



# 2019 NORTHEAST INDIANA SPORTS MEDICINE SYMPOSIUM

## A Multi-Disciplinary Approach to Return-to-Play

**WHEN:** Saturday, July 13, 2019 | 7:45 a.m. – 5:30 p.m.

**WHERE:** Parkview Mirro Center for Research and Innovation  
10622 Parkview Plaza Drive | Fort Wayne, IN 46845

**COST:** \$125 for CE credit/\$15 for lunch only

Register at [manchester.edu/NEISMS](http://manchester.edu/NEISMS).

8 CEUs available

## AGENDA:

7:45 – 8:15 a.m.	Registration and refreshments at Parkview Mirro Center lobby
8:15 – 8:30 a.m.	Welcome
8:30 – 10:30 a.m.	Michael Turcovsky, DPT, ATC, COMT and Jonathan Dettmer, DPT, PT: <i>The Road to Return-to-Play: Progression and Testing</i>
10:30 – 11:30 a.m.	Jason Frampton, MD: <i>Evaluation, Office Evaluation of Concussions and Initial Rehab Measures</i>
11:30 a.m. – 12:30 p.m.	Samantha Kauffman, MA, RD, CD: <i>Applying Current Nutritional Concepts to Return-to-Play Performance</i>
12:30 – 1:30 p.m.	Lunch break (boxed lunch provided)
1:30 – 2:30 p.m.	Zachary Nagel, CSCS, ATC: <i>Reconditioning to Sport: Focusing on the Athlete, not the Injury</i>
2:30 – 3:30 p.m.	Robert Norton, PT, ATC, TPI: <i>Are you Fit 4 Par?</i>
3:30 – 4:30 p.m.	Jeffrey Hartzell, MD: <i>Surgical Implications in the Overhead Athlete</i>
4:30 – 5:30 p.m.	Bryan Bourcier, DPT, PT, ATC, COMT, CSCS: <i>Rehabilitation Implications in the Overhead Athlete</i>

## LEARNING OBJECTIVES:

1. Evaluation and implementation of current evidence-based return to play testing measures
2. Recognize current concepts with upper extremity injuries and return to play throwing protocols
3. Select and implement techniques to effectively evaluate, diagnose, and treat head trauma
4. Recognize the difference between reconditioning and rehabilitation
5. Apply current nutritional concepts to return to play performance

## REFUND POLICY:

- Full refund if canceled prior to July 6
- 50% refund if canceled July 7-10
- No refund if canceled within 48 hours of event



Parkview Sports Medicine is approved by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. BOC approved provider number P3334.