

## ‘Best-Self Café’ To Open in Admin Bldg 3rd Floor

**Noah Tong**  
Staff Writer

Concerned about the closing of the Administration Building? Looking for a restaurant in town? College of Business professor Ryan Hedstrom has exciting news for students, faculty and staff at Manchester University.

“I am proud to officially announce the Best-Self Café, a fast-casual gourmet eating experience, which will be opening the Friday night of May Day Weekend on the third floor of the Administration building,” Hedstrom said. After deciding to move out all staff from the Administration Building, the Board of Trustees reviewed and vetted all potential options with what to do with the soon-to-be vacant space. Hedstrom quickly recognized a business opportunity that would benefit the entire community.

“With staff moving out of the Admin Building, the time just seemed right,” Hedstrom explained. “I really wanted to maximize on the potential of the third floor. Who knows, maybe with the wind and snow there could even be a natural skylight or two up there.”

“The focus is on providing everyone on campus something entirely different, that what is offered in the area,” Hedstrom continued. “Whether impressing a fancy date or just coming off some

frisbee on the mall, this place will have something for you!”

With the local Taco Bell and Hardees closing in recent months, the newest arrival to campus will hope to attract customers that no longer have a favorite restaurant of choice in the local community.

“The focus is on food that helps you be your best self,” Hedstrom said. “So, it’s going to be a self-serve concept like Flat Top Grill or Mongolian BBQ. It is really an up-and-coming theme in larger cities like Wabash and Urbana.”

With the tagline of ‘Unpeeling the layers of your best self’ all food options (such as eggs, fruit, vegetables and shrimp) will have to be peeled. The management team, however, is adamant on taking self-sufficiency to the next level.

“You will choose the food that go into your dish on a buffet line, line up at the grill and then . . . well, you will have to begin cooking it yourself,” Hedstrom said. “This should help you learn how to cook and help you develop into your best self. That way you can get really in touch with your meal.”

Students can look forward to taste-testing the new restaurant as a dinner option. “It will fit with my teaching schedule pretty well,” Hedstrom said, “and I will be providing internship hours to all workers.

“We will also be offering community service hours for students in the way of dish washing, valet parking and rolling up silverware and napkins,” he added.

As a sport management and business management professor by day, Hedstrom is thrilled for the opportunity to begin working on a small business idea he’s had in his mind for some time.

“After years of taking students on study abroad trips to countries such as England, Ireland, Greece and Italy, one of my favorite parts is discovering the local cuisine,” Hedstrom explained. “I’ve always thought if I ever had my own chance to create a restaurant, it would be neat to create monthly specials highlighting places in the world I have travelled to or would like to travel to.

“We have a strong sense of international spirit on this campus,” Hedstrom continued. “I think students will really enjoy creating dishes that are entirely new to them, or even remind them of home.”

Although primarily Hedstrom’s idea, he is eager to get others involved with the project.

“I really want to make this a community concept,” he said. “I’m currently looking for student investors. For an investment of \$500,000, I am offering a one-percent share in what is to become, I am sure, the hottest



Photo by Bridget Nash.

The low-lit booths in the new restaurant, Best-Self Café, procures a romantic environment for intimate dates or a private place to sit alone and finish an essay. After, of course, you cook your own food.

new restaurant in the entire Administration Building.

“At least until Chipotle moves into the basement,” added Hedstrom, reluctantly.

When asked how he

came up with the restaurant’s name, Hedstrom was flummoxed. “Honestly, I’m not sure,” he said. “The name just came to me, but I feel like I’ve heard it before.”

## MU’s Biology Department Introduces Artificial Organ Engineering Class

**Marcus Zwiebel**  
Staff Writer

The fall semester of 2020 will see the beginning of a unique science course on Manchester University’s North Manchester campus, which will seek to set the university apart from larger institutions.

The new course—Artificial Organ Engineering (BIO 242)—will be an elective course offered by the biology department every fall semester, starting in 2020. The course may be taken by students within and outside of the sciences contingent on each student’s completion of the human biology prerequisite, as well as a short series of online ethical tutorials. The advanced material of the course will have a cap of ten students each fall, as well as a \$10,000 lab fee, which must be paid in full before the semester’s start.

