

PRECEPTOR NEWSLETTER

Official Newsletter for Pharmacy Preceptors at Manchester University College of Pharmacy, Natural and Health Sciences



Congratulations PharmD Class of 2021!

BY DR. RYAN ADES

This year has been unlike any other for students, preceptors and faculty alike. Please accept my sincerest thanks for your flexibility, determination, and dedication to providing our students with a great opportunity to develop and grow into caring, competent pharmacists. We wish the class of 2021 nothing but success in the future! Thank you for all that you have done to prepare them for success.



Welcome Class of 2022 PharmD Candidates!

BY DR. RYAN ADES

Our upcoming APPE class is excited to begin working with and learning from you. These students have persevered through more than a year of virtual learning and are ready to translate their didactic knowledge to practical application. We are excited to see these students in action, and to facilitate great experiences for both students and preceptors!



This issue:

Congratulations PharmD Class of 2021
PAGE 01

Welcome PharmD Class of 2022
PAGE 01

COVID 19 Updates
PAGE 02

Free Continuing Education Recordings Now Available
PAGE 02

IPPE Preceptor of the Year
PAGE 03

APPE Preceptor of the Year
PAGE 03- 05



COVID-19 Updates

Recently there have been a number of updates to the guidance surrounding COVID-19 best practices from both the CDC and on campus at Manchester. I am writing to inform you that all students have been instructed to bring masks with them while on rotation, and are required to follow all policies and procedures in place at their rotation site regarding the use of personal protective equipment. Our office will fully support the policies your sites have in place and work with students and preceptors to address any concerns related to COVID-19 throughout.

Students will also continue to have the opportunity to spend a maximum of eight hours each week away from their rotation site in order to prepare and/or administer COVID-19 immunizations. This applies to any student conducting IPPE II or APPE rotations. Students will be required to discuss the scheduling of these hours directly with their preceptor prior to conducting any off-site COVID-19 immunization events to ensure appropriate scheduling.

Free Continuing Education Recordings Now Available

This spring Manchester hosted two virtual CE discussions:

- Improving Performance Feedback – Jason Mutzfeld
- Combating Implicit Biases in the Healthcare System – Dr. Maegan Pollonais

Both of these are now available for you to access on [CORE ELMS](#) and obtain Indiana CE credit. Please log-in to CORE ELMS, click on the External Resources tab, and select [Continuing Education Events Online](#). From there simply select the recording to wish to review. Once you have reviewed the recording, simply complete the form verifying that you watched the video and our office will send you a Continuing Education Certificate. You may also click the CEImpact link to access a number of ACPE accredited continuing education opportunities provided for free with the access code MANU21.

Jason Mutzfeld:
[Improving Student Performance Feedback Utilizing a Strengths Centered Approach](#)



Maegan Pollonais:
[Understanding and Combating Implicit Bias in the Health Care System](#)



IPPE I Preceptor of the Year

Each year Manchester University Pharmacy Programs recognizes one preceptor as the IPPE I Preceptor of the Year based on student nomination.

I am happy to share that the 2021 IPPE I Preceptor of the Year is 2018 alumna Dr. Courtney Smith. Courtney received the following winning nomination from first year student Nicholas Kallabat:

Courtney is a pharmacist who truly does go above & beyond for her patients. One of the best things about her is that it genuinely comes from the heart. Courtney is always friendly and happy to help. She never rushes her patients. She is very thorough and patient. She is very sympathetic & empathetic. Courtney's leadership, counseling, attention to detail, and communication skills are absolutely phenomenal. It shows that she not only lives for what she does, but that she genuinely loves her patients and loves helping them. Aside from teaching me how to manage and operate a pharmacy, Courtney taught me many life-long lessons that I will forever be thankful for. I hope one day I can be half the pharmacist she is.

Thank you Courtney for representing Manchester and for contributing to the growth of our first year students!



2021 APPE Preceptor of the Year

Each year Manchester University Pharmacy Programs recognize two volunteer preceptors and one faculty preceptor as the APPE Preceptors of the Year based on student nomination. Our students submitted many wonderful nominations. This year's Preceptors of the Year are:

2018 alumna Dr. Micah (Spurgeon) Downing, as nominated by Brook Laux:

Prior to my rotation at Dupont Hospital, I did not have a lot of experience in hospital pharmacy so I was quite nervous heading into the rotation and I had no idea what to expect. From Day 1, Micah greeted me with an organized calendar of exactly what to expect, what guidelines we would be discussing, journal club article, topic discussions, and projects required throughout the duration of the rotation. She provided me with an organized binder that contained the hospital dosing protocols sorted with corresponding tabs, monitoring forms, and other references that would be needed during the rotation.





