

**Election of Major
Exercise Science & Fitness
Exercise Science Concentration (51 hours)
2017-2018 Catalog**

Name _____

I.D. Number _____

Planned Degree Completion Date: Mo. _____ Yr. _____

✓ One: _____ BA _____ BS

Required Courses

Do not write in shaded area

Hours Target Completion

| | | | | |
|--------------------------|-----------|---|-----|-------|
| <input type="checkbox"/> | BIOL 202 | Fundamentals of Human Anatomy | 3.0 | _____ |
| <input type="checkbox"/> | BIOL 202L | Fundamentals of Human Anatomy Lab | 1.0 | _____ |
| <input type="checkbox"/> | BIOL 204 | Fundamentals of Physiology | 3.0 | _____ |
| <input type="checkbox"/> | BIOL 204L | Fundamentals of Physiology Lab | 1.0 | _____ |
| <input type="checkbox"/> | BIOL 422 | Vertebrate Physiology | 3.0 | _____ |
| <input type="checkbox"/> | BIOL 422L | Vertebrate Physiology Lab | 1.0 | _____ |
| <input type="checkbox"/> | ESAT 103 | Foundations of Physical Education and Sport Sciences | 2.0 | _____ |
| <input type="checkbox"/> | ESAT 200 | Basic Principles of Nutrition | 3.0 | _____ |
| <input type="checkbox"/> | ESAT 325 | Exercise Physiology (W) | 3.0 | _____ |
| <input type="checkbox"/> | ESAT 325L | Exercise Physiology Lab | 1.0 | _____ |
| <input type="checkbox"/> | ESAT 410 | Administration of Health and Physical Activity Programs (W) | 3.0 | _____ |
| <input type="checkbox"/> | ESAT 476 | Internship in Health/Fitness/Wellness | 3.0 | _____ |
| <input type="checkbox"/> | MATH 210 | Statistical Analysis | 4.0 | _____ |

Two semesters of Chemistry:

| | | | | |
|--------------------------|-----------|---|-----|-------|
| <input type="checkbox"/> | CHEM 105 | Introduction to Inorganic Chemistry | 3.0 | _____ |
| <input type="checkbox"/> | CHEM 105L | Introduction to Inorganic Chemistry Lab | 1.0 | _____ |
| <input type="checkbox"/> | CHEM 106 | Introduction to Organic Chemistry | 3.0 | _____ |
| <input type="checkbox"/> | CHEM 106L | Introduction to Organic Chemistry Lab | 1.0 | _____ |
| | OR | | | |
| <input type="checkbox"/> | CHEM 111 | General Chemistry I | 3.0 | _____ |
| <input type="checkbox"/> | CHEM 111L | General Chemistry I Lab | 1.0 | _____ |
| <input type="checkbox"/> | CHEM 113 | General Chemistry II | 3.0 | _____ |
| <input type="checkbox"/> | CHEM 113L | General Chemistry II Lab | 1.0 | _____ |

Twelve hours of directed electives approved by department chair.

| | | | | |
|--------------------------|-------|-------|-------|-------|
| <input type="checkbox"/> | _____ | _____ | _____ | _____ |
| <input type="checkbox"/> | _____ | _____ | _____ | _____ |
| <input type="checkbox"/> | _____ | _____ | _____ | _____ |
| <input type="checkbox"/> | _____ | _____ | _____ | _____ |

Explain transfer, substitutions, or other irregularities:

Advisor Signature _____ Date _____

Department Chair Signature _____ Date _____

I understand I have final responsibility for monitoring my graduation requirements

Student Signature _____ Date _____

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