“Amidst the rise in the healthcare initiative at Manchester, our faculty and staff are aiming to stay current, and actually ahead of other universities across the state,” said Dr. Cassie Gohn, assistant professor of biology. “The benefits to the new course, although, expand well beyond currency and competition with other universities, including the ability to promote scientific pa-

tience and advanced knowledge of human anatomy and physiology, advancing Manchester’s reputation and expanding the knowledge of biology with regards to other subsets of science.”

The course will feature an intense semester of organ engineering beginning with basic human anatomy and physiology, which will progress to the study and creation of layers of cells and will end with the student development and engineering of full tissues and organs (most likely a human kidney). The course will also provide information to the students about sterile lab techniques and cell culture.

The course will take students on a trip to the North Manchester Public Library to learn more about and observe the nonclinical 3-D printer, which is similar to the clinical-grade 3-D printer that Manchester University’s biology department will soon purchase for the course, using funds from the department’s endowment. The ten students will also take a trip to Indiana University’s School of Medicine in Indianapolis—Gohn’s alma mater—to observe and attend seminars and lessons at advanced bioengineering labs. The trip to the IU School of Medicine also will provide students with opportunities to learn more about professions in the



Photo by Emily Horsley.

Manchester students harvest cells from a human skeleton. The cells are a foundational ingredient for growing organs in the laboratory.

sciences, as well advice on how to pursue those careers.

“This new class—and both of the tentative trips—will enable a broader understanding and a subsequent appreciation for the variances and applications of science,” said Gohn. “It will also allow Manchester students to expand into broader and untouched fields of student research and will generally contribute more to student academia on campus.”

The artificial organ engineering course will also seek to contribute to Manchester’s already-strong scientific reputation, despite being a relatively small institution, and hopes to expand knowledge of Manchester’s scientific capability and academic daringness nationally and globally.

“Knowledge within the class can be used to positively impact patient care and in the long run, reduce economic burden

across the globe, as well as give students a unique experience—really, an unparalleled one—on our campus,” said Gohn, with a smile. “We are anticipating much enthusiasm from students, staff and faculty, as well as the scientific community, and hope that the course will be successful and hone the potential to develop—or more appropriately, grow—into a well-known program with a reputable and ethical tradition.”

## Squirrel Yoga Set To Be Campus Hit

**Tiffany Williams**  
Staff Writer

Manchester is taking the trend of goat yoga to a new level by introducing what is sure to become the latest craze: squirrel yoga.

Known for its abundance of squirrels, Manchester is an ideal setting for a squirrel yoga club. Yoga enthusiasts will meet every Wednesday at 4 p.m. on the Mall, where yoga mats will be provided—as will be the squirrels.

The club’s goal is to create a relaxing environment for students, away from the stress of school, through yoga while also connecting them to nature through the campus squirrels.

“I think it’s a really cool idea, especially because yoga is so useful for de-stressing people in a way that is healthy,” said first year



Photo by Bridget Nash.

Jessica Hudnall, first-year exercise science major, starts an evening yoga session with a campus squirrel on her shoulder. Squirrels can jump from trees onto students, enticed by acorns that the students collect and carry.

student Jenn Wagner. “Nature can also give off a lot of healing vibes and it’s nice to include something

so connected to Manchester.”

While some squirrels will scamper right up to students

anyway, the club thought having the squirrels’ favorite snack, acorns from the oak trees, would

keep them around the yoga session. To collect the acorns for the yoga session, students are provided with a new community service project of going around campus and sweeping the acorns into bags to use for squirrel yoga.

However, to keep the squirrels and students safe, the squirrels are free to roam around or even on students without a barrier to keep the squirrels near. Any barrier would constrict the number of students able to attend and proved to be ineffective against squirrels as they could climb or jump it.

“I think being able to have yoga on the mall would be an amazing opportunity,” said first year student Trevor Johnson. “I for one feel that it is important to



Helipad Added To Construction of Chinworth Center

Kaleigh Gabriel  
Staff Writer

Coming fall of 2019, the Chinworth Center will be completed on campus and open to students. However, developers have announced a new feature for atop the building: a large helicopter pad.

The Lockie and Augustus Chinworth Center, which is dedicated to the parents of alum and philanthropist Herb Chinworth, will be home to the Offices of the Registrar and Student Activities and Orientation on its main floor. The second will be home to the Arthur L. Gilbert College of Business. Atop the booming center for students will be a brand new helipad dedicated to Manchester students!

With the addition of the new helicopter launch pad, the College of Business will be open to new visitors and trips. Some trips may include visits to the Wall Street Stock Market or other large world businesses for students to gain perspective on jobs in the business profession. The helicopter pad will also serve as means to reaching a broader group of international students as well.

