Dependability, punctuality: showing up at the assigned times for the assigned duties, completion of assigned tasks.
2. Completion and submission of required/assigned paperwork on a timely basis
3. Ability to effectively communicate to and relate with supervisors, peers, coaches, and athletes.
4. Adherence to professional attire guidelines
5. Use/abuse of any substance which interferes with MAT student academic or clinical responsibilities is considered unprofessional conduct.
6. Adherence to the NATA Code of Ethics (See Appendix 7)

The evaluation and documentation of professional behaviors and attitudes comprises a portion of the total evaluation of student performance in a Clinical Module. The evaluation form for professional behaviors and attitudes is the “Clinical Performance Evaluation Form” (accessible through ATrack™).

## CONTENT AREAS, EDUCATIONAL COMPETENCIES, AND CLINICAL INTEGRATION PROFICIENCIES

Through role delineation studies, eight *content areas* for Certified Athletic Trainers have been identified and are listed below. Further, for each content area, specific *knowledges and skills and abilities* have been identified. These knowledges, skills, and abilities form the objectives for the required courses in the MAT curriculum and are also the subjects upon which the BOC exam is based. The content areas, educational competencies, and *clinical integration proficiencies* (CIPs) are the foundation upon which the Manchester University MAT is based.

- Evidence-Based Practice
- Prevention and Health Promotion
- Clinical Examination and Diagnosis
- Acute Care of Injury and Illness
- Therapeutic Interventions
- Psychosocial Strategies and Referral
- Healthcare Administration
- Professional Development and Responsibility

Copies of the most recent Role Delineation Study (6<sup>th</sup> ed.), Educational Competencies and Clinical Proficiencies (5<sup>th</sup> ed.), and CAATE Standards are in the office of the Program Director.

## BOC CERTIFICATION REQUIREMENTS

In order to become a BOC certified Athletic Trainer (ATC), an individual must pass the Board of Certification (BOC) Examination. Exams are administered at computer testing sites across the nation, and consist of written and scenario-based questions. Further information about examination sites, deadlines, and fees can be found on the Board of Certification website, [www.bocatc.org](http://www.bocatc.org)

***The only way to become BOC-certification eligible (that is, be eligible to take the certification examination) is to graduate from a CAATE-accredited Athletic Training Education Program.***

## PROFESSIONAL MEMBERSHIPS AND LIABILITY INSURANCE

Student membership in the National Athletic Trainers' Association (NATA) is mandatory. Advantages of membership include receiving the *Journal of Athletic Training*, *NATA News*, placement on vendor mailing lists, and price reductions for conference registrations and BOC-certification examination fees. More information about NATA membership can be found at the NATA website, [www.nata.org](http://www.nata.org).

In order to comply with program accreditation standards, professional liability insurance is provided to all Athletic Training students through a blanket policy. This is provided at no cost to the students. Copies of this policy are placed in each student's file. These files are located in the Program Director's office.

## **APPENDIX I**

### **Master of Athletic Training Degree Course Requirements**

#### **Sequence of Required Courses**



## MASTER of ATHLETIC TRAINING

### **REQUIRED CURRICULUM** **Master of Athletic Training**

<b>PROGRAM COMPONENT</b>	<b>COURSES</b>	<b>SH</b>
<b>Professional Education: 26 SH</b>	ATTR 547 Pharmacology for Allied Health	1
	ATTR 541 Ethics and Psychosocial Aspects of Sport	3
	ATTR 546 Medical Considerations for the Physically Active	3
	ATTR 551 Musculoskeletal Evaluation: Upper Extremity	3
	ATTR 553 Musculoskeletal Evaluation: Lower Extremity	3
	ATTR 530 Therapeutic Modalities	3
	ATTR 535 Therapeutic Exercise	3
	ATTR 511 Topics in Athletic Training	1
	ATTR 501 Foundations of Athletic Training Practice	3
	ATTR 515 Administration of Athletic Training Services	3
<b>Clinical &amp; Field Experiences: 16 SH</b>	ATTR 570 Field Experience	1
	ATTR 571 Clinical Module I	3
	ATTR 572 Clinical Module II	3
	ATTR 573 Clinical Module III	3
	ATTR 574 Clinical Module IV	3
	ATTR 575 Clinical Module V	3
<b>Research, Assessment &amp; Teaching: 9 SH</b>	ATTR 540 Research Methods in Human Performance	3
	ATTR 543 Teaching and Research Practicum	3
	STAT 520 Statistical Methods	3
	<b>Total Semester Hours</b>	<b>51</b>

