

The **INJURY** Report

News and notes from the Department of Athletic Training at Manchester College

ISSUE 01

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Manchester starts summer camp for future athletic trainers

In the field of athletic training, an early start in education and experience can translate into a head start in a career. Now high school students in grades 9-12 can explore a future in athletic training, with hands-on college-level instruction, at a new summer camp offered by the Manchester College Athletic Training Department.

The High School Athletic Training Camp, scheduled on the Manchester campus for June 14-16, 2012, will focus on educating high school students about the importance of athletic training and the role of certified athletic trainers. Students will get practical experience with basic first aid, taping and wrapping, and a primer on the basics of anatomy, environmental conditions, rehabilitation, modality usage and more.

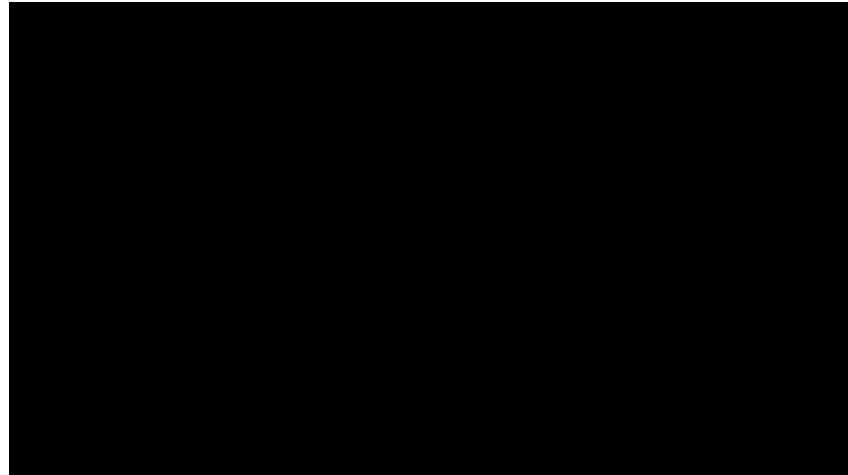
Certified athletic trainers from Manchester College will lead the camp, and will be joined by athletic trainers from SportONE, MC alumni and physicians from Ortho NorthEast. Students will utilize state-of-the-art equipment in the facilities and classrooms of the Physical Education and Recreation Center (PERC) on Manchester's campus, which recently experienced a \$1.5 million expansion.

Camp participants can stay in residence halls on campus, with meals included, or commute from home. All campers will earn a certificate of completion and take home a camp t-shirt, group photo and workshop supplies.

Camp organizers welcome MC athletic training alumni who would be interested in participating in the camp. See contact information for Jeff Beer, undergraduate program director of athletic training, at the bottom of this newsletter.

If you know students who would like to attend the High School Athletic Training Camp, direct them to find more information at

www.manchester.edu/Academics/Departments/ESS/AthleticTraining/camp.shtml.
Registration is open until May 18.



Athletic training students reap benefits from PERC improvements

If you haven't been to campus lately, you haven't seen the \$1.5 million renovation of the Physical Education and Recreation Center (PERC). Completed in fall 2010, the upgrades include a new locker room, new classrooms and new flooring in the locker room hallways and visiting athletic training room.

For the Department of Athletic Training, the renovation was transformative, more than doubling the size of the previous Athletic Training Room. A major face lift includes new flooring, cabinets, treatment tables, taping tables, and new modalities. Five new treatment tables and two new taping tables were added. Also added were five Chattanooga Genesis modality units capable of providing ESTIM, Combo, Ultrasound, and EMG, along with a biocryo unit, Game Ready system, new hydrocollator, new ice machine, and a diathermy unit.

An adjoining rehabilitation area includes an enclosed hydrotherapy room with a ventilation system, a lumbar and cervical traction unit, new stationary bikes, weights and other accessories aimed toward aiding the health, recovery and revitalization of MC student-athletes.

New classrooms adjacent to the athletic training rooms give athletic training students instant access to the facilities for demonstrations and hands-on learning. Designed with versatility in mind, the classrooms can accommodate up to 70 students or partition in half to hold 35 each. Students use state-of-the-art, enhanced technology and building-wide wi-fi, and student-athletes use interactive software and hardware to analyze game films and plan game strategies.

Student-athletes enjoy a new locker room that is flexible, too – dividable in two or combined to hold more than 120 athletes.

The town of North Manchester is making improvements, also, that will benefit both the academic and athletic programs at Manchester College. A new community aquatic center next to Manchester High School will open before the end of 2011, and will include an Olympic size pool and therapeutic pool that will be utilized by MC students for aquatic therapy education, treatment and rehabilitation.

Exciting changes make a priority of improving and enhancing student learning experiences at Manchester. We invite you to come for a campus visit, tour the facilities and talk with faculty and students to learn more.

Where are they now?

Updates on Manchester athletic training alumni

Cassandra Costa '11 is a graduate assistant and assistant athletic trainer in Missouri.

Annie Hernandez '11 is an assistant certified athletic trainer at Hillcrest High School and Simpsonville Parks and Recreation in Simpsonville, S.C.

