



The INJURY Report

News and notes from the Department of Athletic Training at Manchester University

ISSUE 03

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From the director



It's going to be a great year – our first as Manchester University! The name change, driven largely by the increasing complexity of the institution – including our new College of Pharmacy and newly accredited Master of Athletic Training – doesn't change Manchester's mission to graduate persons of ability and conviction. And it doesn't change our student-focused approach to education or the faculty-student learning opportunities that help students exceed even their own expectations.

We're also beginning this year tobacco free. Because Manchester is dedicated to providing and promoting a healthy and productive environment for its students, faculty, staff and guests, use of tobacco products is prohibited anywhere on University property.

What a great summer we had! The High School Athletic Training Camp was a huge success, and brought students to campus that may not have otherwise planned to visit. Our graduates have already hit the ground running, and we're getting reports back from them about their success finding jobs or starting graduate work. We're most excited that the Master of Athletic Training Program was awarded full accreditation from the Commission on Accreditation of Athletic Training Education (CAATE) in May after graduating its first two students, ready to sit for the Board of Certification exam.

Stay connected with us! Search for Manchester University Athletic Training on Facebook. Watch for updates on our website, and send us updates about your career and family. We want to hear from you. In the meantime, I hope you'll enjoy receiving this newsletter.

Jeff Beer, director of Athletic Training Program

Join us at Homecoming

Please join athletic training alumni, students and families at our annual cookout during Homecoming on Saturday, Oct. 13. This is a come-and-go event starting at 11 a.m., so drop by, see old friends, meet current students and, if you haven't seen it yet, check out our new athletic training room. RSVP [Jeff Beer](#) if you plan to attend. Register for other Homecoming events [here](#).

Faculty Spotlight Meet Amanda Linman



Amanda Linman has returned for her second year at Manchester as an assistant athletic trainer. Amanda is certified as both an athletic trainer and a strength and conditioning specialist. She earned a B.S. from Indiana University in 2009 and a master's degree from Western Michigan University in 2011. Amanda's current clinical assignments are football, wrestling, and men's and women's track and field. As an adjunct instructor, she teaches classes in nutrition, injury prevention, fitness and clinical experience. A native of Albion, Ind., where her family still resides, she currently lives in Columbia City, Ind.



Welcome new MAT students

Manchester welcomes five new bright and successful students to the Master of Athletic Training program. Now in its third year, the two-year entry level master's program is designed for students who have already earned a bachelor's degree in a major other than athletic training. They join four returning students in their second and final year with the program.



Ryan Geraghty
South Bend, Ind.
B.S., Health and Exercise
Science,
University of St. Francis



Britney Hodges
Dayton, Ohio
B.S., Exercise
Physiology/Health Science,
St. Francis University (Pa.)



Alexis Holtheus
Montpelier, Ohio
B.S., Exercise Science,
University of Findley



Rob Perry
Valparaiso, Ind.
B.S., Exercise Science,
Depauw University



Caitlin Wong
Carmel, Ind.
B.S., Exercise Science,
Indiana University

Success comes early for athletic training grads

Of the four undergraduate athletic training majors who graduated from Manchester last spring, three have already passed the Board of Certification exam. Congratulations to:

Matt Layman, who has accepted a graduate assistantship with Heidelberg University as an assistant coach with the women's basketball team. Matt has also approached their athletic training staff to help with athletic training coverage.

Annaleza Jones, who has taken her skills to Pennsylvania, working as a graduate assistant athletic trainer while working on a master's degree.

Jennifer Smith, who is a graduate assistant working on a master's degree at Indiana Tech in Fort Wayne, and works with Sport ONE.

Welcome to these new students that were accepted into the program last spring.

Adrien Brudvig
RJ Wilson
Ronkeshia Howard
Hailee Sizemore
Mark Sexton

Breanna McLane
Amanda Toney
Maureen Lund
Spencer Blatz

High schoolers come to MU for Athletic Training Camp



The newly revamped High School Athletic Training Camp brought 14 students to campus, eager to explore the idea of making a career in athletic training. Campers of varied experience in athletic training joined Manchester faculty, alumni and SportONE professionals for three days of intensive workshops, hands-on training and fun.

The 2010 renovation of the Athletic Training Room in the PERC, with a larger room and more training stations, made for an excellent group training facility, and students also traveled off campus to the new Peabody Strauss Aquatic Center in North Manchester.

Thank-you's go to everyone who helped in getting the word out and directing students to the camp, and to Medco, Henry Schein, and Zipp Medical for donating supplies.

Plans are already underway for next summer's camp, so think about students you know who might enjoy this terrific experiential learning opportunity. Watch our website and this newsletter for dates and registration information.

Students take part in summer internships and service



Internships are a valuable way for Manchester students to gain real world experience in the workplace before they graduate. For athletic training students, their coursework includes ESS 477,

an experiential opportunity that "includes supervised injury evaluation, immediate care and long-term rehabilitation of athletic injuries, as well as experience in the administrative aspects of athletic training services."

This summer several Manchester students signed up for internships in multiple disciplines and a variety of locations: Amanda Tassler '14 worked with the Fort Wayne Ballet helping to keep dancers healthy as they took to the floor to perform ballet and contemporary and jazz dances. This was a great example of the kind of applications athletic training can have outside the realm of athletics, and an area that's generating interest with students. Manchester looks for an ongoing connection with the dance company. Peter Kowalczyk, Makenna Hamilton and Brooke Waddups all worked in physical therapy clinics, Jordan Redding had an internship with a chiropractic group, and Mandy Scher worked with preceptor Jennifer Beer at Whitko High School, where she tested her aspirations as a high school athletic trainer.