**SEQUENCE OF MAT COURSES/ACADEMIC PLAN**  
**Master of Athletic Training – 2016 Cohort**

<b>Summer I</b>
ATTR 501 – Foundations of Athletic Training Practice (3) ATTR 570 – Field Experience (1)

<b>Year I</b>		
<b>Fall</b>	<b>January</b>	<b>Spring</b>
ATTR 551 – Musculoskeletal Assessment: Upper Extremity (3)		ATTR 530 – Therapeutic Modalities (3)
ATTR 535 – Therapeutic Exercise (3)		ATTR 553 – Musculoskeletal Assessment: Lower Extremity (3)
ATTR 571 – Clinical Module I (3)		ATTR 572 – Clinical Module II (3)
		ATTR 546 – Medical Considerations for the Physically Active (3)
		ATTR 547 – Pharmacology for Allied Health (1)

<b>Summer II</b>
ATTR 573 – Clinical Module III (3) ATTR 515 – Administration of Athletic Training Services (3)

<b>Year II</b>		
<b>Fall</b>	<b>January</b>	<b>Spring</b>
ATTR 540 – Research Methods in Human Performance (3)	ATTR 541 - Ethics and Psychosocial Aspects of Sport (3)	ATTR 543 – Teaching and Research Practicum (3)
STAT 520 – Statistical Methods (3)		ATTR 575 – Clinical Module V (3)
ATTR 574 – Module IV (3)		ATTR 579 – Internship in Athletic Training (3) – <b>Optional</b>
ATTR 511 – Topics in Athletic Training (1)		

## **APPENDIX 2**

### **Program Admission**

## MASTER of ATHLETIC TRAINING

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### Admission Requirements

Students applying for admission to the Master of Athletic Training program must meet the following minimum requirements.

1. Baccalaureate degree from a regionally accredited institution
2. A 3.0 cumulative undergraduate grade point average
3. Certification in American Red Cross First Aid and CPR/AED for the Professional Rescuer
4. Signed published technical standards document
5. Acceptable reference recommendations
6. Completion of Manchester University Health Record and Vaccination Form
7. Completion of each of the following undergraduate courses with a minimum grade of C+ (2.30/4.00):
  - Human Anatomy with lab (Lecture and lab = at least 4.0 semester hours)
  - Human Physiology with lab (Lecture and lab = at least 4.0 semester hours)
  - Exercise Physiology with lab (Lecture and lab = at least 4.0 semester hours)
  - Biomechanics/Kinesiology
  - Nutrition
  - Principles of Fitness and Exercise Prescription
  - General Psychology
  - Medical Terminology
  - Introductory Statistics

## **APPENDIX 3**

### **Retention Policy**



## MASTER of ATHLETIC TRAINING

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### **Retention Policy**

It is the policy of Manchester University's Graduate Athletic Training Program to have a retention policy in place in the case that a student falls below a specific academic standard. The retention policy of Manchester's Graduate Athletic Training Program is as follows:

To earn the MAT degree, students must complete the following:

1. Maintain a cumulative grade point average of at least 3.00;
2. Earn at least a C+ (2.30/4.00) in each required course;
3. Complete all required didactic and clinical courses

Courses counted toward a MAT degree completion may be repeated a maximum of one time. Students whose academic performance falls below these levels will be dismissed from the program. The Program Director will conduct a review of academic process at the end of each semester or session (fall, January, spring, summer).

## **APPENDIX 4**

### **Transportation and Attire**

## MASTER of ATHLETIC TRAINING

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### **Transportation, Expenses, and Attire**

**Transportation and Expenses:** All athletic training students at Manchester University will be responsible for their own transportation and expenses with regards to any off site clinical or general medical assignment while at Manchester University. If students are unable to provide transportation or cover associated expenses, their grades will be subject to change for their clinical module courses which may affect GPA, course grade, or graduation date.

**Attire:** All athletic training students will be issued basic athletic training attire (i.e. t-shirt(s), polos) by the athletic training department but will be required to purchase any extra clothing to meet the program's dress code. All students will also be given the opportunity to purchase additional clothing at discounted prices each year.

## **APPENDIX 5**

### **Technical Standards for the MAT**



## MASTER of ATHLETIC TRAINING

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### Technical Standards for Admission

As stated in the Manchester *Graduate Bulletin*, and the *MAT Graduate Student Handbook*, the MAT program (“the program”) places **specific requirements and demands** on admitted students.

