

**HUMAN PERFORMANCE EDUCATION
2020-2021 Election of Major**

Name _____ ID# _____

Planned Degree Completion Date: Mo. _____ Yr. _____

Check Degree Plan: ___BA ___BS

Human Performance Requirements

- BIOL 202 Fundamentals of Human Anatomy (3) _____
- BIOL 202L Fundamentals of Human Anatomy Lab (1) _____
- BIOL 204 Fundamentals of Human Physiology (3) _____
- BIOL 204L Fundamentals of Human Physiology Lab (1) _____
- ESAT 103 Foundations of PE and Sport Sciences (2) _____
- ESAT 200 Basic Principles of Nutrition (3) _____
- ESAT 205 Team Performance Training (3) _____
- ESAT 206 Individual/Dual Performance Training (3) _____
- ESAT 209 Principles of Coaching (2) _____
- ESAT 243 Principles of Fitness (3) _____
- ESAT 250 Performance Lab I (1) _____
- ESAT 260 Performance Lab II (1) _____
- ESAT 325 Exercise Physiology (3) _____
- ESAT 325L Exercise Physiology Lab (1) _____
- ESAT 339 Fund Technique of Exercise and Fitness (3) _____
- ESAT 345 Functional Kinesiology (3) _____
- ESAT 410 Admin of Health and Physical Activity Programs (3) _____

4 hours of Directed Electives (Consult with advisor & Dept. Chair Approval)
(ESAT 145: Motor Development highly recommended)

_____ () _____
_____ () _____

PROFESSIONAL EDUCATION

- EDUC 111 Exploring Teaching and Learning (3) _____
- EDUC 212 The Exceptional Learner (3) _____
- EDUC 230 Educational Psychology (3) _____ C-4HD
- EDUC 246 Educational Assessment (3) _____
- EDUC 343 Literacy in the Content Area (3) _____
- EDUC 353 Classroom Management/Conflict Resolution (3) _____
- EDUC 362 Literacy and English Language Learners (2) _____
- EDUC 410 The Teacher in Today's School (2) _____
- EDUC 440 Methods for Secondary Education (3) _____
- EDUC 475 High School Student Teaching (7) _____
- EDUC 477 Jr High/Middle School Student Teaching (6) _____

CORE PROGRAM

1 Foundational Skills

- 1FS: FYS First Year Seminar (3) _____

1FS: FYE First Year Experience (1) _____

1O: COMM 110 Found of Human Communication (3) _____

1Q: MATH 113 or 115 or 121 or DATA 210 (3) _____

2 Integration into the World (one W, one O and one Q in any of the categories below)

3RC: Responsible Citizenship _____ () _____

3GC: Global Connections _____ Asian/World History _____ X

3RC or 3GC: _____ () _____

3 Ways of Knowing (9 Courses)

Philosophical, Religious and Creative Inquiry Religion

4R: Religion _____ () _____

4P: Philosophy _____ () _____

4A: Visual and Performing Arts _____ () _____

4L: Literature _____ () _____

Human Behavior and Institutions (3 courses, each in a different discipline)

4HD: EDUC 230 Educational Psychology X

4HH: HIST 104/105/113/114/121/123 X

4H__: _____ () _____

Natural World (2 courses, each in a different discipline)

4N__: _____ () _____

4N__: _____ () _____

4 Synthesis & Critical Connections (1 course & VIA)

5C: Critical Connections: INTD _____ () _____

VIA (see requirements in *Catalog*) up to (2) credits _____

(A minimum of 120 credit hours required for graduation.) TOTAL _____

BA requirements: Intermediate language proficiency at 200 level ___ Yes ___No

Student: I understand that I have final responsibility for monitoring my graduation requirements.

Student Signature: _____ Date _____

Advisor: _____ Date _____

Dept. Chair: _____ Date _____

Director of Teacher Educ: _____ Date _____