



## Black & Gold Day 2025

### WELCOME CLASS OF 2029

- 9 a.m.** **Come Together**  
*Check in and connect as the day begins*
- 9:30 a.m.** **Let's Get it Started: Welcome**  
*Kick off the energy with a spirited welcome*
- 10 a.m.** **Students: Spartans Just Wanna Have Fun**  
*Jump into student life, fun and community*  
**Families: They Will Survive**  
*Support strategies and what to expect*

### ROTATING SESSIONS

- 11 a.m.** **Country Roads – Take Me to Lunch**  
*Refuel and connect with others*
- 11:40 a.m.** **Signed, Sealed, Delivered – Your Financial Aid**  
*From aid to payment: understanding your bill and how to take action*
- 12:20 p.m.** **Help! I Need Somebody to Advise Me**  
*Advising that guides your way*

### CAMPUS CONNECTIONS

- 1 p.m.** **Lean On Us: Your Campus Resources**  
*Discover the people and places here to support you*
- 1:45 p.m.** **Livin' La Vida Manchester: Exploring with Purpose**  
*Make the most of your MU experience – clubs, programs and more!*

### SPECIAL INTEREST GROUP MEETING – *invitation only*

- 2 p.m.** **Esports Team**
- 2:30 p.m.** **Honors Program**

### CLOSING

- 3:15 p.m.** **Closing Time: New Beginnings**  
*Wrap up the day and look ahead to August*
- Post Closing** **Put Me In, Coach: Athletics Session & Athletic Team Meetings**  
*Get the play-by-play on MU athletics and meet your team*