

Major Planning Worksheet

Exercise Science & Fitness

Clinical & Rehabilitation Sciences Concentration (51 Hours)

Bachelor of Science

2021-2022 Catalog

Name: _____ ID Number: _____

Planned Degree Completion Date: Mo. _____ Yr. _____

Required Courses		Hours
BIOL 202	Fundamentals of Human Anatomy	3.0
BIOL 202L	Fundamentals of Human Anatomy Lab	1.0
BIOL 204	Fundamentals of Human Physiology	3.0
BIOL 204L	Fundamentals of Human Physiology Lab	1.0
BIOL 422	Advanced Human Physiology	3.0
BIOL 422L	Advanced Human Physiology Lab	1.0
DATA 210	Statistical Analysis	4.0
ESAT 103	Foundations of Physical Ed & Sport Sciences	2.0
ESAT 200	Basic Principles of Nutrition*	3.0
ESAT 325	Exercise Physiology*	3.0
ESAT 325L	Exercise Physiology Lab	1.0
ESAT 410	Admin of Health & Physical Activity Programs (W)*	3.0
ESAT 476	Internship in Health/Fitness/Wellness	3.0

Two semesters of Chemistry:

CHEM 105	Introduction to Inorganic Chemistry	3.0
CHEM 105L	Introduction to Inorganic Chemistry Lab	1.0
CHEM 106	Introduction to Organic Chemistry	3.0
CHEM 106L	Introduction to Organic Chemistry Lab	1.0
OR		
CHEM 111	General Chemistry I	3.0
CHEM 111L	General Chemistry I Lab	1.0
CHEM 113	General Chemistry II	3.0
CHEM 113L	General Chemistry II Lab	1.0

Twelve hours of directed electives approved by Department Chair:

*Courses satisfy the Bachelor of Science Degree requirement

Notes: