

# Minor Planning Worksheet

## Nutrition Sciences (24 hours)

2022-2023 Catalog

Name: \_\_\_\_\_ ID Number: \_\_\_\_\_

Planned Degree Completion Date: Mo. \_\_\_\_\_ Yr. \_\_\_\_\_

Major: \_\_\_\_\_

### Required Courses

			Hours
EXSC 106	Medical Terminology		1.0
EXSC 476	Internship		3.0
NUTR 101	Nutrition Screening Lab		1.0
NUTR 102	Nutrition Communication		3.0
NUTR 210	Introduction to Human Nutrition		3.0
NUTR 211	Human Life Cycle Nutrition		3.0
NUTR 220	Food Science		3.0
NUTR 220L	Food Science Lab		1.0
NUTR 320	Meal Prep and Diet Planning*		3.0

### Electives

		Hours
Complete one course from below.		
NUTR 230	Sports Nutrition	3.0
NUTR 240	Cardiovascular and Wellness Nutrition	3.0
NUTR 250	Weight Management	3.0

Notes: