**When working with our students or colleagues, thoughtful reminders:**

To ***belong***, we need to know:

1. Am I important to someone here?
2. Am I good at something here?
3. Am I able to affect change or my world in here?
4. Can I share my gifts with someone here?

***Questions to ask:***

1. What do you need?
2. How can I help?
3. What can we do to make this better?
4. What is getting in the way of this working for you?

 Excerpt from: Katie Boucher, Ph.D. Indianapolis University

Excerpt from: Dr. Lori Desautles