2021 APPE Preceptor of the Year Continued...

On Day 1, Micah also handed me a blank small notebook that would exactly fit into my white coat pocket and instructed me to write down unfamiliar topics as we would come across them during the day and to add additional information such as the infamous 'drug-bug' chart and some other topics that would come up frequently. I continued to add to that notebook all month and it has become so useful during other rotations and when working as well. I carried it with me to all of my rotations and continued the same practice of looking up anything unfamiliar each night. Several of my preceptors commented about how much they liked my notebook and how this practice encouraged me to continue learning all of the time. The symbol of a notebook may seem insignificant to some, but it has definitely influenced me and encouraged lifelong learning habits. We were working second shift so the majority of the clinical que has already been addressed during the day but she would print the que out for me to go through and dose antibiotics or adjust heparin or renal doses accordingly as I couldn't access how other pharmacists approached each patient. After I addressed each patient, Micah and I would discuss the cases. She explained if she would have done the same thing or something different and allowed me to explain my rationale as well and we also looked at what another pharmacist chose to do. This practice and routine really allowed me to develop my own clinical judgement and decision making strategies and to learn from others which greatly benefitted me as I moved on to other hospital rotations. Aside from the guidelines and topics that were pre-planned, Micah had prepared some practice questions and some calculation worksheets that I completed while on rotation. These also led to in-depth discussions and the knowledge that I gained carried on to other rotations. She focused on several hands-on skills such as breaking ampules, IV sterile compounding techniques/procedures, and anesthesia audits. Micah reviewed ACLS/BLS and prepared me for 'Code Blue' situations. She continued to teach and talk me through those situations when we responded to them during the rotation. She also had me review the medications and doses for rapid sequence intubation as we responded to several of those during the rotation as well. I appreciate all of the time she spent working with me during the rotation and all of the time she spent preparing to precept before the month even started. Micah provided a great learning experience for me and greatly impacted how I performed on subsequent rotations too. I greatly appreciate everything she taught me and the impact she has made on my future as a pharmacist.

Dr. Jennifer McComb, as nominated by Taylor Chatterson:

The transplant rotation I had with Dr. McComb was one of the best rotations throughout my APPE year and that was all thanks to my preceptor. I will list a few reasons as to why I feel she deserve recognition for her amazing work. We were fortunate to have Dr. McComb in class which helped my base knowledge and started me off on the right track. However, if you didn't have this class or didn't remember all of the content she did an amazing job of helping us learn those basic skills and had us complete tasks to build upon our knowledge. One of the best methods she used was a daily email. We would pick something we saw or heard that we did not understand and would look it up and at the end of the week we would talk about all topics as a group to further increase our understanding and knowledge. Transplant is tricky and a subject we rarely use. In addition, on other rotations I hate to say some topics just don't stick due to not having enough time with the preceptor or the preceptor does not teach but Dr. McComb made sure we left that rotation having a good baseline knowledge of transplant pharmacology. From day one I felt comfortable with Dr. McComb she interacted with students right off the bat making us feel comfortable and welcomed. I am very introverted, nervous, and when uncomfortable do not feel confident enough to talk.





2021 APPE Preceptor of the Year Continued...

From the first day I knew I never had to feel uncomfortable and even when not confident I felt like I was able to go to Dr. McComb and get her help or guidance. After almost 10 months since that rotation I still will go back and visit her and another preceptor due to the amazing interactions and the relationships that were built while on that rotation. A big part of why I see her as an amazing role model and have so much respect is her collaboration between the transplant team and the advocacy for her patients and community. I have seen first-hand how hard it can be for pharmacists to collaborate with physicians/ other team members and I am so thankful to have been able to see how she is able to present her ideas and gain the respect she deserves on her transplant team. In addition, she showed how important her patients are to her and the mountains she would climb to ensure they have the best care is an inspiration. She also did a great job at recognizing our weakness as students and helping us to achieve our goals and overcome those weakness. She truly is one of those preceptors that will listen to our midpoint evals and take that information making sure we grow in the end. After only 2 months of being on rotations I felt instantly strong as a person, student, and future pharmacist thanks to her. I am not great at words and I know I am not doing Dr. McComb justice but she is by far one of the best preceptors I was fortunate to encounter and Manchester is lucky to have her accepting students. She is a great teacher, mentor, and pharmacist and an amazing role model. I know I will be a better pharmacist because of her and I will be forever grateful for her mentorship, teaching, and the relationships I built on that rotation. I am sad I was unable to spend more time there as I know I could have learned so much more. These are some of the many reasons I believe Dr. McComb deserve recognition for the amazing work she does for her students.

Faculty member Dr. Teresa DeLellis, as nominated by Jwan Mustafa:

Dr. DeLellis is an amazing preceptor, she clearly explained the objectives of the rotation. She encouraged me to be better. Her teaching style made me more confident in myself. She is incredible in taking out the best in me. She is capable of magic in making me feel confident and see that I actually can be a great pharmacist in the future. As students, we all need a preceptor like Dr. DeLellis. She is a great role model because she takes care of her patients really well. You can see it in the way she talks to her patients and you can feel how much she cares about her patient's well being. She also cared about us as her APPE students and genuinely wanted to understand us, where we need to improve on and how to become a great pharmacists. I learned so much regarding geriatric therapeutics and transition of care. She is amazing at her job, respectful and professional. Dr. DeLellis is able to give me tools that I can use for the rest of my professional career. I could not ask for a better preceptor than Dr. DeLellis. Every student is lucky to have her as a preceptor, teacher and a person in their lives.



Thank you all so much for representing Manchester and for your dedication and determination to serving our students during their fourth year!