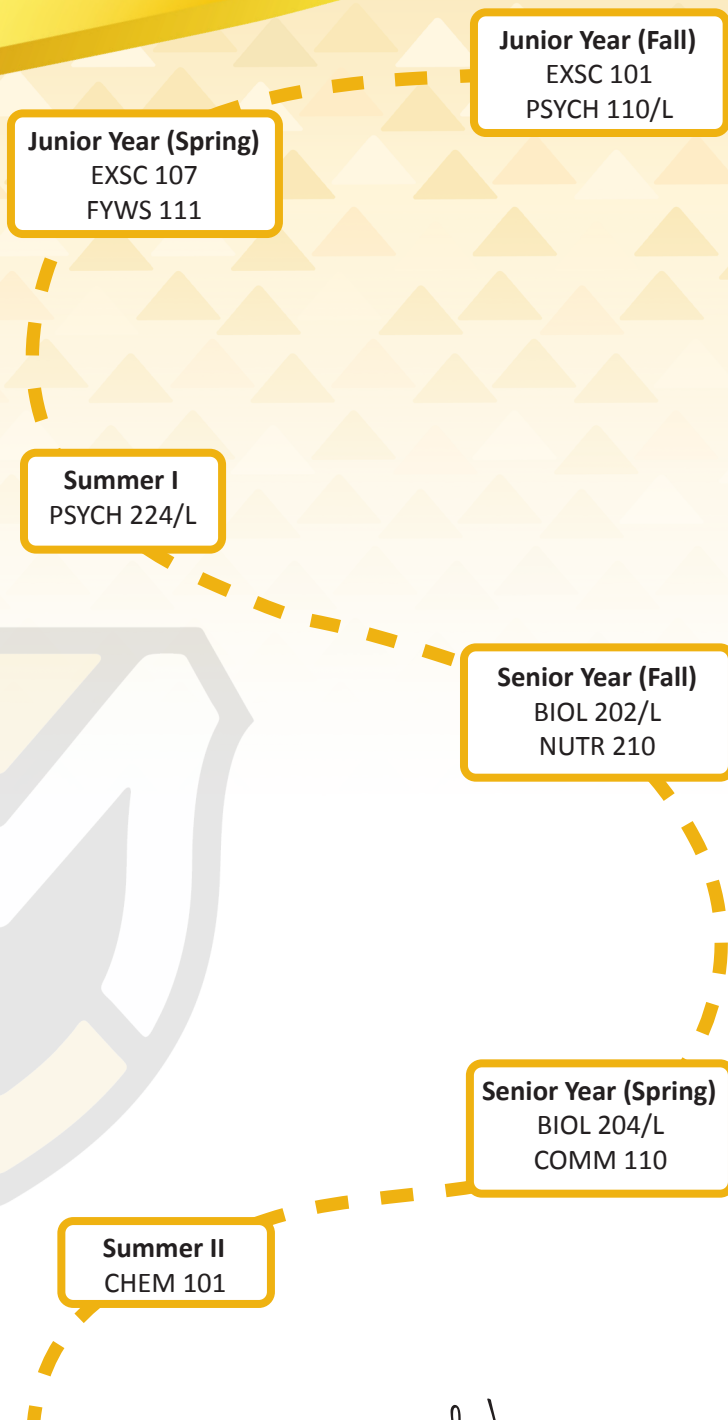


# Exercise Science High School Pathway

*Suggested pathway*



Getting a jump start on your college experience while saving both time and money is a compelling opportunity you won't want to miss! Students participating in this pathway will work towards earning direct exercise science credit. The path is for students interested in future professions: physical therapy, athletic training, occupational therapy, chiropractic, and human performance. Below is a selection of recommended courses in both the major and Core to begin the journey.

## Exercise Science Courses

EXSC 101: Introduction to Rehabilitation Sciences

EXSC 107: Medical Terminology

BIOL 202/L: Introduction to Human Anatomy and Lab

BIOL 204/L: Introduction to Human Physiology and Lab

NUTR 210: Introduction to Human Nutrition

## Core Courses

PSYCH 110/L: Introduction to Psychology and Lab

PSYCH 224/L: Developmental Psychology and Lab

COMM 110: Introduction to Communication

FYWS 111: First Year Writing Seminar

CHEM 101: Chemical Science

*Scan to apply!*



*\*Earn 34 credits by following this pathway!*



**Manchester**University

# FAQs



*Scan to apply!*

## **Why start in High School?**

Starting early means you can finish faster.  
Early College Courses are a fraction of the cost, saving you time and money!

## **What is the cost?**

Online: \$50/credit hour  
In-person: \$85/credit hour

## **How hard is it to apply?**

It takes about 5-8 minutes to submit your application  
and you will get a response in 1 day.

## **Will I need a high school transcript when I apply?**

Yes!

## **How will I know if I have been admitted?**

You will hear from the Manchester University Office of Admissions.

## **What MU perks do I get?**

Your student ID can get you:

- Free entrance into athletic contests and music ensembles
  - Ability to use the Brown Fitness Center
    - University printer access
    - Funderburg Library access
- Possible discounts at restaurants
- Ability to purchase meal plan

## **What if I am taking other dual credit courses?**

That's perfectly fine! These credits won't affect what you are already taking.

## **Where do I start?**

We encourage you start with the recommended exercise science courses and use the recommended Core courses as a backup!