



The INJURY Report

News and notes from the Department of Athletic Training at Manchester University

ISSUE 07

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Thoughts from the Program Director



Another fall and our athletic teams have arrived on campus. At this time, I think about our dedicated athletic training students giving up yet another part of their summer for their education. It is now my ninth year, and I can't tell you how proud I am of our students and staff. If you are following the program, be on the lookout for faculty to engage in more research with students this year. Look for us to participate in more community service and continue our mentoring program. Help us welcome more than 51 first-year and transfer athletic training students, new preceptors and at least two visiting cadaver labs to campus. And don't forget our inaugural international sports medicine trip during January session to Ireland and London. Let's have a great year!

NATA Alumni Recap

It was a great alumni reunion at the National Athletic Trainers Association Annual Meeting in Indianapolis. Alumni gathered for a great night of food and socializing at "Howl at the Moon" where more than 20 friends and family members reminisced about the college of the past and pondered the University of the future. We thank all alumni that came to the event and look to continue this tradition at other annual events such as IATA and GLATA.

2013-2014 Graduates & Alumni Updates

Congratulations to the following recent graduates on their Board of Certification Exams and new positions.

Jacob Meyer '14 passed BOC on first attempt and accepted graduate assistantship at Grand Valley State University

Jillian Bower '14 passed BOC on first attempt

Alissa Niswonger '14 passed BOC on first attempt and accepted graduate assistantship at Arkansas Southern University

Shelby Phillips '14 passed BOC on first Attempt

Christina Gonzalez '14 passed BOC on first attempt and accepted graduate assistantship at Indiana Wesleyan University

Makenna Hamilton '14 passed BOC on first attempt and accepted an invitation to attend Physical Therapy School at Trine University

Amanda Tassler '14 passed BOC and accepted a position with Fort Wayne Orthopedics

Jennifer Smith '12 Henn accepted a position with Pain ONE in Fort Wayne, Ind.



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Brooke Waddups '13 accepted an invitation to attend Physical Therapy School at Trine University

Pictured below are **Brooke Waddups '13** (AT) **Makenna Hamilton '14** (AT), and **Ryne Lehrman '14** (ESS) at their Trine University white coat ceremony with **Dr. Mark Huntington '76**.



Meet Joe McCudden

Joe joins Manchester's Athletic Training staff from Orthopedics North East. Joe earned his undergraduate degree from North Central College and his master's degree from The University of Texas at Tyler. His current sporting assignments are with men's soccer, wrestling and track and field.

Youth Triathlon



September 27 will bring more than 30 students to Manchester University for the inaugural youth triathlon, funded through the Community Foundation of Wabash County. The event, for students in grades 1-6, is designed to promote physical activity and build awareness about youth obesity in Wabash County. Ryan Hedstrom '00 and Jeff Beer of Manchester's Department of Exercise and Sport Sciences, as event organizers, have teamed up with The Foundation, SportONE and Chartwells to offer finishing medals, t-shirts and healthy snack bags for participants. Find details at www.manchester.edu/youthtriathlon.

Football Helmet Sensor Research

Manchester University Athletic Training has received funding to purchase two dozen football sensors to monitor head impact trauma during football practices and games. The sensors are designed to establish thresholds for each player and signal athletic trainers when they reach a threatening level, acting as a second pair of eyes on the field. Look for an update and results in the spring.

Student & Faculty Collaboration

Manchester University Athletic Training offers multiple opportunities for faculty-student research collaboration. Below you will find preliminary topics that several students and faculty will be presenting in the spring.

Concussion Sensor Research: Mark Sexton and Jeff Beer

May Thurner Syndrome: Rylie White, Megan Smith and Jeff Beer

Tarsal Tunnel Coalition: Laurisa Richard and Jeff Beer

Quadriceps Compartment Syndrome: Mandy Toney, Maureen Lund and Jennifer Beer

Vasal Vagal Syncope: Brandy Crouse and Erin Foreman

Subclavian Blood Clot: MacKenzie Williams and Erin Foreman

Pneumomediastinum Subcutaneous Emphysema: Megan Smith, Rylie White and Joe McCudden

Homecoming

AND FAMILY WEEKEND 2014

Birthday Bash!
Celebrating 125 years

Homecoming

Alumni, save the date for Oct. 11, 2014 when Manchester University Athletic Training will host its annual Homecoming cookout for athletic training alumni and family. Meet us at our tent at 10:30 a.m. for socializing and lunch at 11 a.m.

Manchester University Athletic Trainer and Student Save a Life

September 5 seemed like a normal day for a Manchester's first football game of the season until the national anthem was about to begin and cries for help came from a man in the stands, slumped over with an apparent heart attack. Certified Athletic Trainer Erin Foreman, and senior athletic training student Maureen Lund were quick to the scene. Erin began compressions as Maureen obtained an AED. They and a local trauma nurse continued to aid in care as the EMS arrived and brought the patient to stable condition. The faculty and staff of Manchester's Athletic Training Department is extremely proud and thankful for the quick response by Foreman, and particularly Senior Maureen Lund, who made the most of her experiential and clinical learning at Manchester during a stressful and life-threatening situation.

2014-2015 Undergraduate and Masters of Athletic Training Students

Undergraduates

Blake Miller
Cody Harlan
Heather Racine
Brandon Madden

Courtney Chowning
Kolton Hawkins
Shawn Devore
Megan Smith

Samantha Burrows
Allison Boyles
Jenifer Lee
Kari Carpenter

Graduate Students



Bryan Black
Bachelors in Health and
Exercise Science
Spring Arbor University
Jonesville, Michigan



Benjamin Charles
Human Biology with an
emphasis in Exercise Science
University of Wisconsin - Green
Bay
Green Bay, Wis



Kayla Parkos
Human Biology with
Exercise Science emphasis
University of Wisconsin -
Green Bay
Algoma, Wisconsin



Jordan Weitzell
Exercise Science



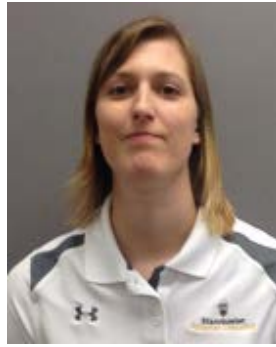
Darshan Shah
Kinesiology: Movement
Science.



Primmer Zook
B.S. of Kinesiology
IUPUI

Cornell College
State Center, Iowa

University of Illinois at Chicago Flora Indiana
Chicago, IL



Shelby Archable
B.A. in Psychology with a
Minor in Health Education
Notre Dame College (Ohio)
Valley View, Ohio



Camille Edwards
Community Health Education
University of Indianapolis
Indianapolis, IN

Experiential Learning in Athletic Training

All MU athletic training students were given the opportunity to travel to Washington, D.C. and Virginia, Sept. 4-7, for a collegiate volleyball road trip. This hands-on, immersive experience enabled students to experience a different learning environment, as well as see the Washington monument, the White House and the Capitol Building. Pictured below are athletic training students and players Siera Updike, Courtney Chowning, Heather Racine, Blake Miller and Certified Athletic Trainer Jennifer Beer.



Connect with us!



Please take this opportunity to [update your profile](#) and share your news with alumni and friends of the Athletic Training program. In addition, please indicate your interest in participating with the University in other ways. (If you have already expressed your interests, there is no need to respond again unless your preferences have changed).

To contact us, e-mail Jeff Beer at jabeer@manchester.edu.