Katie Herrington '11 is a certified athletic trainer working as a trip leader for Wilderness Adventure at Eagle Landing, Va.

Mary McCauley '11 Estep is a graduate assistant certified athletic trainer with a

primary responsibility of women's basketball at the University of Tennessee.

Christa Peden '11 is an Ohio University graduate assistant certified athletic trainer at Warren High School in Vincent, Ohio.

Jessica Mertz '10 is a certified athletic trainer at an Indianapolis area high school.

Katie Davis '09 is completing her degree in physical therapy at Midwestern University in Chicago.

James C. Hertzler Jr. '09 is a certified athletic trainer at Goshen High School in Goshen, Ohio, and a physical therapy student at The College of Mount St. Joseph in Cincinnati.

Stephanie Rion '09 is a certified athletic trainer working as the coordinator of sports medicine at Hopedale Medical Complex and Olympia High School in Hopedale, Ill.

Andrew Williams '09 is a functional skills assistant and assistant track coach at Westview High School.

Chris Hamlyn '07 is a certified athletic trainer with Central Indiana Orthopedics in Anderson, Ind., with his main office at Anderson University.

Dru Scott '07 is a certified athletic trainer with the Pittsburgh Pirates organization currently working with their Class A-Advanced affiliate in Bradenton, Fla.

Josh Stork '07 is a certified athletic trainer at Wayne High School and works through Ortho NorthEast, SportONE in Fort Wayne.

Elizabeth Augustine '06 is a certified athletic trainer with Kosciusko Community Hospital working with the clinical staff and at Fairfield Jr.-Sr. High School in Goshen, Ind.

Jim Forbes '06 is a chiropractor and medical acupuncture provider at Hare Chiropractic and Natural Health Centre in Ontario, Canada.

Matt Spiess '06 is the head certified athletic trainer at Hanover-Horton High School in Horton, Mich.

Jenna Baumle '05 DeCraene is a certified athletic trainer working as a physician extender with John Pritchard, M.D. of Ortho NorthEast.

Kamie Lucas '05 Libey is a certified athletic trainer working as a physician extender with Lisa Falotico, D.O., for Ortho NorthEast in Fort Wayne.

Anna Linstromberg '04 is a physical therapist at Lakeland Rehabilitation Services in Niles, Mich.

Jordan Shown '04 is a certified athletic trainer working as a physician extender with Ortho Indy in Indianapolis.

Kristin Geary '03 Spangler is a certified athletic trainer for ATI Physical Therapy and is contracted by Eli Lilly as an ergonomics consultant.

Ryan Hedstrom '00 is an assistant professor in the Department of Exercise and Sport Sciences at Manchester College.

Tiffany Manley '00 Bull is the head athletic trainer at Ashford University in Clinton, Iowa.

Joel Pippenger '00 is a certified athletic trainer, wrestling coach, and physical education teacher at Westview High School in Topeka, Ind.

Krista Stum '98 Bennett is a certified athletic trainer working with Ortho NorthEast in Fort Wayne, as a clinical coordinator.

Eric Callahan '97 is a certified athletic trainer for Kosciusko Community Hospital Regional Rehabilitation Center in Warsaw, Ind., and Triton High School in Bourbon, Ind.

Al Heminger '97 is the director of admissions and head football coach at The Howe School in Howe, Ind.

Kurt Wilson '97 is the head athletic trainer, assistant professor and coordinator of strength and conditioning at Ohio Northern University in Ada, Ohio.

Jamey Gordon '95 is a physical therapist at St. Vincent Health in Indianapolis, a member of USA Baseball medical staff for 18 different universities and owner of Sports Movement Systems, an online biomechanical analysis/coaching website.

Andy Cripe '92 is the head athletic trainer at Northwood University in Midland, Mich.

Mark Schemerhorn '87 is an independent physical therapist.

AT events

MC students and faculty in athletic training gathered for the annual AT Christmas Party on **Dec. 9** with food, fellowship and thanks for a great first half of the school year. Merry Christmas from the Department of Athletic Training!

The Athletic Training Department welcomes four new students, accepted into the program this December:

- Shelby Phillips
- Alissa Niswonger
- Jacob Meyer
- Christina Gonzalez

Best of luck to these future athletic trainers!

MC welcomes the following speakers who have already spoken or will be speaking to faculty and students.

- Zach Dougal ATC, speaking on SASTM
- Jennifer Beer ATC, speaking on functional movement
- Bob Helfst ATC, PT, speaking on biomechanical analysis
- Kristin Spangler ATC and Meredith McKinney ATC, speaking on ergonomics and industrial athletic training setting

Manchester College thanks these alumni and friends for sharing their expertise!

The 2012 NATA Annual Meeting and Clinical Symposia is **June 26-29, 2012** in St. Louis, Mo. Anyone in attendance who would be interested in gathering with other MC alumni, please e-mail me at jabeer@manchester.edu. Hope to see you there! Jeff

Connect with us!



Please take this opportunity to [update your profile](#), and share your news with alumni and friends of the department. In addition, please indicate your interest in participating with the College in other ways. (If you have already expressed your interests, there is no need to respond again unless your preferences have changed).

To contact us, e-mail Jeff Beer at jabeer@manchester.edu.

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