

Major Planning Worksheet

Exercise Science & Fitness

Clinical & Rehabilitation Sciences Concentration (55 Hours)

Bachelor of Science

2022-2023 Catalog

Name: _____ ID Number: _____

Planned Degree Completion Date: Mo. _____ Yr. _____

Required Courses		Hours
BIOL 202	Fundamentals of Human Anatomy	3.0
BIOL 202L	Fundamentals of Human Anatomy Lab	1.0
BIOL 204	Fundamentals of Human Physiology	3.0
BIOL 204L	Fundamentals of Human Physiology Lab	1.0
DATA 210	Statistical Analysis	4.0
EXSC 101	Intro to Rehabilitation Services	3.0
EXSC 106	Medical Terminology	1.0
EXSC 255	Orthopedic Evaluation	3.0
EXSC 325	Exercise Physiology*	3.0
EXSC 325L	Exercise Physiology Lab	1.0
EXSC 355	Orthopedic Intervention	3.0
EXSC 410	Admin of Health & Physical Activity Programs (W)*	3.0
EXSC 476	Internship in Health/Fitness/Wellness	3.0
NUTR 210	Introduction to Human Nutrition	3.0

Two semesters of Chemistry:

CHEM 105	Introduction to Inorganic Chemistry	3.0
CHEM 105L	Introduction to Inorganic Chemistry Lab	1.0
CHEM 106	Introduction to Organic Chemistry	3.0
CHEM 106L	Introduction to Organic Chemistry Lab	1.0
OR		
CHEM 111	General Chemistry I	3.0
CHEM 111L	General Chemistry I Lab	1.0
CHEM 113	General Chemistry II	3.0
CHEM 113L	General Chemistry II Lab	1.0

Twelve hours of directed electives approved by Department Chair:

	_____	_____
	_____	_____
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	_____	_____

*Courses satisfy the Bachelor of Science Degree requirement

Notes: