

FEATURES

SPARTAN SPORTS

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Highway Clean-Up

Ciara Knisely
Staff Writer

On Thursday, April 27, the College of Business Club's Community Outreach Committee geared up with orange vests, gloves and trash bags for its biannual Highway Cleanup, clearing litter and debris from State Road 13.

The Committee, which is one of the five subcommittees of the College of Business Club, hosts the Highway Cleanup every semester and works on a section of both sides of SR 13, covering a distance of around two miles total. The event provides the Committee with an opportunity to improve the conditions of the environment while giving back to the community with their service.

The club also sponsors the highway, and members have an agreement with the Highway Department to clean a section of the highway every semester.

During this semester's cleanup, around 20 members of the College of Business Club participated, collecting a grand total of twelve bags of trash.

"It's a fun way to get together as a group while giving back to the community," says junior Jordan Elick, director of the Community Outreach Committee. "We're all about making ourselves better as well as making everyone else around us better in the community."

Similarly, Elick also articulates that the Community Outreach Committee takes a great interest in helping the environment. "Not only does it help the school, but it helps North Manchester," Elick said.

"The CBC runs this program, as it provides an opportunity to venture off campus and help our community," says junior Ethan Foster, treasurer for the CBC. "It is important to me personally to attend events like highway cleanup as it is important to me to give back to the club and the community."

Junior Blake Moore, president of the College of Business Club, elaborates on the club's dedication to the community. "People might not necessarily notice it when they drive down the road, but to have a clean environment and make it a livable space for others goes back to our commitment to service," he states.

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Senior Delivers 'Conflict Transformation' VIA

Virginia Rendler
Staff Writer

On Thursday, April 27, 2017, Senior Lucas Al-Zoughbi delivered "Conflict Transformation in Palestine" as his Senior Series Values, Ideas and Arts (VIA) presentation in Cordier Auditorium.

Al-Zoughbi is a peace studies and psychology double major from Bethlehem, Palestine. Next year he will be attending Michigan State University for its joint Masters and PhD program in ecological community psychology.

In his VIA, Al-Zoughbi said his aim was to educate people about the situation in Palestine as well as about the connections between Palestine and Manchester. For example, when his father was arrested, former Peace Studies professor Ken Brown had a large role in his release due to a nonviolent movement in which he encouraged students to write letters on behalf of Al-Zoughbi's father. "The reason I decided to submit a proposal for a VIA is because, as a Palestinian coming to the United States, I've realized most people don't know what's going on," Al-Zoughbi said. "I think it's important for U.S. citizens to know because their tax money is going to the Israeli military, and the oppression of an entire population. And that includes Palestinians from the West Bank, Gaza strip, Palestinian refugees and Palestinian citizens of Israel who are treated as second class citizens."

Al-Zoughbi began his talk with a music video by a Palestinian band centered in the Deheishe Refugee Camp and a description of Operation Cast Lead, or the Gaza Massacre of 2008. He noted that over 5,000 Palestinians were wounded, whereas less than 100 Israelis were wounded. According to Al-Zoughbi, these statistics show that this is not a war, it is an occupation. Al-Zoughbi shared a poem by Rafeef Ziadah in which one line reads, "these are not two equal sides, occupier and occupied."

This issue is very close to Al-Zoughbi. "I grew up in Pales-



Lucas Al-Zoughbi

tine," he said, "which means growing up with the knowledge that you are Palestinian, and your life, if taken, would mean less than someone else's. In regards to a judicial justice, next to nothing would happen [if you were killed]. My father had experienced torture and imprisonment by Israel, and the legacy of the history of oppression, injustice and resistance has instilled this passion in me."

He is also inspired by his family's consistent work for social justice. He described the checkpoints in Palestine that prevent Palestinians from leaving or returning to their homes, and the two million people living in the Gaza Strip that have experienced four wars.

As Al-Zoughbi explained, there are 61 military checkpoints in Palestine, some that can lengthen a 10-mile commute to up to seven hours. Sixty-nine babies have been born at these checkpoints, and of these, 35 babies died, as well as five mothers.

He shared other statistics as well: since 1967, 48,488 structures have been demolished in Palestine, including homes, businesses, and apartment complexes. 5,199

people in Palestine are homeless, and over half of those are minors. There are 7,000 Palestinian political prisoners, and 800,000 since 1967. There are 450 child prisoners held by Israel, which is a United Nations-declared Apartheid State.

Al-Zoughbi believes that students of Manchester have a responsibility to care about this conflict. "The reason that I came to Manchester was the peace studies department, but I also fell in love with their mission statement, specifically the portion that says 'we respect the infinite worth of every individual,'" he said.

"I think that's something that we as individuals should do," he continued. "In the situation in Palestine, where individuals are not being respected, and rather are oppressed, killed, ethnically cleansed, brutalized, tortured and deprived of their basic human and civil rights, this should matter to you as a moral human being. But beyond that, the fact that your tax money is funding this oppression, that should really matter to you because you are literally paying for this injustice. I think it's important to be an active citizen of the world."

Lucas Al-Zoughbi's father, Zoughbi Zoughbi, founded the Wi'am Center for Conflict Transformation, an organization in Palestine that works for diplomacy and women's rights, and works with youth and victims of trauma. There is a program through Pathways Summer Service at Manchester where students can volunteer at Wi'am over the summer.

Al-Zoughbi encourages students to do their own research, or simply to visit Palestine. "I want to get people interested in this situation so they'll learn for themselves," he said. "It could be said that everything I have to say is propaganda, and then I'd also encourage people to go and visit for themselves. That is something I've been doing since I came to the United States -- trying to encourage people to go to Palestine and see for themselves through their own eyes."

Being there in the community and culture and feeling the camaraderie there gives hope. We often say, 'Respect existence or expect resistance.' We want more comrades and allies from around the world to boycott, divest, and sanction Israel for it to respect human rights and international law."

Prof. DeVries

Kelleen Cullison
Staff Writer

On April 20, Manchester associate professor of Spanish Scott DeVries shared the story of how he moved from sleeping in his veterinarian father's dog crates to studying the ethics behind how people view animals. In his talk, "Animals, Ethics, Books and Movies," DeVries challenged his audience to contemplate the history of animals and their important role in film and literature, and consequently, how those mediums affected the way they ethically viewed them.

DeVries' book, "Creature Discomfort," focuses on animal ethics and the representation of animals in Spanish American fiction and poetry. The sheer prevalence of animals in film, however, intrigued him.

"Think of a movie with an animal in the title and turn to your neighbor," DeVries said. "Now make a bet with them, however much you're willing, maybe two bucks, that the name of your movie won't be on my list." The list included a "brief" collection of all the movies he himself contrived.

The fairly new Disney movie "Zootopia" was among those listed, and DeVries took advantage of its popularity to put one of the concepts of his book into action. "Fauna-criticism is asking yourself, 'How does this film or book help me discern between animal ethics?'" DeVries said.

After viewing two clips from "Zootopia," DeVries brought to attention two animal ethic concepts he found in the film—the overanthropocentrism of animals and the idea that films change how people view animals in the real world.

Anthropocentrism is a kind of utilitarianism in which one finds the suffering of others deplorable, but "others" only referring to other human beings. This speciesist attitude is alluded to in "Zootopia," where the beloved animal characters must have human qualities, like the aspiration to become a police officer, or animals conversing and wearing human clothing. What DeVries described as the "overanthropocentrism of animals," was giving the animal characters human qualities in the film in order for people to care for them in the same way.

This idea that the film changes the way viewers consider animals also appears in the film's own awareness of the anthropocentrism of its characters. When the

main character follows a lead to a "naturalist" colony, the character working the front desk says, "Yeah, some mammals say the naturalist life is weird, but you know what I say is weird? Clothes on animals!"

"This makes some people sit back and think, 'yeah, clothes on animals doesn't look natural,'" DeVries said.

Why do so many animals show up in our literature? Why do we care so much about animals? DeVries theorizes it is the mystery of the animals, and our fascination between similarities between them and ourselves. "Only male whales sing," DeVries said. "so scientists thought their song may be tied to mating." But they don't sing merely during the mating season or when females are

around. "Whales can do something we can't: sing underwater, and we can't understand why. They remain a mystery to us."