The helipad also pro-



A helicopter landing pad will be added to the new Chinworth Center, opening up numerous opportunities for the College of Business. Students can be flown out to the Stock Market, and rock stars can be flown in for rooftop concerts.

vides many benefits for the general student population of Manchester University.

Professor Timothy Ogden, dean of the College of Business, announced that the helipad will be used to aid in travel convenience for out-of-state students. "Using the helipad to shuttle our out-of-state students to their homes and back during the breaks

to ensure they have ample time with their families," Ogden said. Therefore, the time spent waiting on flights and in between layovers will be used to instead get them home sooner to their families.

"The helipad will also be used to keep students from missing any classes due to traveling times," Ogden added. Overall, the effects of not missing class

will also benefit students in not only their grades and required attendance, but also in their ability to meet deadlines, a coveted skill that is extremely important to professionals in the business field.

The helipad will also serve as a tool for students interested in government and other proceedings.

With Manchester's rich

background with the United Nations and being the only university with permanent observer status, the helicopter will be utilized for mobility of students looking to be engaged in proceedings and hearings on the floor of the General Assembly.

First-year business student, Andy Vance, said she is excited to see what new opportunities this will open up for the College of Business. "I would love to use this as a method of visiting big companies to see where I can work when I graduate," she said. "We can use the helicopter to organize field programs and to bring in a variety of guest speakers."

The new addition of a helipad can also give rise to new programs here on the Manchester campus such as piloting classes and flight training. However, those programs will begin to be discussed towards the end of the 2020 semester after the use of the helipad.

The Chinworth Center will be opening itself this fall with the 2019-2020 academic year. Along with its opening, the helicopter pad will be open to new and exciting experiences for the College of Business along with faster travel for Manchester Students.

100-Year Kicker Haunts Campus, Causes Falling Bricks

Zoe Vorndran  
Staff Writer

As most may know, bricks from the Administration Building were reported to have fallen on the evening of Feb. 14. However, what most might not know is that the ghost of Fannie Mae Gibbel, a 1919 Manchester graduate, has come back to make her presence known. While Funderburg Library and the Administration Building do not seem to have much in common, Gibbel's ghost may serve as the link.

Jeanine Wine, archivist at Funderburg Library, reported a ghostly presence while she was working late into the hours that evening following the incident. Wine had been working in the archives when she heard strange music playing loudly right before the clock struck midnight. She wandered out of her work

space to see if students who were studying were playing their music; however, nobody was utilizing the study area outside of the archives. Wine and senior desk worker, Abby McVay, walked around the library to find the source of the music, only to notice that the direction of the sound of the music moved as they searched. "It was really weird," McVay said. "We kept walking around trying to follow the music, but it was as if it kept coming from the different speakers throughout the library. I guess it is a good thing that we have a ghostbuster shift at the end of the night."

Mary O'Neill, a first-year psychology and Spanish double major and Funderburg desk worker who was working at the

library that evening, also commented: "We heard music that sounded like it was from a music box." As the crew continued to search, they could not find the source of the eerie music.

"I'm usually pretty skeptical, but this situation freaked me out," O'Neill said. "I think the library is haunted upstairs and downstairs, but not the main floor. Sometimes when I turn off the lights in the computer lab to close the library, I feel a presence. I don't want something to happen that will actually make me believe in ghosts."

Upon returning to her work area, Wine thought she heard the door shut to the archives. "I thought I saw the lights flicker and I wandered, who has the key since I am the only one to have access to the archives," Wine said. She looked around to see if anyone was there, but found no traces. Instead, she found a peculiar photograph sitting on the table right outside of the archives.

Five girls were in the photograph; however, one in particular looked wide-eyed and startled. Wine had never seen the photo before. She looked on the back of the photo in order to find out where it belonged (via the accession record), but there was only one name scrawled in thick, black ink: Fannie Mae Gibbel.

"One of the girls had penetrating, staring eyes as if she had something to tell me," Wine said. Sparking her interest, Wine decided to research her and found out that Gibbel, the Valentine's Day Queen in 1919, had married her lover, a football kicker, Reginald Arnold after he proposed to her outside of her window. They were cheered on by the students and professors who watched the proposal and with much joy. Arnold kicked a football towards the old bell that hung on top of College Hall, a building in the place where the current Administration Building stands.

Gibbel's husband died

shortly after their spring wedding during the 1919 influenza epidemic, but he continued to show his love by kicking a big one to the bell tower. Unbeknownst to Arnold, the original bell tower had been moved during renovation that had connected what used to be College Hall and the Bible Building into what is currently known as the Administration Building.

Despite the changes, Arnold's ghost continues to kick his annual football towards the Administration Building every Valentine's Day. Even though he has had 99 years of practice, Arnold was slightly off his mark this year which sent a cascade of bricks falling from the north side of the building. However, the Administration Building could not be worse for wear over a loss of a few bricks.

"Not bad kicking for a hundred-year ghost," Wine stated.

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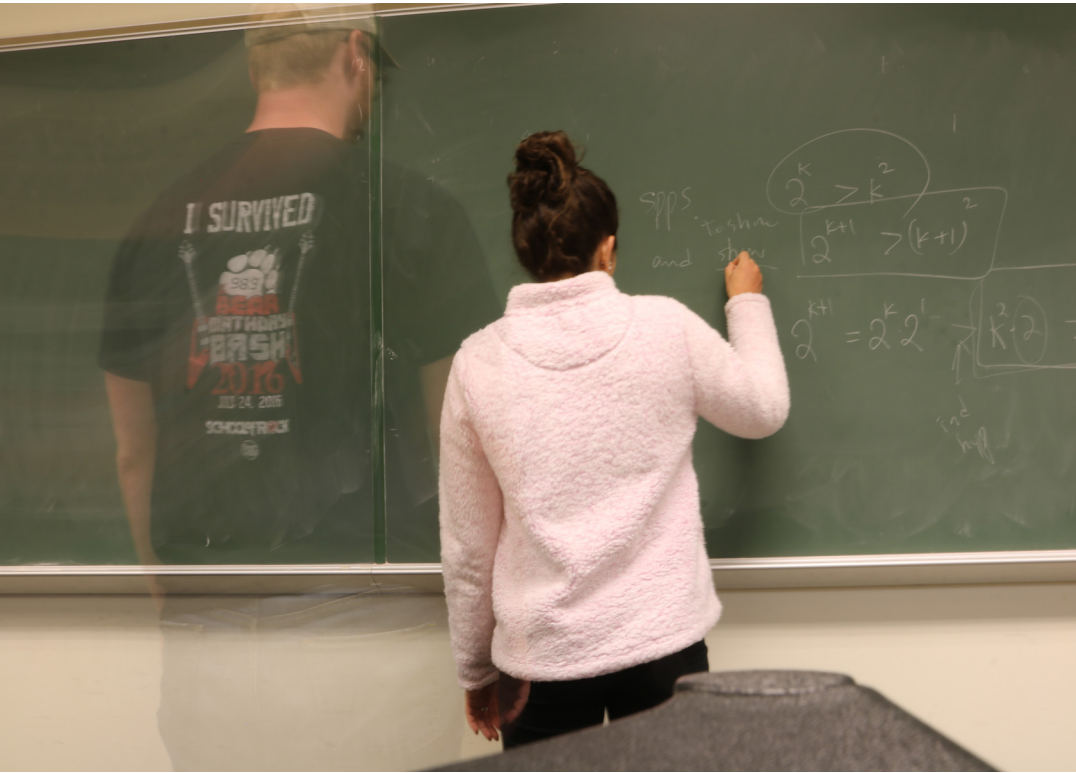


Photo by Bridget Nash.

The ghost of Reginald Arnold, the 100-year kicker, stands behind a Manchester student as he recalls the pleasures of preparing for a mathematics test.

**YOGA, FROM PAGE 1**  
connect with nature. Having the squirrels come interact with us as we did yoga would be so cute. I love the wildlife on campus, and this seems like a good way to wind down and connect with it."

Before the first session, the club will have students sign a waiver saying they will have a safe experience being around the squirrels on campus. This is designed to ease the minds of

students who are afraid of the squirrels carrying diseases and to ensure the safety and health of the students.

"I think the experience would be good with the squirrels around and how they get super close," said first year student Carter Hooks. "I feel as though it would be a good time. I am impartial to yoga, though, so I wouldn't participate."

While the club is still

pending approval, students seem excited on the news of the club being open. There has also been discussion on what to do if the weather is not good enough to hold the sessions on the mall. It has been concluded that students would be in the Toyota Round of the Jean Childs Young Intercultural Center without squirrels present as it would not be safe for either one.