An objective of the program is to prepare graduates to enter a variety of health care employment settings and to render appropriate care to a wide spectrum of individuals engaged in physical activity. The technical standards set forth establish the essential qualities considered necessary for students admitted to this program to achieve the knowledge, skills, and competencies of an entry-level athletic trainer, as well as meet the expectations of the program’s accrediting agency, the Commission on Accreditation of Athletic Training Education (CAATE). In the event a student is unable to fulfill these technical standards, even with reasonable accommodations, the student will not be allowed to continue in the program. Compliance with the program’s technical standards does not guarantee a student’s eligibility for the Board of Certification (BOC) examination.

The following abilities and expectations must be met by all students admitted to the major:

Candidates for admission to the MAT Program at Manchester University must demonstrate:

1. The mental capacity to assimilate, analyze, synthesize, and integrate concepts and to problem solve rapidly in order to formulate clinical judgments, and to be able to distinguish deviations from normal;
2. Sufficient postural and neuromuscular control, sensory function, muscular strength, and coordination to perform appropriate physical examinations using accepted techniques; to accurately, safely, and efficiently use equipment and materials during the assessment and treatment of patients and the prevention of injury and illness in the physically active population;
3. The ability to communicate effectively and sensitively with patients and colleagues, including individuals from different cultural and social backgrounds; this includes, but is not limited to, the ability to establish rapport with patients and communicate judgments and treatment information effectively. Students must be able to understand and speak the English language at a level consistent with competent professional practice;
4. The ability to record the physical examination results and a treatment plan clearly and accurately;
5. The capacity to maintain composure and continue to function well during periods of high stress;
6. The perseverance, diligence, and commitment to complete the required curriculum as outlined and sequenced;
7. The ability to adjust to rapidly changing situations and uncertainty in clinical situations;
8. Affective skills (values) and appropriate demeanor and rapport that relate to professional

education and quality patient care.

Candidates for admission to the MAT Program at Manchester University are required to verify they understand and meet these technical standards or they believe that, with certain accommodations, they can meet the standards.

The Director of Academic Support and Disability Support Services will evaluate a student who states he/she could meet the Program's technical standards with accommodation and confirm that the stated condition qualifies as a disability under applicable laws. If a student states he/she can meet the technical standards with accommodations, the University will determine whether it agrees that the student can meet the technical standards with reasonable accommodations; this includes a review of whether the requested accommodations are reasonable, taking into account whether accommodations would jeopardize clinician/patient safety, or the educational process of the student or the institution, including all coursework, clinical experience, and field experience deemed essential for graduation.

I certify that I have read and understand the technical standards for selection listed above, and I believe to the best of my knowledge that I meet each of these standards without accommodations. I understand that if I am unable to meet these standards I will not be able to continue in the program.

\_\_\_\_\_  
Applicant Name Printed

\_\_\_\_\_  
Signature of Applicant

\_\_\_\_\_  
Date

**Alternate statement for students requesting accommodation(s):**

I certify that I have read and understand the technical standards of selection listed above, and I believe to the best of my knowledge that I can meet each of these standards with certain accommodations. I will contact the Director of Academic Support and Disability Support Services to determine what accommodations may be available. I understand that if I am unable to meet these standards, even with accommodations, I will not be able to continue in the program.

\_\_\_\_\_  
Applicant Name Printed

\_\_\_\_\_  
Signature of Applicant

\_\_\_\_\_  
Date

## **APPENDIX 6**

### **Communicable Disease Policy for Athletic Training Students**



## MASTER of ATHLETIC TRAINING

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### **Student Illness Policy on Communicable Diseases**

The Manchester University MAT recognizes the importance of minimizing the exposure of athletes or patients in a clinical setting to communicable diseases. Therefore, it is recommended that athletic training students not report to their clinical site if they have *active* signs or symptoms of a communicable disease. Active signs or symptoms include, but are not limited to: fever, diarrhea, and vomiting.

Athletic Training Students are to immediately notify their assigned preceptor of their status. If an athletic training student feels ill enough to miss more than one day of class or clinical experience, that student should be evaluated by University Health Services or his/her family physician. Upon review by University Health Services or a physician, the student must furnish the MAT Program Director with notification of his/her health status and ability to participate in the required academic and clinical activities of the program.

All students must attend required OSHA and blood-borne pathogen training annually to learn, practice, and be evaluated as successfully performing all skills and tasks that will assist them in limiting their exposure in health care settings. To limit exposure, students are required to use proper hand washing techniques and practice good hygiene at all times. Students are required to use universal precautions at all times when functioning as an athletic training student in a health care setting and/or when working with potential sources of infectious disease.

In the event that a preceptor feels that an athletic training student assigned to his/her site is missing an inordinate amount of time due to adherence to the communicable disease policy, he/she should contact the Manchester University MAT Program Director and/or the Clinical Education Coordinator.

\_\_\_\_\_  
Student Name Printed

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
MAT Program Director

\_\_\_\_\_  
Date



**APPENDIX 7**  
**NATA Code of Ethics**



## Code of Ethics

### Preamble

The National Athletic Trainers' Association Code of Ethics states the principles of ethical behavior that should be followed in the practice of athletic training. It is intended to establish and maintain high standards and professionalism for the athletic training profession. The principles do not cover every situation encountered by the practicing athletic trainer, but are representative of the spirit with which athletic trainers should make decisions. The principles are written generally; the circumstances of a situation will determine the interpretation and application of a given principle and of the Code as a whole. When a conflict exists between the Code and the law, the law prevails.

### Principle 1:

Members shall respect the rights, welfare and dignity of all.

- 1.1 Members shall not discriminate against any legally protected class.
- 1.2 Members shall be committed to providing competent care.
- 1.3 Members shall preserve the confidentiality of privileged information and shall not release such information to a third party not involved in the patient's care without a release unless required by law.

### PRINCIPLE 2:

Members shall comply with the laws and regulations governing the practice of athletic training.

- 2.1 Members shall comply with applicable local, state, and federal laws and institutional guidelines.
- 2.2 Members shall be familiar with and abide by all National Athletic Trainers' Association standards, rules and regulations.
- 2.3 Members shall report illegal or unethical practices related to athletic training to the appropriate person or authority.

2.4 Members shall avoid substance abuse and, when necessary, seek rehabilitation for chemical dependency.

### **PRINCIPLE 3:**

Members shall maintain and promote high standards in their provision of services.

3.1 Members shall not misrepresent, either directly or indirectly, their skills, training, professional credentials, identity or services.

3.2 Members shall provide only those services for which they are qualified through education or experience and which are allowed by their practice acts and other pertinent regulation.

3.3 Members shall provide services, make referrals, and seek compensation only for those services that are necessary.

3.4 Members shall recognize the need for continuing education and participate in educational activities that enhance their skills and knowledge.

3.5 Members shall educate those whom they supervise in the practice of athletic training about the Code of Ethics and stress the importance of adherence.

3.6 Members who are researchers or educators should maintain and promote ethical conduct in research and educational activities.

### **PRINCIPLE 4:**

Members shall not engage in conduct that could be construed as a conflict of interest or that reflects negatively on the profession.

4.1 Members should conduct themselves personally and professionally in a manner that does not compromise their professional responsibilities or the practice of athletic training.

4.2 National Athletic Trainers' Association current or past volunteer leaders shall not use the NATA logo in the endorsement of products or services or exploit their affiliation with the NATA in a manner that reflects badly upon the profession.

4.3 Members shall not place financial gain above the patient's welfare and shall not participate in any arrangement that exploits the patient.

4.4 Members shall not, through direct or indirect means, use information obtained in the course of the practice of athletic training to try to influence the score or outcome of an athletic event, or attempt to induce financial gain through gambling.

4.5 Members shall not provide or publish information, photographs, or any other communications related to athletic training that negatively reflects the profession.

## **APPENDIX 8**

### **Continuing Education Requirements for Certified Athletic Trainers**



## MASTER of ATHLETIC TRAINING

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### **Continuing Education Requirements for BOC Certified Athletic Trainers**

#### **Indiana State Licensing Requirements for Athletic Trainers**

##### **Board of Certification (BOC) Continuing Education Requirements**

Upon attaining BOC certification, individuals must complete 50 hours of approved continuing education in each two-year period in order to maintain BOC certification. Fulfilling this requirement can be achieved by such activities as attending meetings and conferences, completing home-study courses, authoring articles, etc. Certified Athletic Trainers maintain a record of continuing education hours online.

##### **Athletic Trainer Licensing in Indiana**

In order to call oneself an “athletic trainer” in Indiana, and in order to practice “athletic training”, an individual **MUST** be licensed by the state. If BOC certification has been achieved, one does **NOT** have to take a test for Indiana licensing as an athletic trainer. To maintain a state license, an athletic trainer must complete 50 hours of continuing education in each two year period (the same continuing education hours can count for both the BOC and Indiana requirements).

Application materials and rules and regulations governing the practice of Athletic Training in Indiana can be found at the Indiana Professional Licensing Agency website

<http://www.in.gov/pla/athletic.htm>

Graduating students should review this website early in the final Spring Semester.