He also notes the mourning rituals of elephants: how their eyes will water when one of their herd dies, and that they will sometimes bury the bones. "At least someone in an audience this size has unfortunately been affected by loss," DeVries said, and noted the similarity between us and elephants in this ritual of grief.

The idea of animal philosophy and study isn't a new concept. Philosophers as early as classical Greece have considered the ethics of consuming animals and their subsequent suffering (or the remote possibility of reincarnation, and that you may be eating a relative of yours when you consume a cow). This historical debate of animal ethics continues in modern times with the work of utilitarian philosophers like Peter Singer, who warns us of the moral dangers in anthropocentrism and speciesism, to the work of Tom Regan, who contemplates the "subject of a life"—the idea that animals have lives of their own, and therefore hold worth and purpose.

"Animals may provide companionship that other people cannot," DeVries said. "Such as that of an elderly person, whose family doesn't live nearby." This may depict animals' importance to humans, but DeVries invited the audience to also consider the idea of animals' intrinsic value of their own.

"The goal of this talk is that I hope you'll watch a movie and consider animal ethics, and think, 'Does this movie uphold ethics from animal studies,'" DeVries said. "Giving ethical perspectives to how we treat animals is what animal studies is all about."



Junior English major Haylee Parrish

Photo by Tyler Roebuck



Bees Story

Kelleen Cullison
Staff Writer

Despite bad weather and power outages, the leadership FYS class was able to pull through with its events for Bee Awareness Week 2017.

From the first semester, the class had planned five events throughout the week, but Wednesday's Spelling Bee was cancelled due to the campus wide power outage, and Saturday's planting of bee-friendly flowers was put off until Tuesday due to inclement weather.

"We were lucky that most of the events we had planned were not time sensitive and that the students were receptive to the changes," said Virginia Rendler, who served as project manager. "We were definitely disappointed that the spelling bee was cancelled, but everything else went really well."

Events kicked off Sunday, April 23 with a "BIA" followed by pizza and T-shirt signups for first-year students. The VIA featured guest speaker David Young from Capstone 118, a nonprofit organization settled in the 9th Ward of New Orleans that provides homegrown produce and honey to residents who struggle to find nutritious food.

"More than one-third of the world's produce is reliant on bees," Young said. His gardens and orchards are grown as naturally as possible, and they rely on plant friendly bugs like honeybees lady bugs, wasps and monarch butterflies to pollinate and protect their produce from weeds and parasites. "We can't afford to lose bees," he said.

Bee populations have been declining since World War II, when chemical pesticides began to be used on crops. People began to take real notice a few years ago, when entire bee colonies began to disappear en masse.

A combination of monoculture farming habits, pesticide usage, parasites and loss of habitat hasn't boded well for the bees. "Every batch of pollen that bees collect now has at least six notifiable chemicals in it," Young said.

Coming into contact with these chemicals has made the bees intoxicated and unable to return to the hive, sick, and has even proved fatal to them.

These findings were elaborated upon by Leadership FYS students Marie Bougher, William Southern, and Emily Jones in a Science Seminar held the following day. They found that, in 2006, scientists reported that bees weren't surviving the winter anymore due to the factors stated by Young.

After their stint of research into melittology, the study of bees, the student presenters encouraged the audience to plant bee friendly flowers and to avoid pesticides and products that contain Neonicotinoids, such as products from companies like Bayer, as well as installing bee hotels and baths in your yard to encourage pollination. Purchasing organic foods is another small way people can contribute that makes a big difference.

"If you choose to purchase organic food products at the grocery store, whose plants were not doused with harmful pesticides, you are supporting a bee-friendly farming industry, since bees can pollinate organically-grown food without being poisoned," Southern



said.

Friday night, students meant to show a bee-themed movie in Flory Auditorium. However, due to technical difficulties, the showing and guests were moved to the Academic Center, where the night continued without a hitch.

"Each year I challenge my FYS students," said Dr. Heather Schilling. "Last year, they did a color run. This year, they wanted to save the bees."

"There were quite a few other causes thrown about in our

early planning: helping veterans, raising money for animal shelters, and supporting the Trevor Project were some other prevalent ideas," said Ben Sendo, head of communications for the bee project. "The idea for Save the Bees was honestly just one of many ideas we tossed around and eventually felt the most motivated to do."

Sendo also organized the planting of bee-friendly flowers on campus with head groundskeeper David Good. "With his help, we figured out what we could do to

plant as many bee friendly flowers as possible," Sendo said. And with Bella Case, who took the initiative searching for the project grant, they were able to collect over \$700 worth of flowers to be planted by volunteers.

"I hope students are able to gain a better understanding of the importance of the bee's role in our society," Southern said. "and learned simple ways to promote the survival of bee populations for future generations."



Psychology Seniors Journey to Ball State Together; Ready to Pursue Their Passion

Shelby Harrell
Staff Writer

Fresh from receiving their bachelors of science degrees in psychology, a group of highly accomplished students who are currently pursuing professional careers in the fields of psychology and cognitive neuroscience will take their places on Ball State University's campus as members of their Masters of Clinical Psychology program.

As a program, Ball State University's Clinical Psychology Master's degree has a rich legacy and a history of graduating highly capable individuals who are well prepared to either enter the workforce or pursue their doctorate. "Ball State has a very high success rate for their graduates in the Psychology Program," senior Megan Smith remarks with an excited smile. "Many students from Manchester's psychology department have attended their various psychology programs and had amazing experiences."

Smith, who will graduate this spring with a bachelor's degree in both athletic training and psychology, hopes to obtain a career that will enable her to help people by studying the effects of injury on the brain. "My athletic courses provided me with the knowledge and passion to help people," Smith said. "In particular, my passion to study mild traumatic brain injuries and chronic traumatic encephalopathy."

Smith attributes her success in gaining admission into the program to Manchester's department of psychology. "My courses in psychology provided me with the skills needed to become a researcher and develop skills in the lab, communication and presentation," Smith said earnestly. "I chose clinical psychology because it is a rigorous field that trains students to become researchers while also providing a large background of information."

A degree such as a mas-



ter's degree or a doctorate, places a greater emphasis on the field of research as opposed to a newly accredited degree called a PsyD, which is heavily focused on practice. Senior April Mullen, who will also be a student of Ball State's Masters of Clinical Psychology program this fall, explains her decision to pursue the former. "I am more included to get a PhD than a PsyD," Mullen said, "because I am more interested in research than in practice."

From the time she entered middle school, Mullen knew that she wanted to study psychology. However, taking a few courses at Manchester helped her decide which field she ultimately wanted to go into. "I realized that I enjoy cognitive neuroscience," Mullen

said fondly, "but I did not know I wanted to be a neuropsychologist until I took Rusty's neuropsychology course." Though research holds more of an interest to her, Mullen also hopes to be trained in practice.

As yet another student pursuing a master's degree of clinical and mental health counseling from Ball State University, senior Tiffany Harber simply describes her enjoyment of helping people. "I like helping people," Harber said, "and I like learning how the brain works."

Aside from the program's record and its highly respected reputation as an institution, there are many other reasons behind the student's choice in program. "Ball State is close," Harber said. "I really enjoyed the people there and I like the atmosphere." Smith, who will

be getting married this fall, made her choice partially due to its proximity as well. "I wanted a program that would best allow me to get into the PhD program I want to be in," Smith said, "but still allow for me to be near my family and my fiancé."

The program, however, has a reputation of being highly selective in their admissions screening. By only accepting 8 to 10 applicants annually per year, the student to professor ratio stays relatively low. Mullen's application process began in a simple way, with her submitting her application online. "I was not required to submit a general personal statement," Mullen said, "but I was required to answer specific questions that would normally be incorporated into the statement."

In contrast, those who

wish to pursue a master's degree in clinical and mental health counseling must go through the process of being personally interviewed in addition to writing a personal statement. "I had to create a personal statement," Harber said. "I also had to create a vita, write some essays and do some group interviews at Ball State."

According to Smith, the application process is the hardest part. Smith, who applied for 5 programs in total, was interviewed for one PhD program. "I felt Manchester definitely prepared me for this part of the application process," Smith said. "We had to complete resumes for each department, and tailor them to the program."





SPARTAN SPORTS

Baseball Ballads

Destinee Boutwell
Staff Writer

Imagine this; you step out of your team's dugout, and your anthem begins to play. It's the song that best defines you, your team and the events that got you to this point in time. Your cleats grind into the sand in time with the familiar beat, as you walk to the plate like you have hundreds of times before. You twist the bat around in your hands, swinging it to the rising and falling melody, testing the weight and warming up your muscles. The song helps calm your nerves by grounding you in the moment. You prepare yourself to hit the ball so your teammate on third base can make it home. The song begins to build as you step up over the line into the batter's box and with practiced ease you set your feet; the sounds swell in a boisterous climax as you bend your knees and bring your bat back into position. Finally, the bass drops and all is silent for half a second as you turn your gaze to the pitcher and wait.

The Manchester men's baseball team has the tradition of playing a song of the athlete's choice as he approaches the plate. The songs are different for every batter, and they are used to create enthusiasm in the bleachers, focus for the players and team unity and patriotism.

Kevin Clarke is a senior marketing major who switches

between a few different songs depending on the day. His top picks are "Kung Fu Fighting," a "Hakuna Matata" Remix and "Livin La Vida Loca." "I chose these songs because they are all fun and keep me in a relaxed mindset; they help me clear my mind and focus on the job I have to do," Clarke said. "I also am very good at blocking out noise and don't hear my songs most of the time, so it allows the fans to have a good laugh."

Lucas Gramman's song is "Awesome God" by R. Swift, which is a nontraditional hymn that begins with a choir singing. The beat suddenly turns from the gospel choir to a rapid-fire rap with the choir singing softly in the background to contrast with the quick and lively beat. "I love the beat, because it picks up my energy level and the lyrics calm me down," Gramman said. "The song reminds me of how I was raised and keeps me humble. When I hear the words, I remember to put my fate in God's hands and that, no matter whether I get a hit or not, God will still be there for me."

First-year Nick Rush chose "Spaceman (Carnage Festival Trap Remix)" by Hardwell because of the build in the music and the sudden bass drop. Just like the name would suggest, the song has an eerie, other-worldly sound. It begins with a few randomized twinkling sounds and then changes into fast flat notes that seem to suggest something from science fiction is

headed your way. A drum beat and electronic laser sounds are added to elevate the song into the climax before the bass drop. "I use the song as a part of my batting routine; as soon as the beat drops, I step into the batter's box," Rush said.

Justin Holloman chose the beginning of "A Team" by Travis Scott. It opens with a trumpet that seems to be getting people's attention for an important announcement. "I enjoy the song," Holloman said. "Plus it reminds me, and warns the other team, that I go to the best school in the conference. The lyrics also help to reassure me because I know that no matter what I do, my team will always be there to help me and back me up."

Mason Neuman's song "Ain't No Grave" sounds very different from most of the other songs in the lineup, because it begins with an acoustic guitar and Johnny Cash's low baritone. Instead of drums, the sound of dragging chains is used to create this song's beat. "This song represents my past injuries and surgeries and says to me that there's nothing that can keep me down, absolutely nothing will keep me from playing this game," Neuman said. "The song serves as a reminder of the long and difficult journey that baseball has been through college and how blessed and excited I am to still be playing and pitching at the collegiate level."

Manchester Tennis Loves Spring Season

Virginia Rendler
Staff Writer

The Manchester University tennis teams have been working hard this spring season and has been having fun participating in matches. The team ended its season with a second Heartland Collegiate Conference dual win Saturday, April 29.

Senior Adriana Brown plays number three doubles with her partner Alaina Beckner and number four singles. "This season for the girls went alright," she said. "It is the spring and so we only play a couple of matches with the guys. I looked forward to playing Anderson because it was my last match as a senior with my fellow teammates and coach!"

The women's team practices from 4 p.m. to 5:30 p.m. every weekday, and they work hard on drills and conditioning. Junior Erin Cordill is looking forward to beating the top women's team in the fall. "I've always been involved in tennis and I have a great love for it," Cordill said. "It's like a family for me. You can learn lifelong lessons and stay in good shape, and I enjoy improving my overall record."

Being a student athlete is

not always easy. According to Adriana Brown, the balance between academics and athletics can be tricky. "It is important to be on top of everything, because if you're not, then things can get away from you faster than you can take a hold of them," Brown said. "The most rewarding part about being a part of a team is bonding with all of the girls and our coach. Knowing that each of them is there for you whenever you need them is something so special!"

The Manchester tennis team is unique because the men and women share a coach: Eric Christiansen. Brown said their coach works extra hard for them and every player on the team is grateful for him. "We're also unique because each person brings something different to the team," Brown said. "On the tennis team there is never a dull moment and every day is new and special!"

The men's team also sees tennis as a fun sport and enjoys the camaraderie of the team. They practice every weekday around 3:30 p.m. Team member Isaac Collis loves how active the sport is, and the adrenaline that comes with it. "It's very fast-paced, with no breaks," he said. "The program is the best it's been in a long time, and

we're looking to make it to conference. I think tennis is cool because it's a sport you can enjoy at any level, and I would like to see it become more popular among youth because not very many children learn how to play. Anybody can come, it just takes time and dedication."

Senior Stratton Smith plays number one singles and dou-

bles. He said the team is making great improvements throughout the season. "The season is moving quickly and we're moving through matches, getting better and better," Smith said.

Smith agreed that the most difficult part of being on the team is the balance between academics, social life and athletics,

but the dynamic and the fun that the team has together makes it all worth it. "If there's one thing to know about our team, it's that we're goofy, we joke a lot and we're all comfortable and connected," Smith said. "We're a small squad of guys and there's an essence to tennis that is a lot more intimate and personal than another sport; we all love it."

Youth Triathlon Provides Awareness of Childhood Obesity

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Staff Writer

The forecast for Sat., April 29, 2017 included a 41 percent chance of rain along with a 100 percent chance of fun, excitement and lasting memories for anyone participating in the second annual Youth Triathlon at Manchester University.

Chair of the Exercise and Sport Sciences and the Athletic Training Departments Jeffrey Beer, who started the event two years ago, describes the atmosphere of the Triathlon as cheerful and exciting. "The event is competitive with some," Beer said, "but the event is overall challenging but fun."

Beer gained inspiration for the idea while spending some time in an area of Chicago. "I no-

ticed one being run after hearing some children cheering on each other," Beer said, "outside my hotel." Upon his arrival back into town, Beer brought his inspired suggestion to Dr. Ryan Hedstrom and Dr. Sun Kang, respectively.

As an assistant professor of Exercise and Sport Sciences and the head of Manchester University's Sport Management program, Kang and Hedstrom spearheaded the marketing and event planning for the triathlon. "They get everything in order for the day of," Beer said. "Ryan was one of the individuals who started this event two years ago."

Due to the fact that the triathlon is a volunteer event, students are not required to be present. However, both current sports management majors and those who are

considering choosing sports management as a major or minor are encouraged to participate. "Sport Management helps with the event," Hedstrom said, "in that they take care of organization."

According to Kang, who specializes in handling the marketing aspects of the event, it takes roughly four weeks to complete the marketing portions. "The biggest part of the process is deciding if we want to resurrect the event, we then have to find partnerships," Kang said.

In the interest of contributing to the events efforts to prevent childhood obesity and encourage healthy bodies and minds among today's youth, Parkview Wabash Hospital and Chartwells sponsored this year's triathlon. Each child who participated received a free bike helmet along with a variety of

healthy snacks.

Though the length of time typically needed to properly market the event is equivalent to one month, the amount of time needed to plan the event as a whole is significantly longer. "It takes approximately four to six months to plan," Beer said, "and to make sure everything is in place for this event with marketing, registration, etc."

The inaugural year of this now annual event saw the participation of a total of 25 students with age levels ranging from kindergarten to fifth grade. "The goal of this year was to have tons of fun and be physically active," Dr. Beer said, "while hitting up at least 50 kids." Because children's ages may or may not be a factor in their abilities to perform for a certain amount of time, different variations of the ob-

stacle course were offered to different ages.

According to the information offered on Manchester University's website, students in the kindergarten and first grade age groups biked one lap around the mall, followed by running one lap around the track. Second and third graders then biked two laps around the mall before running two laps around the track. Fourth and fifth graders completed the full distance of the triathlon by biking three laps around the mall and running three full laps, or 0.75 miles, around the track. "Our expectation is to have somewhere the kids can have fun, and exercise, while learning how physical activity is good, getting free healthy snacks, receiving a free bike helmet and having a great experience," Beer said.