Athletic training students also returned this summer to volunteer at the Special Olympics at Indiana State University in Terre Haute. They represented Manchester well, made an impact on the children with whom they worked, and were invited back for future service. Manchester has a long reputation for its many service projects and volunteer opportunities for students, faculty and staff. Last year, they logged more than 40,000 hours of service work.

Alumni updates

- **Holly Smith '94** is an industrial athletic trainer for Peyton's Northern Distribution Center in Bluffton, Ind., through Indiana Physical Therapy, and gave birth to a son, Nolen Smallman, Oct. 9, 2011. **Congratulations!**
- **Jimmy Hertzler '09** passed his physical therapy exam. **Congratulations!**
- **Katie Davis '09** passed her physical therapy exam. **Congratulations!**
- **Andy Williams '10** passed his Board of Certification Exam to become an ATC. **Congratulations!**
- **Chris Hamlyn '07** had his graduate thesis published in the *Journal of Athletic Training*. He works at Central Indiana Orthopedics and Anderson University. **Congratulations!**
- **Katie Herrington '11** on working toward her master's degree in recreation and park administration at East Carolina University. **Congratulations!**
- **Erica Hedges '10** has decided to obtain her master's degree from Fort Hayes State University. She is employed as an ATC at Dominican University in Illinois. **Congratulations!**
- **Jim Forbes '07** is a chiropractor at Hare Chiropractic and Natural Health Center in Sarnia, Ontario. He's the proud father of Lily Charlotte Forbes, born June 9, 2012. **Congratulations!**
- **Elizabeth Augustine '06** works at Kosciusko Community Hospital and outreaching as an ATC to Fairfield High School in Goshen, Ind.
- **Josh Stork '07** is an ATC through SportONE at Wayne High School in Fort Wayne.
- **Gusta Wayne '04 Owens** is an athletic trainer with Unity Healthcare in Lafayette, Ind., responsible for coverage at North White, Tri-County, Benton Central, and West Lafayette High Schools.
- **Stacia Gerardot '11** is works for SportONE as a graduate assistant at Indiana Tech in Fort Wayne, covering women's soccer and baseball while helping with men's and women's basketball. She's in her second year of earning her master's in supervision and organizational leadership.
- **Mickelini (Missy) Gumbert '04** is employed by Indiana Physical Therapy and is the ATC for Bishop Luers High School in Fort Wayne.
- **Laurie Gribshaw '07** works at Olympic Physical Therapy, a sports medicine/ outpatient orthopedics private practice in Seattle, Wash., using both her doctorate in physical training and athletic training degrees.
- **Annie Hernandez '11** works in at Steadman Hawkins Clinic of the Carolinas in Simpsonville, S.C., and outreaching to Hillcrest High School and Simpsonville Parks and Recreation. She covered the South Carolina School for the Deaf and Blind for three months, where she said she "learned how to sign really quickly."
- **Krista Bennett '98** is a clinical supervisor, supervising nurses, ATCs, MAs and cast techs, at Ortho NorthEast in Fort Wayne.
- **Matt Spiess '06** works at Orthopaedic Rehab Specialists in Jackson, Mich. and outreaches to a local high school.
- **Justin (JT) Podell '11** finished his master's from the University of Virginia and currently in physical training school at Lynchburg College in Lynchburg, Va.
- **Austin Wyss '08** is an assistant ATC at Trine University through Sport ONE in Fort Wayne.
- **Josh Scott '07** works for Sport ONE in Fort Wayne and outreaches to West Noble High School.
- **Claire Olson '07 Markham** is a physician extender in the Indianapolis area.

Adrienne Numbers '10 is an ATC with SportONE, working at North Side High School in Fort Wayne.

- **Kyle Steineman '11** is in his second trimester as a chiropractic student in St. Petersburg, Fla.
- **Ben Bingham '10** is a sports medicine coordinator at Johnson Memorial Hospital in Franklin, Ind.
- **Allie Gottschalk '09x** is a physician extender for Ortho North East in Fort Wayne.
- **Alicia Krueckeberg '08 Vanzile** is a PTA at Coventry Meadows in Fort Wayne and an ATC with Fort Wayne Orthopedics.
- **Dru Scott '07** works in Florida with the Bradenton Marauders, a Class A-Advanced minor league affiliate of the Pittsburgh Pirates.
- **Elizabeth Miller '10** works as a practitioner, athletic trainer and prosthetic and orthotic specialist at Geauga Rehabilitation Engineering, Inc., Advanced Orthotics and Prosthetics at the Ashtabula, Ohio office.
- **Amanda Donelson '10** earned a master's in sports administration from Ball State University and works as a sports coordinator at the Pike YMCA in Indianapolis.
- **Jordan Shown '04** has accepted a position with Zynex Medical, Inc., as a sales rep focusing on electrotherapy home equipment and resides in Flagstaff, Ariz.

What's up with that funky hair-do?

Visit our [website](#) to see athletic training class photos from the 80s to 2012. Have more photos from your college days? Share them with us by e-mailing [Jeff Beer](#).

Connect with us!



Please take this opportunity to [update your profile](#) and share your news with alumni and friends of the department. In addition, please indicate your interest in participating with the University in other ways. (If you have already expressed your interests, there is no need to respond again unless your preferences have changed).

To contact us, e-mail Jeff Beer at jabeer@manchester.edu.