

Major Planning Worksheet

Nutrition Sciences (53 hours)

Bachelor of Science

2022-2023 Catalog

Name: _____ ID Number: _____

Planned Degree Completion Date: Mo. _____ Yr. _____

Required Courses

Hours

BIOL 101	General Biology	3.0
BIOL 204	Fundamentals of Human Physiology	3.0
CHEM 105	Introduction to Inorganic Chemistry	3.0
CHEM 105L	Intro to Inorganic Chemistry Lab	1.0
CHEM 106	Introduction to Organic Chemistry	3.0
CHEM 106L	Intro to Organic Chemistry Lab	1.0
EXSC 106	Medical Terminology	1.0
EXSC 476	Internship	3.0
MATH 115	Elementary Probability Statistics	3.0
NUTR 101	Nutrition Screening Lab	1.0
NUTR 102	Nutrition Communication	3.0
NUTR 103	Global Food and Nutrition	3.0
NUTR 210	Introduction to Human Nutrition	3.0
NUTR 211	Human Life Cycle Nutrition	3.0
NUTR 220	Food Science	3.0
NUTR 220L	Food Science Lab	1.0
NUTR 320	Meal Prep and Diet Planning*	3.0
NUTR 330	Micronutrients and Metabolism*	3.0
NUTR 340	Macronutrients and Metabolism (W)*	3.0

Six hours of approved electives selected from:

NUTR 230	Sports Nutrition	3.0
NUTR 240	Cardiovascular & Wellness Nutrition	3.0
NUTR 250	Weight Management	3.0

*Courses satisfy the Bachelor of Science Degree requirement

Notes: